

ROCKY MOUNTAIN SEA KAYAK CLUB'S

MEMORIES OF

OUR DEAR FRIEND, LOU ANN HUSTVEDT



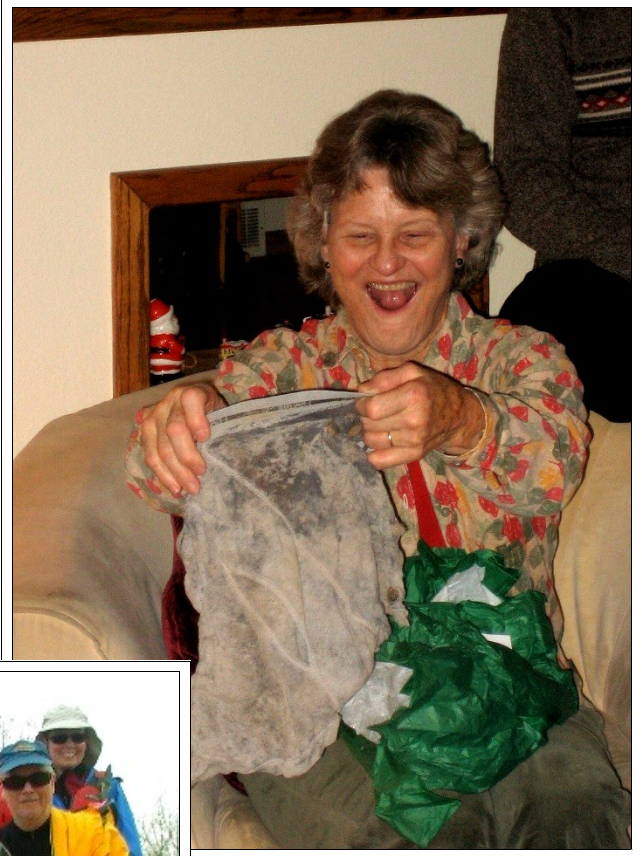
Here are some of the best photos RMSKC has of Lou Ann, from our more than two dozen times learning, paddling and camping with her over the last six or seven years.

She was a very special person to all who knew her; we will miss her competence, quiet strength and steady-eyed view of the world.

2009

We met Lou Ann when she and Dave came to our WINTER PARTY in January, 2009. Part of the evening's entertainment was a raffle of white elephant gifts, mostly an outrageous collection of odd things found while kayaking: a gross toothbrush, some plastic eyeballs, a plastic tugboat beach toy, a full can of PBL beer and some long-lost undies.

Lou Ann appeared to be delighted by the grungy briefs she won but we learned later that she'd been taken aback to have received such a questionable gift at her first Club gathering.



April 11, 2009

In the spring, Dave and Lou Ann joined eleven others on the April "Second Saturday" paddle on CHATFIELD RESERVOIR. It was a chilly and windy day.

By Memorial Day weekend of 2009 the Hustvedts had jumped into active membership. They led the traditional RMSKC Opening Day Paddle on GROSS RESERVOIR.

There are more pictures of this outing on the following page.





Lou Ann on Gross Reservoir,
May, 2009



RMSKC members at Gross Reservoir,
May 2009

UNION CHUTES: On July 8, 2009, club members worked on paddling moving water with eddies and a Class II chute.

The class reviewed low bracing on land, in the water below the drop, and eventually in the fast-moving foam.



Lou Ann practicing her brace on the shore



Sue, Lou Ann and Dave

Mid-September, 2009, found the Hustvedts with eight others on Grand Lake for the RMSKC's KAYAK CAMPING CLASS.



