

Mower County Resource Listing/ Lista de Recursos del Condado de Mower

Resources for Families and children in Mower County/Recursos para familias y niños en el Condado de Mower

CRISIS INTERVENTION/INTERVENCIÓN EN TIEMPOS DE CRISIS

Law Enforcement/Medical Emergency Policía/Emergencia Médica		
		911
Mayo Clinic Health System		433-7351
24-hr emergency mental health	Crisis Line	1-800-422-1295
Other Behavioral Services		433-7389
• Psychiatric Service Unit		433-7351
• Crime Victims Resource Center		437-6680
• Tobacco Cessation		434-1424
• Parent Education		434-1753

NON-EMERGENCY SERVICES SERVICIOS DE NO-EMERGENCIA

CAREER COUNSELING/ CONSEJERÍA EN CARRERA

Riverland Community College	433-0600
Workforce Development	433-0555

CHILD CARE/GUARDERÍAS

Child Care Resource and Referral (Mower and Freeborn Counties)	1-800-462-1660
Crisis Nursery (emergency/temp care)	434-9599
	1-877-434-9599

CHILD ABUSE/ABUSO INFANTIL

Child Protection	437-9700
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CLOTHING/ROPA

Birthingright (Sizes 0-4/Maternity) (Hours Wed & Thurs 3 – 7 pm)	437-2373
Rachel's Hope (Sizes birth – 2T and Diapers/Baby Equipment) (Hours Tue & Wed 10 am – 5 pm)	437-7595
Salvation Army	433-7203

USED CLOTHS SALE/VENTA DE ROPA USADA

Twice Is Nice	433-5353
Salvation Army	437-4566

DRIVERS LICENSE/LICENCIA DE CONDUCIR

Exams M-T-W	434-2675
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EMPLOYMENT/EMPLEO

CHOICES (displaced homemakers)	280-5510
Job Services-Riverland Community College	433-0555
Workforce Development Inc.	433-0555
Cedar Valley Services	433-2303

ENERGY ASSISTANCE/ ASISTENCIA DE ENERGÍA –SEMCAC

Mower County	433.5889
Rushford	1-800-944-3281

COUNSELING/CONSEJEROS

Area school social workers have info (see education)		
Austin High School	Julie Hale	460-1816
Mayo Clinic Health System		433-7351
The Bridge		434-9334
Catholic Charities		433-3062
Cedar River Counseling Services		433-6482
Family Facilitators (Greater Counties)		
	Janice Green	438-2533
Family Focus		434-3586
Lutheran Social Services		433-3639
Mayo Clinic Medical Social Services		284-2131
Psychiatry/Psychology Assoc-Co. MN		433-5191
Cedar House, Inc.		437-9152
Crime Victim Resource Center		437-6680
Independent Management Services/ARMHS		437-6389
Dr. Moran Professional Services		438-2010
Veteran Service Office, Mower County		434-2712
Quality Case Management, Inc		437-9085
Quality Community Services, Inc		437-9085

EDUCATION/EDUCACIÓN

Austin Public Schools Administration	460-1900
Alternative School/Area Learning Center	4601828
Austin Community Education	460-1706
GED & Transition to College	433-0538
Austin Adult Learning	460-1707
English Language Learning	460-1707
Austin ECFE (Early Childhood Family Ed.)	460-1709
Austin ECSE(Early Childhood Special Ed.)	460-1705
Grand Meadow Admin, ECFE. Comm. S.	754-5310
Brownsdale Elementary	567-2244
Hayfield-Brownsdale ECFE	477-3236
Interagency Early Intervention Committee	433-0900
LeRoy-Ostrander, Administration	324-5743
ECFE/Community Services	324-5741 ext. 228
Lyle Admin, ECFE Comm. Service	325-4146
Southland ECFE	582-3405
Elementary	437-3214
High School	582-3568
Administration, Community Service	582-3568
Riverland Community College/Austin	433-0600
	1-800-247-5039
Head Start Program (SEMCAC)	433-5889
PACER	1-800-537-2237
Hayfield-Brownsdale Public Schools	477-3236
Blooming Prairie Public Schools	583-4427
University of MN Extension, Mower Co.	437-9552

FAMILY VISITATION & EXCHANGE

Seibel Center	434-7550
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LITERACY EDUCATION-BASIC SKILLS COUNCIL

(MN Lit. Coun. 1-800-222-1990)	
(Tutoring 1-800-225-READ)	
Family Literacy	460-1707

PARENTING EDUCATION/EDUCACIÓN PARA SER MEJORES PADRES.

