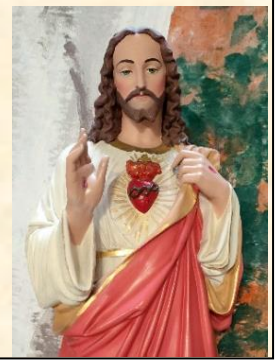




# Sacred Heart Parish Preston



322 Bell St, Preston 3072  
Phone (03) 9480 3398 or (03) 9484 2124  
Email: preston@cam.org.au  
Website: www.sacredheartpreston.com.au

## Office Hours:

Mon, Thurs & Fri: 10am -3pm

**Parish Priest:** Fr Aloysius Nato, SVD

**Italian Community Chaplain:**

Fr Albano Da Costa, SVD 0478 963 248

**Parish Office:** Rachel Costa

**School Principal:** Mark Tierney

**School Phone:** 9487 1001

**Sacrament Coordinator:** TBA

**Safeguarding Committee:**

**Safeguarding Officer:** Robert Dullard

**Safeguarding Committee: Members:**

Mary Harb, Teresa Dang, Pauline O'Day

**Parish Council Members:**

Gerard Grant (chairperson), Mark Tierney,

Ben Fortuna, Natalie Baran, Judeline

Wadhvani and Joanne Verga

**Liturgy Committee:**

Chair – Judeline Wadhvani

Secretary – (To Be Announced)

**Co-ordinators:**

Lectors and Audio Visual – Jessy Thambiraj

Music – Carolina Constable

Ministers of Communion – Tony Eley

Hospitality, Altar & Environment – Jessica

Stanley and Teresa Bernardini

Safeguarding – Pauline O'Day

**Parish Finance Committee:**

Peter Constable (Chair)

**St. Vincent de Paul Society:**

Stephen Costello (President)

**Parish Mass Schedule**

**Weekend Masses:**

**Saturday:** 6:00pm

**Sunday:** 9:00am (*Italian*), 10:30 am, 6:00 pm

**Weekday Masses:**

**Monday to Friday:** 9:10am

**Healing Mass: 1st Friday** of February,

May, August & November at 1:30pm

**Next Healing Mass: Friday** 1 Nov. 2024

**Devotional Practices:**

**Adoration of the Blessed Sacrament:**

Every Thursday at 7:30pm for 1 hour.

(Excluding last Thursday of the month)



**Holy Rosary:** Thurs after the 9:10am Mass

**Reconciliation: Every Saturday at 5:15pm**

**Baptisms & Weddings:** By appointment only

**Breakfast with Fr Aloysius**

1st Monday of the month, the next one is on

**Monday 7 October** in the presbytery after

9:10am Mass. All welcome

Bulletin printed: 13/9/2024

*Our Parish is committed to the safety,  
wellbeing and dignity of all children  
and vulnerable adults.*

## 24th Sunday in Ordinary Time (Year B) Sunday 15 September 2024

### “And You, Who do You Say that I Am?”

Today’s reading from Mark’s Gospel brings us to the climax of his presentation of who Jesus is. It was essential that the disciples of Jesus did not misunderstand the mission that had been assigned to the Son by God the Father of all to bring healing to a lost and suffering world. Jesus had come not as a conquering hero – and political liberator, ruler as might have been hoped for by those at that time living under the yoke of Oppressive rule. Jesus’ way was God’s way - immersing Himself in human life as a healer, teacher, listener and servant-leader. He spoke to random crowds who were attracted by His gifts of healing. He identified with the poor, the “unclean”, the sinner, the ostracised and as a child places his trust in a loving parent, so Jesus continued His mission with complete trust in a loving compassionate God who would never abandon Him. So the question arose, who really is this Jesus of Nazareth son of a carpenter in their midst? When Jesus asked His disciples what people were saying about Him they replied that He was seen by some as a teacher and prophet like those who had come and gone before Him.

Here now comes the gospel challenge as it would have challenged the early Christians of Mark’s time threatened with exclusion in some places, betrayal or even persecution. Jesus’ question to his disciples: “Who do you - not others - say that I am?” Peter professed that He was the long awaited ‘anointed one’ – the Christ. Christ meaning ‘the messiah’ in whom an oppressed Israel placed all their hopes. But does he yet get what Jesus’ mission will imply? Jesus’ insistence that to follow Him is to walk the way of the cross and that being genuine disciples and sharers of His mission would imply putting their own lives on the line.- was definitely not what Peter would have expected.

Clearly the gospel witness to Jesus’ mission was/is that of service – living through and sharing the pressures of life and to walk God’s way and bring hope, compassion, comfort and healing to others. As James tells us in today’s second reading, we must let our faith, flower into good works. If good works and active kindness to others do not go with it, Faith is quite dead.”

