



PEP TALK



PULMONARY EDUCATION PROGRAM LITTLE COMPANY OF MARY HOSPITAL
OCTOBER 2012

WE'RE HAVIN' A PARTY Y'ALL COME!

MORE REASONS TO GO TO PEP's 35TH BIRTHDAY BASH

KURT ANTONIUS

The anniversary luncheon on October 18 will be no ordinary event by any means. This special 35th anniversary lunch will showcase fabulous food, interesting people, - and, of course, great camaraderie!

In the past, there have been some wonderful door prizes, prizes that were very much appreciated by all.

But this luncheon is going to feature a plethora of very desirable and upscale prizes, thanks to the deep generosity of a variety of PEP supporters. And we're not talking about a Starbucks card here.

There will be more than several \$50 gift cards, multiple passes to fine restaurants in the Southbay, theatre passes, and a grand prize of a very expensive French watch.

That's a lot of good reasons to go to this historic PEP 35th anniversary luncheon

COMMUNITY OUTREACH

DAN BUCK

As a part of our Community Outreach and Development, PEP Pioneers has been invited to participate with BreatheLA on World COPD Awareness Day this November 14th at USC. At BREATHE LA's 4th COPD conference, "Living Well with COPD", we will learn the latest advances in the treatment and management of Chronic Obstructive Pulmonary Disease (COPD). The full-day Conference will be held on November 14 at the USC Norris Hospital's Aresty Auditorium.

Chronic Obstructive Pulmonary Disease (COPD) has risen to become the third leading cause of death in the United States. It is the only syndrome among the top 10 causes of death projected to increase in the next decade. This year's conference coincides with the release of California's first COPD prevalence research (sponsored by BREATHE LA), as well as the launch of new advocacy and technological strategies that will improve early diagnosis and the continuum of care.

The BREATHE LA COPD Conference will draw from top civic, health and industry leaders as well as COPD patients for 150-200 attendees and an online broadcast to BREATHE LA's nationwide COPD partners in the public and private health sectors. Exhibitors in the Aresty Auditorium corridor would engage participants

with the latest approaches to COPD wellness and active lifestyles.

The conference will also feature afternoon breakout sessions with experts to facilitate dialogue and define our strategic Calls to Action. Conference speakers include Dr. Chris Cooper and Dr. Brian Tiep. Please RSVP: Space is limited so reserve your spot today. BreatheLA, Deborah Maxwell, (323) 935-8050, X256, info@breathela.org

There is no cost to attend. Continental breakfast and lunch to be provided. Parking is available in adjacent lot. The event is Wed, 11/14/2012 - 9:00am - 3:00pm at USC Heath Sciences Campus Aresty Auditorium 1450 Biggy Street Los Angeles, CA 90089. A color invitation is available on the PEP website at <http://peppioneers.com>.

PEP PIONEERS is an independent group of graduates of the Pulmonary Rehabilitation Program at Providence Little Company of Mary Hospital that is dependent on private donations and fundraisers to finance events and purchase equipment that benefit all of its members. Donations may be made to

PEP PIONEERS

Attn.:

Pulmonary Rehabilitation
20929 Hawthorne Blvd.
Torrance, California, 90503

HATS OFF! LET'S CHEER!

The 35th PEP Anniversary is Here!!!



***COWBOY HATS, COON SKIN CAPS
WEAR YOUR BONNET WITH THE FRILLS UPON IT
HERE WE GO, GET READY FOR THE SHOW!***

**18 October 2012
12 Noon**

Join us for a sizzling special event

THE SIZZLER

**2880 Sepulveda Boulevard
Torrance, California 90505**

***Live Music
Good Food and Wine
Door Prizes***

***This Invitation Is Extended To You And One Guest
Additional Guests Will Be Charged \$15.00 Each***

***Wear your favorite "hat" or choose one at the door.
You might win a prize!***

Hosted by the PEP PIONEERS

Please RSVP to your caller or, (310) 303-7079

