



**Game On 13
and
Game on Strength
Invite you to...**



Beat the Heat Camp



Schedule:

9:00am - 10:00am

A mixture of SAQ (Speed, Agility and Quickness) along with APT (Athlete Performance Training) which consists of Core Strength, Balance, Coordination and Stability.

10:00am - 12:00pm

Baseball/Softball Training and Instruction

12:00pm - 12:30pm

Lunch (remember to pack your lunch, drinks & snacks)

12:30pm - 2:00pm

Variety of Games; Kickball, Wiffleball, Dodgeball, Blitztball and other fun games

Ages: Boys & Girls Ages 5-14

Options: Full Day 9:00am - 2:00pm
Half Day 9:00am - 12:00pm

Cost: Full Day \$375/week Half Day \$250/week

Week #1 – June 26 - 30

Week #2 – July 5 - 7

Week #3 – July 10 - 14

Week #4 – July 17 - 21

Week #5 – July 24 - 28

Week #6 – July 31 - August 4

Week #7 – August 7- 11

Week #8 – August 14 - 18

Week #9 – August 21 - 25

Book and pay for 2 weeks get 5% off 2nd week

Book and pay for 3 weeks get 5% off 2nd week and 10% off 3rd week

Book and pay for 4 weeks get 5% off 2nd week, 10% off 3rd week and 15% off 4th week.

Book 4 weeks and the 5th week is on US.

Spots are Filling Up Fast, so Book your spot now!!