When Mother Teresa was suffering poor health and receiving medical treatment in 1983, she asked for a pen and wrote the following meditation as her reply to the question, Who do you say Jesus is?

*Who is Jesus to me? The Word made flesh: The bread of life. The victim offered at the Holy Mass for the sins of the world and mine...The way to be walked. The joy to be shared. The peace to be given. The leper-to wash his wounds. The beggar – to give him a smile. The drunkard – to listen to him. The mentally ill person – to protect him...the little one - to embrace him; the crippled - to walk with him. The drug addict – to befriend him...”*

May Jesus be our  
way, our Truth and  
our Life



## Sacred Heart Parish Prayer

*Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.*

| Sat 6pm Mass | Lectors                       | Ministers of Communion | Altar Servers               |
|--------------|-------------------------------|------------------------|-----------------------------|
| 07-Sep       | Teresa Dang<br>Mary Harb      | Terry Murphy           |                             |
| 14-Sep       | Terry Murphy<br>Rohan Lemos   | Charlotte Bainy        | Onella, Jemimah,<br>Brenton |
| 21-Sep       | Marlene Vergou<br>Celia Lemos | Mary Harb              |                             |

| Sun 10:30am Mass | Lectors                               | Ministers of Communion | Slide Projection | Altar Servers      |
|------------------|---------------------------------------|------------------------|------------------|--------------------|
| 08-Sep           | Ophelia Swai<br>Jessy Thambiraj       | Gerard Grant           | Jessica          | Azariah<br>Natalie |
| 15-Sep           | Hannah Thambiraj<br>Marilene Marcelin | Eileen Stevens         | Jessy            | Ishe<br>Glendon    |
| 22-Sep           | Jessy Thambiraj<br>Ophelia Swai       | Giovanna D'Intino      | Jessica          |                    |

| Sun 6pm Mass | Lectors                           | Ministers of Communion |
|--------------|-----------------------------------|------------------------|
| 08-Sep       | Susan Bakani                      | Damian Casamento       |
| 15-Sep       | Susan Bakani<br>John Gafney       | Damian Casamento       |
| 22-Sep       | Snehlita Antony<br>Shanthi Antony | Robert Dullard         |

## A Heartfelt Thanks to All Our Volunteers

### WE PRAY FOR:

#### The elderly and the sick

Charlene Apollos, Sandra Bishop, John Storrie, Joan Bonwick,  
Our Sacred Heart School student Samantha Corsi  
*Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.*

#### Those who have died recently:

Marisa Marsicovetere RIP 6/9- Funeral Fri 20/9 at 1pm

#### We Commemorate:

Vittorio Ilardi – Sun 15/9 at 9am

Angelo D'Souza 110<sup>th</sup> Birth Anniv. – Sun 15/9 at 10:30am

*O Lord may perpetual light shine upon them.*

*May they rest in peace. Amen.*



#### Last Week's Collection: 8.9.2024

1st Collection for our Church: \$945

(electronic contributions for August: \$1,755)

2nd Collection for support of clergy: \$772

(electronic contributions for August: \$835)

Thank you for your kind generosity!



#### Sacrificial giving via QR code

To support our parish, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston.

It will give you direct access to the CDF pay webpage by following a few easy steps.

The QR code is also displayed in the Church foyer.

Many thanks for your continued generosity and support to Sacred Heart parish.



## ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands. We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



### ✠ Solemnities / Feasts / Memorials of the Week ✠

*Monday 16 September* Sts Cornelius, Pope, & Cyprian, Bishop, Martyrs

*Tuesday 17 September* St Hidegard of Bingen Virgin, Doctor  
St Robert Bellamine, Bishop, Doctor

*Thursday 19 September* St Januarius, Bishop, Martyr

*Friday 20 September* Sts Andrew Kim Tae-gõn, Priest & Paul Chõng Ha-sang, and their Companions, Martyrs

*Saturday 21 September* St Matthew, Apostle, Evangelist



### THOUGHTS FROM POPE FRANCIS

*Let us not be afraid to make ourselves small before God and each other. May we give our lives, spend our time, and make sacrifices to help our brothers and sisters live better and be happy!*



### 🎊 Wedding Congratulations 🎊



We congratulate  
*Trinh & Hoang*  
And  
*Pearl & Kin*



for their Weddings

celebrated here at Sacred Heart Church  
on Saturday 14 Septemebr

May God grant a happy and prosperous life to you both as you embark on your journey together as husband and wife.



### Ordination to the Priesthood

On Saturday 21 September, **Rev Jean-Sébastien Géry** will be ordained to the priesthood.