Lou Ann and Dave on the right

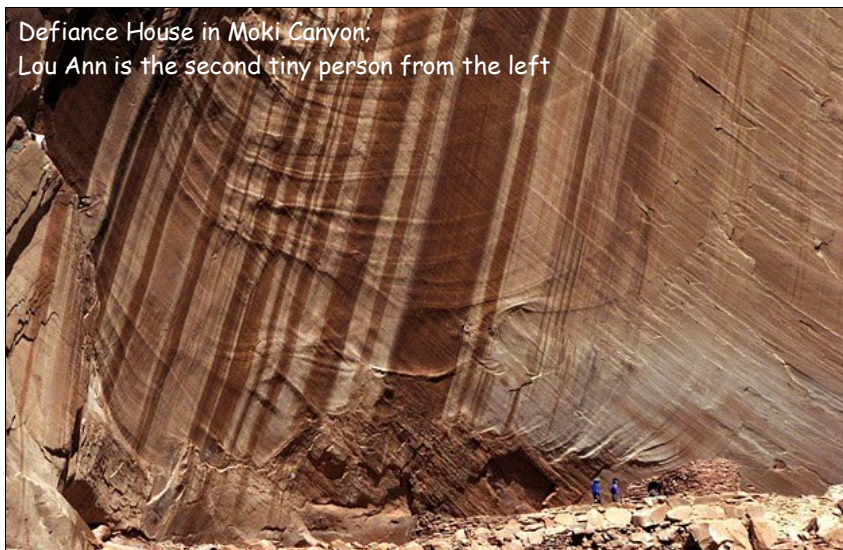


Lou Ann sharing her food during the earlier outdoor cooking portion of the class.



Later that September, they joined several RMSKC members for a paddle down the Colorado River from FRUITA TO WESTWATER, just over the Utah border.

Defiance House in Moki Canyon:
Lou Ann is the second tiny person from the left

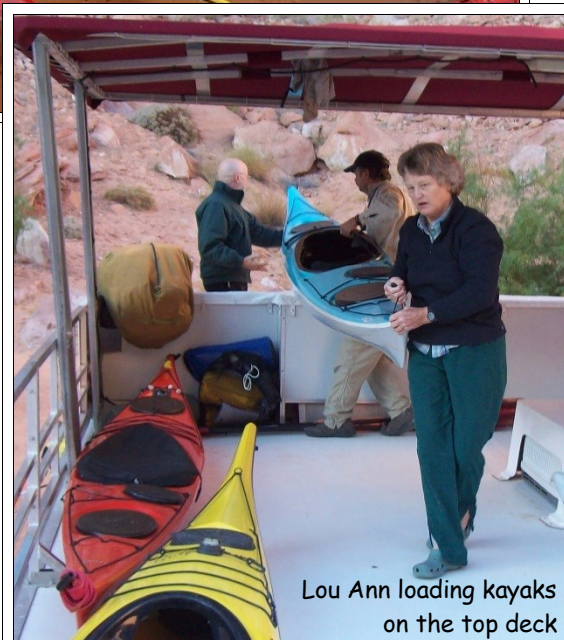


The LAKE POWELL HOUSEBOAT TRIP October 12 - 16, 2009

This was a wonderful time for everyone who went. Lou Ann used her engineering skills to direct the boat loading and storage. "Lou Ann was very good at getting them organized, tied in and protected," recalls Anna Troth.



Lunch at Smith Fork Canyon



Lou Ann loading kayaks
on the top deck

PENGUIN PADDLE, November 7, 2009

Lou Ann and David joined the club's annual Penguin Paddle on Dillon Reservoir. There are no pictures from this outing, but the trip report said the participants had enjoyed Lou Ann's famous **deviled eggs** at the after-paddle potluck.



SKILLS LESSONS at Soda Lake



Raffle at the WINTER PARTY
January 2010



STEAMBOAT LAKE STATE PARK
Camp and Paddle Weekend
August 21 - 22, 2010



Anna and Lou Ann played their flutes around the campfire.
Anna remembers, "As well as her other strengths, Lou Ann was musically talented."



Dave, Annette, Brian, Jud, Anne, Mike, Lou Anne and Anna on Steamboat Lake

LAKE POWELL HOUSEBOAT TRIP, II
September 19 to 25, 2010

We went south out of Bullfrog Marina to the Escalante Arm. The weather was warmer than the year before and there was a full moon.



