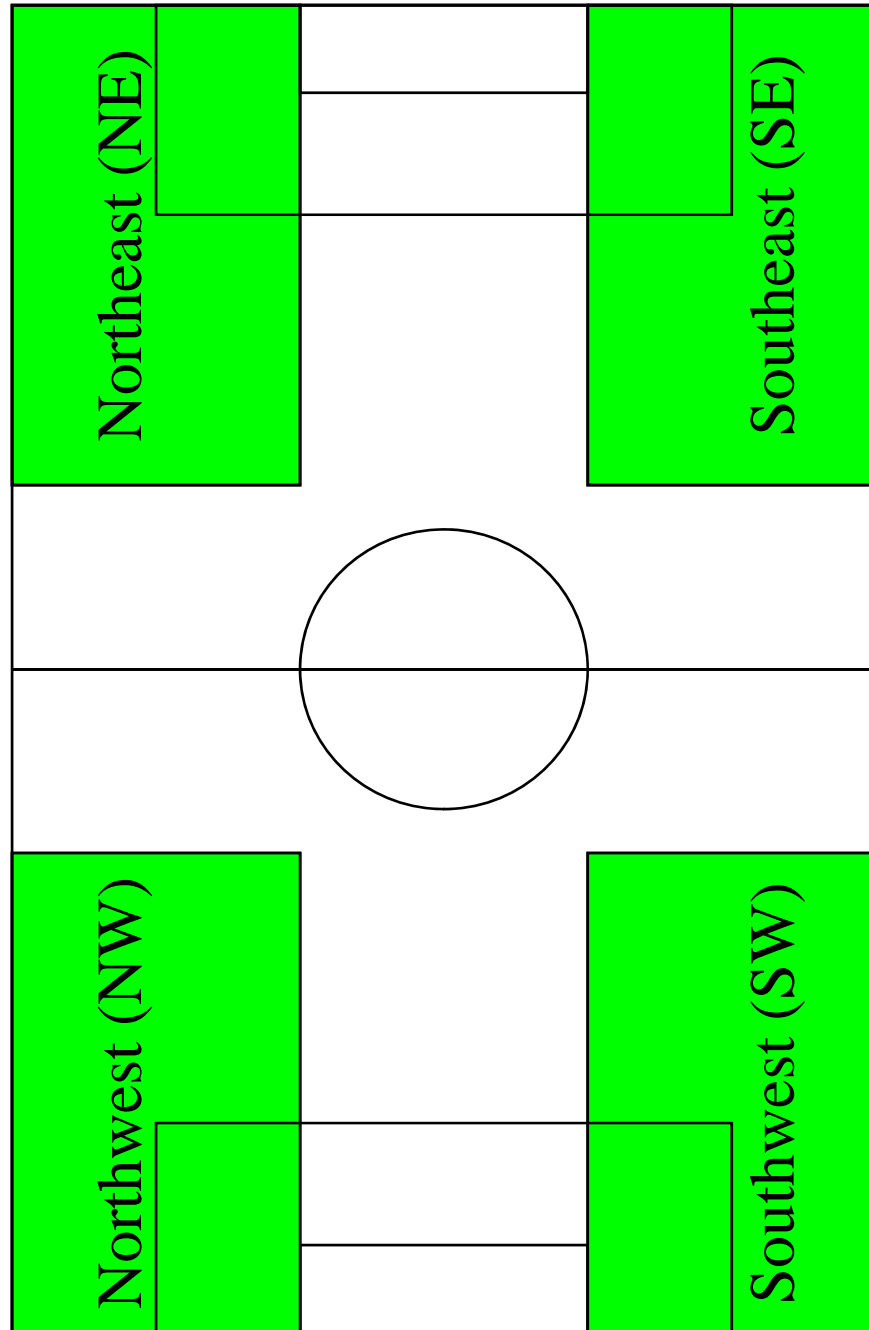


# Newburgh Pepsi-Cola Youth Soccer Mountain Dew Field Layout Amax Field 2



Main Parking Lot

Concession  
Stand

# Newburgh Pepsi-Cola Youth Soccer Mountain Dew Coaches Mtg



## Playing Rules

- Unstructured play
  - ⑦ Provide an opportunities for players to learn
- Field of Play: 30 yards x 20 yards
  - ⑦ Goals: 4' x 6'
- Ball: Size 3
  - ⑦ balls are provided on-site
- Players: 4v4
  - ⑦ Balance if short
  - ⑦ No Goalkeepers
  - ⑦ Shinguards required
  - ⑦ Cleats not required but if purchased make sure they are not baseball cleats (no toe cleat allowed)
  - ⑦ No jewelry except medical bracelets
- Referees: None, coaches & parents on field
- Throw-ins or Kick-ins are okay
- NYS
  - ⑦ Max roster size is 7
  - ⑦ Each player plays 50% of game
- Bring water

# Newburgh Pepsi-Cola Youth Soccer Mountain Dew Coaches Mtg



## 👉 Flight & Team Structure

- 24 Teams - 3 Flights of 8 Teams Each
  - ⑦ Flights A, B, C
  - ⑦ Teams 1, 2, 3, 4, 5, 6, 7, 8 within each flight
  - ⑦ Flight Leader is Assigned Team 1 (i.e. “A1”)
  - ⑦ Assign Team Numbers 2-8 (Random)
- Maximum of 7 players per team
- As of 8/11 we have 125 players; room for 43 more

## 👉 Flight Leader Responsibilities

- Communication point between Division President (Misty Eastep) and Flight Coaches
- “Keymaster” - unlocks and locks the shed so that coaches can get out and put up goals, ball, & cones

# Newburgh Pepsi-Cola Youth Soccer Mountain Dew Coaches Mtg



## All Activities held Saturdays at Amax

- 3 One Hour Sessions
  - ⑦ 10:30am, Noon, 1:30pm
- Each session begins with a skill clinic led by an assigned team – all teams gather around the center circle