Please pray for him as he embarks on his priestly ministry in the service of God's people in the Archdiocese.

Saturday 21 September 2024 at 10.00am–11.30am

Venue: St Patrick's Cathedral, 1 Cathedral Place, East Melbourne



### Online information session on the permanent diaconate

With the success of the permanent diaconate information session earlier this year, another session will be held in September for those who were unable to attend the first time.

The permanent diaconate is open to single and married men, aged between 30 and 60 years, who want to serve God and the Church as ordained ministers. The information session is open to everyone interested in knowing more about the permanent diaconate. If you attended any previous session, you are also welcome to attend this session.

This session will be on a weekday evening via Zoom.

Express your interest in attending this event by emailing Deacon Kevin Pattison at [Kevin.Pattison@cam.org.au](mailto:Kevin.Pattison@cam.org.au). Attendance will be by invitation.

Event Date: Tuesday 24 September 2024, 7.30pm–9.00pm



# TO HOPE AND ACT WITH CREATION

SEASON OF CREATION 2024

The firstfruits of hope

(Rom 8:19-25)

## LATEST NEWS: Pope Francis and Indonesia's Grand Imam Sign Declaration on Climate Change, 5 September 2024

At an interreligious meeting in Jakarta, Pope Francis and Indonesian Grand Imam Nasaruddin Umar signed a joint declaration calling on religious leaders to deepen their cooperation in order to defend human dignity and fight climate change.

The document, "Joint Declaration of Istiqlal 2024: Fostering Religious Harmony for the Sake of Humanity", identifies climate change and dehumanisation as two serious crises facing the world today and states that interreligious dialogue is an effective tool for solving both local and global conflicts...

"Indeed, religious values should be directed towards promoting a culture of respect, dignity, compassion, reconciliation and fraternal solidarity in order to overcome both dehumanisation and environmental destruction."

Source: [CathNews/NCR](#)



## The "Ten Commandments" For Having a Good Day Every Day "Give every day the chance to become the most beautiful day of your life."

~ Mark Twain ~

- Start with gratitude:** Begin your day by thinking about the good things in your life and feeling thankful for them. This sets a positive tone for the day.
- Set intentions:** Decide what you want to achieve today. Picture positive outcomes and believe in them.
- Take care of yourself:** Focus on your physical, mental and emotional health. Eat well, do things to make you happy and keep a calm mindset.
- Be present:** Pay attention to the present moment. Enjoy each task and experience as they happen.
- Spread kindness:** Look for chances to be kind and helpful. Small acts of kindness can brighten someone's day and spread positivity.
- Embrace challenges:** See challenges as opportunities to learn and grow. Face them with a positive attitude, believing you can overcome them.
- Appreciate the good:** Notice and appreciate the good things throughout your day, both big and small. Say thank you to others and yourself.
- Stay positive:** Keep a positive attitude, even when things are tough. Focus on uplifting thoughts, words and actions.
- Practice mindfulness:** Take short breaks to breathe deeply and relax. Find moments of calm to recharge your energy.
- Reflect and learn:** At the end of the day, reflect on your experiences. Celebrate your accomplishments, learn from any setbacks and plan for a better tomorrow.



Dear God, fill our hearts with gratitude and our minds with positivity. Help us to be kind, face challenges bravely and remain present in each moment. Give us strength to learn from our experiences and to move forward with faith and love. Amen.

Sourced from [www.majellan.media](http://www.majellan.media)

## Sacred Heart Church Social Planning Committee – NEWS

### Save the Date

### Mission Sunday

We will be celebrating **Mission Sunday** on 20th of October.

As part of the celebration, The Social Committee of Sacred Heart Church with Father Aloysius' blessings will be hosting a Talent Show. The theme for this year is "Go and invite everyone to the Banquet". So get ready to be Sacred Heart Parish's superstar...

Registration are now open. We will be having 3 categories.

1) Prep to Year 6

2) Year 7 to Year 12

3) Adults

The Talent Show will take place in the Sacred Heart Primary School Hall at 12pm. The registration fees will be 5 dollars. Since it is Mission Sunday, please feel free to include the theme in your acts to send out the message to the audience.

If you have further questions please contact the social committee members or the parish office on 9480 3398.



### Bible Study

Come and join us on this great adventure and learn the riches of the "greatest story ever told."

9 Wednesdays: 16 October to 11 December

7:30pm – 9:00 pm at Sacred Heart Presbytery

Contact: email: [csiena.biblestudy@gmail.com](mailto:csiena.biblestudy@gmail.com)

mobile: 0408 520 739

If you are interested but prefer a different day and time, please let us know and we will see if this can be accommodated.

Please register by Sunday 29 September



### Catholic Theological College

Sign up for one or more short, online presentations.