In the log jam
at the far end of the Escalante Arm

FRUITA TO WESTWATER
Fall, 2010



2011



LONE TREE RESERVOIR
April 9, 2011



Jud and Lou Ann on Lone Tree Reservoir



PADDLEFEST
July 16, 2011

UNION RESERVOIR
Spring Paddle and Picnic
May 7, 2011

OPENING DAY AT GROSS RESERVOIR
May 28: Lou Ann and Dave led this annual paddle again.
The water was down 80 feet and no one took pictures.

We enjoyed the usual summer gathering with a paddle and a potluck lunch.

After lunch Lou Ann taught wind surfing, which was lots of fun but would have been even better if there had been a bit more wind.



GLACIER BAY, ALASKA

In 2011, Lou Ann and Dave did their own self-guided kayak camping trip to the east arm of Glacier Bay.

They took wonderful pictures which Lou Ann posted with extensive captions. Dave wrote an article about their preparations and their days in Alaska.

Between the pictures and the account we felt like we'd been there ourselves.



Being left off by the boat at the beginning of the trip



On a calm day
near the end of the trip



On the boat back to Bartlett Cove



ROCKY MOUNTAIN SEA KAYAK CLUB AT GIRL SCOUT WATER SPORTS SAMPLER JULY 25-29, 2011

LOU ANN HUSTVEDT SUMMARIZES THE SCENE: At Big Soda Lake in Bear Creek Lake Park Girl Scouts tried canoeing, sailing, windsurfing, paddle boarding and, for the first time, kayaking. Sue Hughes and Brian Hunter loaned sea kayaks, Wildwasser (Prion) loaned four white water kayaks, and Larson's Sports loaned two sit-upons. Brian brought the kayaks on Monday morning, saw that Skipper (that's Lou Ann's name at Girl Scout camp), needed help and stayed for the whole week. He earned his camp name, Splash, because he enjoyed splashing and getting splashed.

RMSKC members help lots of different charities and service organizations where boats in the water are part of the plan. Here's a report on a week of fun Lou Ann and Brian Hunter had the summer of 2011.



A group of eight girls spend half a day at each sport. We started out on shore with the paddles demonstrating how to hold and use them. Then in the water the girl would straddle a white water kayak and try to sit down

before lifting her legs into the cockpit. Next we pulled the kayak out into the water and dumped her out.

Then each girl chose a kayak and set out paddling toward the swim beach. We rafted up and demonstrated strokes and paddle signals. The next task was to circle around Skipper, but the girls in the long kayaks had trouble turning, and the girls in the shorter kayaks had trouble going straight.



The beach across the lake at the trees was the next destination, although white water kayaks are not really made to travel across a lake. We had a snack, and headed back. Splash then helped the girls do capsize and re-entry practice.

Now the Girl Scouts are looking to obtain 10 or 12-foot kayaks and a trailer for next summer's camp, and perhaps trips down Class 1 rivers.

BRIAN HUNTER ADDS HIS TAKE ON THE FUN: I went for a morning to deliver some kayaks and stayed for a week, helping "Skipper" take five groups of 8-9 Girl Scouts in each group for the kayaking portion of their summer day camp. I went home feeling dog-tired, like I had been digging ditches all day, because those young ladies had more spunk and spark than a spring thunderstorm.

I was in awe of how quickly many of the Scouts learned how to handle a kayak. Most of us try to avoid capsizing but not these youngsters. They wanted to capsize and then perform an assisted rescue, and several of them even did cowgirl scrambles, usually successfully on the first try. I demonstrated low and high brace turns and several other maneuvers. Some of the girls simply followed suit and did a pretty good imitation of those skills.

If you want to have a good time, be impressed by some great young people, get your exercise and receive the heart-felt thanks of the Scout leaders and scouts alike, contact Lou Ann about helping with the Girl Scout day camp next summer. You will be surprised how much fun you will have and you will appreciate the gratitude of the girls and their leaders.



Lou Ann became RMSKC's coordinator of onshore events in the fall of 2011.
This is her biography that we published in our newsletter:

LOU ANN HUSTVEDT, ONSHORE COORDINATOR: Lou Ann took basic sailing lessons in California in 1988, and when she and Dave moved back to Colorado in the early 1990s, they bought a boat (C-15) and started racing. She says that was *not* a good idea; they would get caught in irons at the start, and be blown backwards across the start line or they would hit the buoys and have to do 720s. But they learned quickly, and she got "Most Improved Sailor" the first year and "Skipper of the Year" the next year.