Parents Forever: Divorce Education	437-8330
Parent Warm Line English	1-888-584-2204
Línea de Apoyo y Comprensión Paterna	1-877-434-9528
Parenting Resource Center, Inc	437-8330
University of MN Extension, Mower Co.	437-9552
Austin ECFE (Early Childhood Family Ed.)	460-1709

FOOD/COMIDA

Mower County DHS, vouchers	437-9701
LeRoy Food Shelf	324-5283
WIC (Women, Infants & Children)	437-9799
Salvation Army	437-4566
Our Saviors Lutheran---Lyle	325-4684
American Red Cross---Disaster	437-4589
NAPS	1-877-500-8699
Little Cedar Food Shelf (for Southland families)	582-3185
Austin Meals on Wheels	433-3120
Semcac Senior Dining Austin	459-9270
Semcac Meals on Wheels Adams	582-3263
Semcac Meals on Wheels Grand M/Dexter	754-5744
Semcac Meals on Wheels Lyle	325-9966

PERSONAL CARE ITEMS/ARTICULOS DE CUIDADO

Welcome Center	434-2863
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FOSTER CARE/CAIDADO ADOPTIVO

Mower County DHS	437-9700
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HOUSING/VIVIENDA

Austin HRA	433-1866
Mower Co. HRA	434-5556
American Red Cross (disaster)	437-4589
Salvation Army (emergency)	437-4566
SEMCAC (emergency)	433-5889
Welcome Center	434-2863
Housing Equality Law Project	1-866-292-0080
Rochester Women's Shelter	507-285-1010
Crime Victims Crisis Center (Albert Lea)	373-2223
Quality Case Management, Inc	437-9085
Crisis Resource Center (Owatonna)	1-800-451-1202
Dorothy Day Shelter (homeless)	507-282-5172

HUMAN SERVICES/SERVICIOS HUMANOS

Lutheran Social Services of MN (app only)	433-3639
Lutheran Social Services of MN	373-0567
Welcome Center	434-2863
Mower County DHS	437-9701
MN 211	211
Cedar Valley Services	433-2303

LAW ENFORCEMENT/POLICIA

Austin Police Department Emergency	911
Austin Police Department Non-emergency	437-9400
Mower County Sheriff	437-9400

1-800-437-9400
 Truancy Officer 437-9454
 Current Jail Inmate List www.co.mower.us/sheriff.html

LEGAL SERVICES/SERVICIOS LEGALES

Mower County Attorney 437-9428
 Mower County Correctional Services 437-9454
 SE MN Reg. Legal Services (Intake) 1-888-575-2954
 Albert Lea Office 1-800-223-0280
 MN Family Farm Law Proj. 1-866-292-0080

MEDIATION/INTERVENCIÓN

Mediation Center of So. Minnesota 433-3663

LIBRARIES/BIBLIOTECAS

Austin Public Library 433-2391
 Brownsdale Public Library 567-2177
 Grand Meadow Public Library (story hour) 754-5859
 Hayfield Community Library 477-2455
 LeRoy Public Library (story hour) 324-5641
 Lyle Community Library (story hour) 325-2369
 MN Library for Blind/Taking Books 1-800-722-0550
 Parenting Resource Specialty Library 437-8330

HEALTH/SALUD

Mayo Clinic Health System
 Adams 582-3547
 Austin 433-7351
 LeRoy 324-5305
 Minnesota Care 1-800-657-3672
 Mower County Public Health 437-9701
 Sacred Heart Home Health Care 433-1808
 Intrepid USA Health Care Services 433-4700
 MN Children w/Special Health Needs 1-800-728-5420
 United Home Health Care Choice 1-888-460-1815

AIDS-HIV TESTING/PRUEBAS DE SIDA

AIDS National Hotline 1-800-342-AIDS
 AIDS Minnesota Hotline 1-800-248-AIDS

BIRTH CONTROL/CONTROL DE LA NATALIDAD

MN Family Planning/VD Hotline 1-800-783-2287
 Mayo Clinic Health System 433-7351
 Mower County Community Health 437-9701