### Engaging Your Faith: October 2024

Theology, Scripture, Meditation, Spirituality, Science & Faith.

Choose what interests you from \$25 per session.

For more information and to register:

[ctc.edu.au/engaging-your-faith/](http://ctc.edu.au/engaging-your-faith/)



### Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.



### Joke Corner

Little Mike's parents are concerned about the artwork he is bringing home from school as he only uses dark pastels, brown and black. They wonder if this could indicate a mental health problem. They take him to a psychologist. The psychologist wants to see Mike at work, so he gives him a sheet of paper and a brand new box of crayons. "Yippeel!" says Mike. "A whole set of crayons. All we have at school is black and brown."



## ENTRANCE ANTIPHON

Give peace, O Lord, to those who wait for you, that your prophets be found true. Hear the prayers of your servant, and of your people Israel.

## PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

*And, striking their breast, they say:* through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary Ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

## GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

## FIRST READING

*Isaiah 50:5-9*

The Lord has opened my ear.

For my part, I made no resistance, neither did I turn away.

I offered my back to those who struck me, my cheeks to those who tore at my beard;

I did not cover my face against insult and spittle.

The Lord comes to my help, so that I am untouched by the insults.

So, too, I set my face like flint;

I know I shall not be shamed.

My vindicator is here at hand. Does anyone start proceedings against me?

Then let us go to court together.

Who thinks he has a case against me?

Let him approach me.

The Lord is coming to my help, who will dare to condemn me?

The Word of the Lord

**All: Thanks be to God.**

## RESPONSORIAL PSALM

**Psalm 114(116):1-6,8-9**

*The Response Is:*

***I will walk in the presence of the Lord in the land of the living.***

I love the Lord for he has heard the cry of my appeal; for he turned his ear to me in the day when I called him.

***I will walk in the presence of the Lord in the land of the living.***

They surrounded me, the snares of death, with the anguish of the tomb; they caught me, sorrow and distress.

I called on the Lord's name.

O Lord, my God, deliver me!

***I will walk in the presence of the Lord in the land of the living.***

How gracious is the Lord, and just; our God has compassion.

The Lord protects the simple hearts;

I was helpless so he saved me.

***I will walk in the presence of the Lord in the land of the living.***

He has kept my soul from death, my eyes from tears and my feet from stumbling.

I will walk in the presence of the Lord in the land of the living.

***I will walk in the presence of the Lord in the land of the living.***

## SECOND READING

*James 2:14-18*

Take the case, my brothers, of someone who has never done a single good act but claims that he has faith. Will that faith save him? If one of the brothers or one of the sisters is in need of clothes and has not enough food to live on, and one of you says to them, 'I wish you well; keep yourself warm and eat plenty', without giving them these bare necessities of life, then what good is that? Faith is like that: if good works do not go with it, it is quite dead.

This is the way to talk to people of that kind: 'You say you have faith and I have good deeds; I will prove to you that I have faith by showing you my good deeds – now you prove to me that you have faith without any good deeds to show.'

The Word of the Lord

**All: Thanks be to God.**

*Please stand for the Gospel Acclamation.*

## GOSPEL ACCLAMATION

***Alleluia, alleluia!***

My only glory is the cross of our Lord Jesus Christ, which crucifies the world to me and me to the world.

***Alleluia!***

## GOSPEL

*Mark 8:27-35*

Jesus and his disciples left for the villages round Caesarea Philippi. On the way he put this question to his disciples, 'Who do people say I am?' And they told him. 'John the Baptist,' they said 'others Elijah; others again, one of the prophets.' 'But you,' he asked 'who do you say I am?' Peter spoke up and said to him, 'You are the Christ.' And he gave them strict orders not to tell anyone about him.

And he began to teach them that the Son of Man was destined to suffer grievously, to be rejected by the elders and the chief priests and the scribes, and to be put to death, and after three days to rise again; and he said all this quite openly. Then, taking him aside, Peter started to remonstrate with

him. But, turning and seeing his disciples, he rebuked Peter and said to him, 'Get behind me, Satan! Because the way you think is not God's way but man's.'

He called the people and his disciples to him and said, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake, and for the sake of the gospel, will save it.'

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**

## THE NICENE CREED.

I believe in one God, the Father almighty, maker of heaven and earth,

of all things visible and invisible.

I believe in one Lord Jesus Christ,

the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light,

true God from true God, begotten, not

made, consubstantial with the Father;

through him all things were made.

For us men and for our salvation he came down from heaven,

*(At the words that follow, up to and including 'and became man', all bow.)*

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under

Pontius Pilate, he suffered death and was

buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the

Father and the Son, who with the Father and the Son is adored and glorified, who

has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