## Practice Dates (2)

	<u>Flight A</u>	<u>Flight B</u>	<u>Flight C</u>
8/19	10:30am	Noon	1:30pm
8/26	Noon	1:30pm	10:30am

- Fields are not assigned
- Coaches must arrive at 10:15am to set-up goals before the 10:30am session.
- Coaches must tear down goals and return to storage barn after the last session.

# Newburgh Pepsi-Cola Youth Soccer Mountain Dew Coaches Mtg



## 👉 Game Dates (7)

	<u>Flight A</u>	<u>Flight B</u>	<u>Flight C</u>
9/9	1:30pm	10:30am	Noon
9/16	10:30am	Noon	1:30pm
9/23	Noon	1:30pm	10:30am
9/30	1:30pm	10:30am	Noon
10/7	10:30am	Noon	1:30pm
10/14	Noon	1:30pm	10:30am
10/21	1:30pm	10:30am	Noon

– Game schedule (with field and opponent) will be available on August 26

## 👉 Typical Game Day by Time Slot

	<u>10:30am</u>	<u>Noon</u>	<u>1:30pm</u>
Set Up	10:15am	-----	-----
Clinic	10:30am	Noon	1:30pm
Practice	10:40am	12:10pm	1:40pm
Game	11:00am	12:30pm	2:00pm
Treats	11:30am	1:00pm	2:30pm
Tear Down	-----	-----	2:30pm

# Newburgh Pepsi-Cola Youth Soccer Mountain Dew Coaches Mtg



## Skill Clinic Assignments

August 19	USI Women's Soccer
August 26	Team 8
September 9	Team 7
September 16	Team 6
September 23	Team 5
September 30	Team 4
October 7	Team 3
October 14	Team 2
October 21 (Awards)	Team 1 – Flight Leader

## Skill Clinic Ideas

- Keep it simple & fun
- Demonstrate a Skill - Dribbling, Shooting, Passing & Trapping, Throw Ins, Etc.
- Demonstrate a Game - Sharks & Minnows, Crab Soccer, Red Light / Green Light, Others from *Coaching Clinic* (use your team)
- Invite friends (i.e High School or Jr. High School Players) to help if you like