



Weekly Specials!



Available all Week Ending 11/09/19

1449 Yamato Rd, Boca Raton
Lifetime Fitness/Hampton Inn Plaza

Sandwiches made
from Scratch!

(561) 998-GOOD (4663)

Fast Free Delivery! \$10 Minimum

www.frescofoodworks.com

Large Orders? Save time Fax them in! 995-8339

Hand Crafted Perfection!

Breakfast Specials!

Available 7am-10:30am

#A Pulled Pork & Egg Panini \$6.99

Slow cooked pulled Pork, Scrambled Eggs, & Cheddar on grilled Panini

#B Trentino Breakfast Panini \$5.99

Turkey, Eggs, Red Peppers, Spinach & Provolone on Grilled Multigrain

#C Ham, Cheddar, Bacon Breakfast Wrap \$5.99

Eggs, Black Forest Ham, Bacon, Vermont Cheddar in a grilled Wrap

#D Chipotle Bacon & Sausage Melt \$6.49

Chipotle, Eggs, Sausage, American, Applewood Bacon on Pita

Natalie's Fresh Orange Juice — **Martinelli Apple**

Tropicana Cranberry — **Monster Energy**

100% Idaho Russet Stuffed Baked Potatoes

Bacon & Cheese Spud—Applewood Smoked Bacon & Cheddar \$5.99

Chili Cheese Spud—Beef & Black Bean Chili smothered with Cheddar \$6.99

The Plain Jane Spud—served with a side of Sour Cream & Butter \$3.99

Pulled Pork & Cheddar Stuffed Spud—Pulled Pork, & Melted Cheddar \$6.99

ALL Natural Smoothies!

Tropical Passion -Passion Fruit, Pineapple, Coconut, & Banana

Trade Winds -Mango, Pineapple and Coconut

Banana Berry Blast —Banana, Strawberry, Mixed Berries

Straw-nana -Strawberry, Banana

Maui Breeze -Pineapple, Coconut, Banana

Key West Sunset -Mango, Banana, Passion Fruit

Verry Berry -Strawberry, Raspberry, Mixed Berries

Add Shot Protein .99

Add Spinach .99

Add Peanut Butter .99

Add Kale .99



Our Website is now Mobile!
Scan the QR Code with Your
Smart Phone to Go to our
Website!

Fresh Soups!



Lunch Specials!

#1 Our Famous Pulled Pork BBQ \$8.99

Fresh Traditional Ciabatta -**toasted**

Our Famous Slow Cooked, Fire Braised, Pulled Pork BBQ
Topped with Homemade Slaw

-one word.....incredible!!!

#2 Roast Beef & Provolone Supreme Sub \$8.89

Traditional Baked on Premise Sub Baguette

Our own Garlic infused Mayo

Boar'd Head Roast Beef **served cold**

Boar's Head Provolone

topped with: Lettuce, Tomato, Onion & Deli Dressing

#3 Trentino Panini \$8.49

Fresh Multi Grain Sandwich Bread

Our famous Pesto infused Mayo

Boar's Head Oven Gold Turkey

Roasted Red Peppers

Sautéed Baby Spinach

Provolone

#4 Thai Peanut Chicken Wrap \$8.49

Fresh Traditional Wrap

Thai Peanut Dressing

Fresh Mixed Greens

Sliced Tomatoes

Fresh Grilled on premise Chicken Breast

Dried Cranberries

Crispy Asian Noodles

#5 Harvest Grilled Chicken Salad \$8.89

Fresh Mixed Greens

Grape Tomatoes

Crisp Cucumber

Served with side of our Poppy Seed Vinaigrette

Grilled on premise All Natural, Chicken Breast

Sun-dried Cranberries

Chopped Applewood smoked Bacon

Crunchy Walnuts

Boar's Head



Fresco Foodworks will Professionally Cater your Corporate Meeting or Event!

www.frescofoodworks.com

N.Y. Bagel & Cream Cheese Platter **\$24.99**
Assortment of Fresh Warm Bagels served with sides
of Plain, Chive & Onion, Whipped Butter & Assorted Jellies *serves 12*