In 1998 she started windsurfing and also started teaching Girl Scouts how to sail. In 2008, when she was teaching

sailing and windsurfing at Boulder Reservoir, the man in charge suggested they buy sea kayaks. Lou Ann had taught using a sit-upon kayak, and when they went for their first paddle at the Reservoir she threw herself into her new sea kayak just like she would get on the sit-upon. She ended up floundering in the water, and Dave stood with his mouth open wondering what he had gotten himself into.

Later, when she was teaching Girl Scouts at Bear Creek, she asked two fellows in sea kayaks who were paddling around if there was a local sea kayak club, and they said, "Yes!" The two were Gary McIntosh and Ray Van Dusen; she reports they also critiqued her paddle stroke.





2012

March 10, 2012
Daylight Savings Time Kick-Off
McINTOSH LAKE, Longmont



March 17, 2012
ANNUAL MULTI-CLUB PADDLE

The 11th multi-club paddle down the South Platte was a great success. Around 40 boats, canoes, sea kayaks, blow-up kayaks, folding kayaks and whitewater kayaks, and a variety of pets gathered at the Evans Riverside Park launch site for a paddle to the bridge at Kersey or Kuner.



April 28
MUD HEN PADDLE...no pictures from the annual "4th Saturday" paddle on McIntosh Lake in Longmont.

GLACIER BAY, 2012

Dave and Lou Ann Hustvedt had so much fun in Glacier Bay National Park in 2011 that they decided to go back in 2012.

Al Lovas and Jud Hurd joined them for five days of paddling around the Beardslee Islands, an area closer to the park headquarters than they'd been the year before.

One afternoon, after they'd been working hard to drag everything above the high tide line for the night, Lou Ann asked the question, "Is a vacation supposed to be so much work?" Dave had the answer, "This is not a vacation, this is an expedition."



Lou Ann, Dave, Al and Jud

Jud says, "One of my fondest memories of Lou Ann was her dedication to tying good knots. On our trip to Glacier Bay I would pull my kayak up for the night and just make a granny knot to tie it off. Lou Ann would come behind me and retie it with something fancy. After a couple of nights of this I deliberately made a mess of my knot so she would want to retie it. I will carry that memory with me forever."



Lou Ann relaxed in the shade at PaddleFest, 2012

July 28, 2012
PADDLEFEST

Dave Hustvedt and their daughter, Gwen, paddled a loop with Anna Troth and Jud Hurd.

IN AN RMSKC PUBLICATION LATER THAT SUMMER: Lou Ann sends her hellos, and says to tell people who have been following her health issues this summer that she is halfway through chemotherapy, and the PET scan showed that the tumors were not spread, but localized to the abdomen which is good.

Dave wrote that he and their son-in-law are back from Boston with a truckload of stuff and a car on a trailer. Their daughter and son-in-law, Ingrid and Aaron Anderson, are setting up housekeeping in the ground floor of the Hustvedts' house; she is due in November and he will be finishing his degree at CU. It's full, with a dog, three cats and four and a half people, but the ongoing help and family presence is wonderful. Cards and prayers are very welcome. The Hustvedts' address is: 967 Poorman Road, Boulder 80302-9778.

2013



MULTI-CLUB, April 6, 2013

Eric, Pam, Jud, Andy, Dave, Anne, Lou Ann, and Marsha



August 18, 2013

HORSETOOTH RESERVOIR OPEN WATER SWIM

Each year a 10K open water swim is held on Horsetooth Reservoir which requires a support paddler for each swimmer. A number of RMSKC members usually volunteer as support paddlers; in 2013 it was David and Lou Ann Hustvedt and Jud Hurd.

August 23 thru August 26
BLUE MESA RESERVOIR

Blue Mesa is the largest reservoir in Colorado with 9,000 surface acres of water.