PREGNANCY/EMBARAZO

Mower County Community Health 437-9701
 Rachel's Hope, Support & Council 437-7595
 Catholic Charity Information Line 1-800-222-5859
 Pregnancy Hot Line 1-800-848-5683
 Mayo Clinic Health System 433-7351

MOWER COUNTY COMMUNITY HEALTH / CONDADO of de MOWER SALUD PUBLICA 437-9701

Child-Teen check up, Immunizations, Infant follow-
 along, Open door clinics, Women, Infant, Children
 (WIC)

DISABILITY SERVICES DISCAPACIDAD

ARC Mower County 433-8994
 Cedar Branch DAC (Adams) 582-7726
 Cedar Valley Services 433-2303
 Division of Rehabilitation 433-0570
 Epilepsy (MinCep Care, Pa, Mpls.) 1-612-525-2400
 March of Dimes/SE MN 1-507-282-0649
 MN State Council on Disabilities 1-800-562-9747
 Mower Council for Handicapped 433-9609
 SE Center for Independent Living (Roch) 285-1815
 REM Woodvale 433-7301
 SEMCIL 1-888-460-1815
 MN Children w/Special Health Needs 1-800-728-5420
 Independent Management Services 437-6389
 Quality Case Management, Inc 437-9085
 Quality Community Services, Inc 437-9085

CHEMICAL DEPENDENCY/DEPENDENCIA QUÍMICA

Alcoholics Anonymous (AA) 433-9868
 Education/Enforcement Liaison 433-0408 ext. #407
 Narcotics Anonymous 433-9868
 Mayo Clinic Health System Austin 434-1890
 Fountain Center, Albert Lea 1-800-533-1616

MINORITIES/MINORÍAS

Ethnic Minority Servs (RTC/Austin) 433-0686
 Línea de Apoyo 1-877-434-9528
 Welcome Center 434-2863

SCHOOL SOCIAL WORKERS/TRABAJADORAS SOCIALES DE LAS ESCUELAS

Grand Meadow 754-5317
 LeRoy-Ostrander 324-5741
 Lyle 325-4146
 Southland/Rose Creek 437-3214

Austin Schools

Banfield 460-1200
 I.J. Holten Intermediate 460-1525
 Neveln 460-1600
 Southgate 460-1300
 Sumner 460-1100
 Ellis Middle School 460-1500
 Austin High School 460-1900
 Austin CLC 460-1700
 Woodson 460-1400

FINANCIAL CONSULTING/CONSULTOR FINANCIERO

University of MN Extension, Mower 437-9552

SOCIAL SECURITY ADMINISTRATION ADMINISTRACIÓN DEL SEGURO SOCIAL 437-1838

SUPPORT GROUPS/GRUPOS DE APOYO

Crime Victims Resource Center 437-6680
 Mothers of Children with Handicaps 325-4742
 Adult Children of Alcoholics 437-3797
 Circle of Parents 377-7665
 La Leche League of Southeast MN 456-8238

TOLL-FREE HOTLINE NUMBERS/NÚMEROS DE LÍNEA DE EMERGENCIA

Battered Women 1-800-799-7233
 Epilepsy Foundation of MN 1-800-332-1000
 MADD (Mothers Against Drunk Drivers) 1-800-487-6233
 Runaways/Safe Choices 1-800-621-4000
 Runaways (Operation Peace of Mind) 1-800-231-6946
 Stuttering Hotline 1-800-221-2483
 MN Crime Victims 1-800-247-0390
 24-Hour Crisis Line 1-800-422-1295

TRANSPORTATION/TRANSPORTE

SMART 1-855-762-7821

WOMEN/MUJERES

CHOICES of SE MN 280-5510
 Crime Victims Resource Center 437-6680
 Rachel's Hope 437-7595

YOUTH CHILDREN/ RECREATION RECREACIÓN JUVENIL

Austin Community Services 433-0971
 Austin Park & Recreation Program 433-1881
 Boy Scouts 387-3123
 Gerard of MN (school/treatment program) 433-1843
 Girl Scouts River Valley 1-800-845-0787
 Jay C. Hormel Nature Center 437-7519
 Make A Wish Foundation of MN 1-612-767-9474
 4-H Program (U of M Extension, Mower Co.) 437-9552
 YMCA 433-1804
 Mower County Mentoring 437-9454

*Last updated: 04/16/2015 by the Parenting Resource Center