

Teach Learn

Lead

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Paul Strong | Captain Valley Regional Fire Authority



"Going the Distance on Your Road to Leadership"

PROGRAM LENGTH: 2 hours – ½ day (Modified to meet the needs of the hosting agency)

BRIEF DESCRIPTION

This class is about living your life as a leader by developing and reinforcing daily habits and setting goals that you put into action to strengthen your leadership development. We will go beyond the usual discussion of character traits and map out a course of action that will put you on a road of successful personal growth. Whether you're a seasoned veteran or just starting out, this class offers a plan of action to fit everyone as we identify the high standards of leadership, your current performance, and how to close the gap. This interactive class will get you to think about yourself from a broad perspective and help you identify where you can start, or strengthen, your leadership development.

DETAILED DESCRIPTION

Participants will identify how to reinforce or change patterns of behavior in order to strengthen leadership transformation and development and apply leadership skills to everyday life. In addition, they will realize how specific goal setting produces desired results with leadership actions and behaviors. We will also discuss how to change others' perception of you as you focus on your leadership goals through practice and practical application.

As a student of the fire service I have a passion to maintain high expectations for myself. Given my opportunities to gain the experience that I have, my passion has focused on the responsibility to pass it on. This interactive class will compel the participants to reevaluate some of their actions and behavior and to make change as they develop, or reinforce, their leadership skills. We will walk through a few of the most important characteristics of leadership but, more importantly, *how* to implement these characteristics in everyday life. The process of transformation and changing perception will be studied and I will provide a detailed look at the types of goal setting that strengthens leadership behavior. My goal is to go beyond the typical leadership class as we discuss how to put it all into action to change habits and develop a new normal of the leader within you.

The purpose of this class is for the participant to gain a comprehensive understanding of how to use the tools they're familiar with to create or strengthen a leaders foundation in



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their personal development. The learning objectives create a "to do" list the participants can immediately follow that will support leadership development. These objectives include creating and strengthening daily habits that support leadership characteristics and to recognize and take advantage of these opportunities, setting specific goals that are supported by your actions and behaviors as you create the "new normal" of you, learn how to take necessary steps to develop a favorable perception of you in other people's eyes, and to define the high standard of leadership - where you currently stand, and how to close the gap.

THE TARGET AUDIENCE AND THE PRESENTATIONS RELEVANCE TO THE AUDIENCE

This class is for everyone. The experienced chief and the newest rookie will gain valuable insight into the process of tapping into the toolbox of brainwork where leadership habits are developed and strengthened. Leadership is about people, the fire service is about people, and great leaders understand how to live their lives as leaders so that putting others first is natural to them. This interactive class puts the pieces together for all members of the fire service.

WHY I AM SUBMITTING THIS TOPIC AND MY RELATED EXPERIENCE

I am submitting this topic because my presentation goes beyond the typical leadership class. Most leadership classes simply talk about characteristics and traits of a good leader and then give examples of these in the work setting. My presentation goes the distance and discusses the steps to take that supports behavioral change and strengthen leadership skills and how to put it all into action. The basis of my class is not just how to be a leader, but how to live your life as a leader. Arguably, there are no leadership experts, but my leadership experience is encompassed by 25 years of public service in various ranks and 18 years leading my family and various volunteer organizations. My experience also includes research in leadership and the neuroscience of addiction and habits. My successes, failures, experiences, and research have given me the tools to deliver this class in a manner that gets people engaged, excited, and involved.