Club members Jud Hurd, Brian Hunter, JJ Scervino, Jay Gingrich, Jane Lewis and David and Lou Ann had overcast days and some light rain off and on, but nonetheless had an enjoyable outing.



LAKE POWELL HOUSEBOAT III
September, 2013

Clark Strickland remembers,
"It was wonderful being part of
the crew with Lou Ann on the
Rocky Mountain Sea Kayak
Club's September 2013 trip to
Lake Powell.

"When it was time to load the 11
kayaks onto the 53' houseboat,
Dave organized the dock crew
and Lou Ann supervised the hoisters on the sun deck. She directed the placement of the kayaks and their
lashing. No one questioned her leadership, no one challenged her, and no one had any idea of a better way of
doing the task or organizing the work. Then, she fashioned a hanging system for drying cups and mugs, having
learned on previous voyages that drink management is a major issue on RMSKC outings.

"But the most impressive feat
was freeing the propeller on
the starboard outboard when
some of the lubber crew let
us back over a line trailing in
the water. Dave killed the
engine and raised the motor.

"In a flash, while the rest of
us were standing around with
our mouths hanging open,
Lou Ann leapt into the water
with a knife and began to cut
away the offending mooring
line. No fuss, no hesitation.
See the task and perform it.

"What a lesson in how to
engage with life. And what a
wonderful companion on so
many of our trips."



LAKE MEAD
June, 2014



Relaxing around camp at Lake Mead

LAKE POWELL SELF-SUPPORTED
October, 2014



Dave and Lou Ann by their tent on the far left



Lake Powell, October 2014



LOU ANN'S DEVILED EGGS

Lou Ann's deviled eggs have been a favorite at Club gatherings for years. She raises her own chickens but says that she usually uses eggs that she buys and keeps in the refrigerator a week before deviling them, because slightly older eggs peel more easily. Here are her secrets for eggs that come out of their shells without divots and taste delicious:

COOKING THE EGGS: Put the eggs in a pot of cold water on the stove. Set a timer for 10 minutes, by which time they will probably be boiling. Take them off the heat, put a lid on them and leave them for 20 minutes. Run them under cold water, add a couple trays of ice to really cool them down and wait 10 more minutes. Remember 10-20-10 and you'll have smooth peeling.

DEVILING THEM: Cut the eggs in half and put the yolks in a Cuisinart. Add some mayonnaise, salt to taste, and about a teaspoon of red wine vinegar, regular mustard, and horseradish (for 9-12 eggs). Sprinkle salt over the dish the eggs will be served in to get a bit of it on the outside of the white part. Spoon a small amount of dill pickle relish in the bottom of each egg white. Put the blended yolks in a plastic bag, cut the corner off the bag and squeeze the filling into the egg white cups.

Sue Hughes recalls, "One of the first times I paddled with Lou Ann she was racing home to finish stuccoing part of her house because her daughter was getting married. She said she'd built most of the house herself but her family complained that the last bits of her projects took forever to get finished. That hit close to home, and when I finally installed the age-appropriate faucets and towel bars, that had been bought for my 100-year-old house many years before, I thought of her."

"Lou Ann and Dave came to my house for RMSKC Steering Committee meetings a handful of times and she often reminded me that I needed to get the dilapidated front steps painted. You can be sure, as soon as they dry out, I'll be doing them in her memory."

Lou Ann came to the club's Winter Party in March, 2015. Although she wasn't feeling well, she brought her eagerly awaited Deviled Eggs.

We published these directions from her in the next issue of the RMSKC's *NEWS*.

MORE MEMORIES

Jen Ottenhoff paddled with Lou Ann on a couple of the Lake Powell houseboat trips. She says, "Like some of the others I can still see Lou Ann organizing the loading of the boats with her "new" rope system. That scene was my introduction to her."

"I wanted to chuckle when she so excitedly told all of us how the process had come to her. She was so great at problem solving and often she had the answer before the rest of us even knew we had a problem."

"What good memories I have of the fun she always had on her next enthusiasm as well as the heartfelt talks we had in rare quiet moments."