Deluxe Continental Platter **\$36.99**
Assortment of Bagels, fresh Baked Danish,
Croissant, Turnovers, & Muffins *serves 8-10*

Sweet Tooth Platter **\$24.99** **\$36.99**
Assortment of fresh baked *serves 8-10* *serves 16-20*
Danish, Brownies, Blondies,
Cookies & Muffins

Gourmet Muffin Platter **\$15.99** **\$34.99**
Assortment of fresh warm Muffins *serves 7-8* *serves 15-17*

Homemade Danish Platter **\$32.99** **\$53.99**
Assortment of freshly Baked Warm Danishes *serves 8-10* *serves 16-20*

Breakfast Wrap Platter **\$46.99**
Assortment of Breakfast Wraps filled with fresh scrambled eggs, assorted
Cheeses, Boar's Head Ham, Applewood Bacon, & Sausage

Croissant Sandwich Platter **\$44.99**
All Butter Croissants filled with fresh *serves 8-10*
Scrambled Eggs, and an assortment of
Applewood Bacon, Ham, Sausage & Cheese

Bagel Sandwich Platter **\$42.99**
Fresh Toasted Bagels with fresh *serves 8-10*
Scrambled Eggs, and an assortment of
Cheese, Sausage, Ham & Applewood Bacon

Multi-Grain Sandwich Platter **\$45.99**
Fresh Multi-Grain Sandwich Bread, Eggs *serves 8-10*
American, and an assortment of Cheese,
Ham, Sausage & Applewood Bacon

Breakfast Combo Platter **\$49.99**
A combination of fresh Breakfast Wraps, *serves 8-10*
Croissants, Panini's, & Bagel Sandwiches

Fresh Tropical Fruit Salad Platter **\$39.99** **\$69.99**
Assortment of Hand cut Pineapple, Melons, *serves 8-12* *serves 18-22*
Grapes, Oranges, etc

Scrambled Egg Platter *serves 15-20* *serves 30-40*
\$39.99 **\$69.99**

Breakfast Sausage Platter **\$29.99** **\$59.99**

Applewood Bacon Platter **\$28.95** **\$57.95**

Breakfast Potato Platter **\$29.99** **\$59.99**



Salad Platters

	<u>Bowl</u> <i>serves 8-10</i>	<u>Full Tray</u> <i>serves 16-20</i>
• Mediterranean Chicken Salad	\$39.99	\$75.99
• Mandarin Chicken Salad		
• Santa Fe Ranch Salad		
• Chef Salad		
• Antipasto Salad		
• Caprese Salad		
• Tuna/Chicken Salad/Chicken Fresco		
• Caesar Classico		
• Baby Spinach & Gorgonzola		
• Garden Salad	\$33.99	\$65.99
• The "Cobb" Salad	\$44.99	\$79.99

Sandwich Platters

Sub Baguette Platter **\$56.99**
Assortment of overstuffed cut Sub Baguettes *Serves 8-10*
on our Famous cooked on premise
Sub Baguettes Traditional & Wheat

Gourmet Wrap Platter **\$56.99**
Assortment of our tasty Wraps on Spinach, *Serves 8-10*
Whole Wheat & Traditional Wraps

Sandwich Platter **\$57.99**
Assortment of overstuffed Sandwiches *Serves 8-10*
on mixed Artisan Breads

Hot Gourmet Panini Platter **\$59.99**
Assortment of Panini on Traditional *Serves 8-10*
& Multi-Grain Ciabatta

Croissant Sandwich Platter **\$57.99**
Assortment of Buttery Croissant *Serves 8-10*
Sandwiches

Combination Platter **\$60.99**
Assortment of overstuffed Sandwiches, *Serves 8-10*
Wraps, & Sub Baguettes on one Delicious Platter

Breakfast & Lunch Catering Available

Please allow 24 hour notice for us to professionally prepare your order
Call after 3:00 for details

561-998-4663

Soups

Our Delicious Homemade Soups delivered in an insulated Container

\$28.99
1/2 Gallon Serves 6-10

\$54.99
1 Full Gallon Serves 12-20