# PASTOR'S POST

July 2021



# fnited Church News

Greetings,

I had the strangest feeling three weeks back doing something I hadn't done in over a year. I went into a grocery store not wearing a mask. As you know most, if not all our area grocery companies, and other retailers, have transitioned to masks only for those unvaccinated. Fully vaccinated are still welcome to wear a mask, but not required. That's the same guideline we now follow at United Church.

Anyway, I went into Sprouts and didn't wear a mask. I felt like something was missing just like when I don't have my phone. As I walked around the store, I noticed about forty percent of the people in the store not wearing a mask (just an estimate). For those still wearing a mask, except for the employees, I wondered if they were fully vaccinated and still thought a mask was a good idea or if they were unvaccinated. For those not wearing a mask, I wondered if they were fully vaccinated or perhaps pretending to be. I felt like people looking at me were wondering the same thing.

I shouldn't be surprised that masks have been such a hot topic. I wasn't fond of the idea of wearing a mask when it was first introduced. But after coming to the realization that my mask might help protect me and protect those around me, it was no longer a question. I went out and bought masks to wear.

I have also found it intriguing to think about the fact that all of us, even folk who have fought so hard against Covid masks, wear various masks every day, like the "I'm fine," mask; "I don't need any help," mask; or "I'm listening to every word you say," mask. Very seldom do we take off our masks and truly reveal ourselves to others. And these masks aren't mandatory other than we require them for ourselves.

Friends, God knows us fully and completely, even underneath the masks we wear; those masks we refuse to remove. There's no hiding from God. Regardless, at United Church of Sun City, all masks are welcome!

Unmasked Before the Lord,

Pastor Brady



OR



United Church of Sun City 11250 N. 107th Ave., Ste. 105 Sun City, AZ 85351 Telephone: 623-933-0058

Fax: 623-974-3518 Email: office@uccsc.com



Greetings from our Music Ministry!





Very "warm" greetings from your Music Ministry!

Assuming you are reading this before Sunday, July 4th, I hope you invite some friends and family to church for some spectacular All-American music that day. We have so much to thank God for, haven't we? And remember to wear all of your red white and blue bling!

Our Praise Team continues to do our best to provide truly inspiring Music each week, even though there are variations in the summertime:

Kira just returned from a three week honeymoon in Hawaii! Craig is off to visit friends and relatives in his home state of Wisconsin, and Caryl is headed to Oregon to spend some time with her daughter, who I met as a child in one of my choirs, before I even met Caryl!

You will be getting to know Kira's sister, Kendra, who is joining us as a guest alto in the coming weeks, dropping the average age of us quartet members considerably!

Special thanks to our guest soloists who blessed us with their talents in June: Grace Fisher, Laurie Schragge, and Tom Leander and his euphonium.

And are you loving Floyd Ellison's piano meditations each Sunday after The Lord's Prayer? (Remember that it's a response to prayer and he prefers that we DON'T applaud.)

We know some people leave the Valley during the summer heat, so we THANK YOU, those of you who keep showing up, and those watching online!

Yours for a Song,

Alan Paulson

Minister of Music

P.S. Don't forget about possibly joining our CHOIR in September!!







Greetings from your Parish Nurse.

It has been so good to see so many of you in the church services. I have certainly missed seeing your smiling faces during this pandemic.

How are you doing at getting back to some of your normal activities? Are you finding yourself slower and weaker than you remember being? That may mean that you need to "recondition" after this year of being shut in. Please know that you are welcome to join our walking group on Mondays and Wednesdays at 1 pm if you would like a place to "ease into" more exercise and walking. Everyone walks at their own pace, but we have a chance to share a bit and to encourage each other in our progress! We sometimes even have piano music in the background as Floyd practices his music. Please join us.

Do you have questions about Covid 19 and especially about the variants that are being talked about? The video being posted on July 6th will address Covid and some of the facts about the variants and vaccines. Listen by going to our Church's Web Page and clicking on the latest Video from the Spiritual Nursing Ministry.

For some, there may be some anxiety in getting out and with people again. This has become a common experience since Covid 19. It is a type of stress reaction to all the trauma and loss of the last year. This fall, we will be having a speaker talk about some of the common responses, and what we can do to be safe and to move forward. Watch for further information and plan to join us for our Speaker Series beginning in September.

Lisa Dunbar

COMMUNION at
United Church
is the 1st Sunday of each month
Bring your own elements

Are you in need of pastoral care?

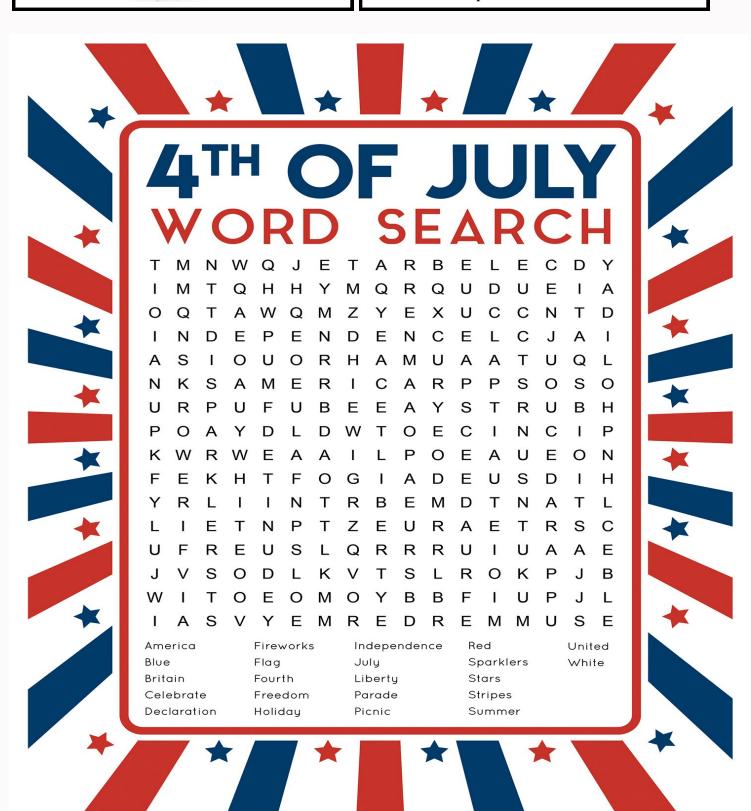
If so, please contact the church

office at 623-933-0058.

Office Hours: Monday through Thursday,

9:00 a.m.—12:00 p.m.







### **July Birthdays**

Barbara Snyder	07/03
Brady Abel	07/08
Clayton Blom	07/09
Joyce Hill	07/16
Michelle Wruck	07/18
Betty Abel	07/23
Lois Hunt	07/24
Jim Fredette	07/31

# Lunch With Girlfriends By Kathy O'Malley

Elaine's vertigo has never been worse Kay can't recall where she left her purse Rhonda's about to replace her knees Linda's breathing is tinged with a wheeze Donna's left boob has a troublesome lump Diane's on her third trip to take a dump Lorraine's husband can't remember a thing Nine years a widow, Marge still wears her ring Marlene is dealing with another UTI Sally's giving a hearing aid another try Marie has decided she can't drive at night Sharon still wears clothes two sizes too tight They've been through divorces and babies and wakes They do for each other whatever it takes They've already buried Marcia and Kate And truthfully, Lizzie's not looking so great So whenever they can, they get out to eat Open bottles of wine and forget their sore feet There's laughing and crying and letting down guards And when the bill comes, there's ten credit cards So here's to the waiters who keep orders straight And to the places that let lunches run three hours late And here's to the girlfriends, those near and those far Here's to the girlfriends, you know who you are!!!

### **July Anniversaries**



Joe & Sue Johnson	7/27
Kay & Irvin Kay	7/27

### Valley View Food Bank

Jesse Ramirez, Valley View Director, is so appreciative of all donations from United Church throughout the years. Your generosity helps so many families in need in our community. We are again collecting food items for the food bank. See the list below of the items Jesse needs.

Jesse Ramirez
Director, Valley View Food Bank
12321 NW Grand Ave

El Mirage AZ Mirage, AZ 85335

Jesse is in need of plastic bags for the thrift store. You can bring them to him at the address above.

Canned vegetables, canned fruit, canned tuna fish or canned chicken.

Peanut butter and jelly

Canned spaghetti, or canned meat.

Box mac and cheese.



# Treasures \*\*

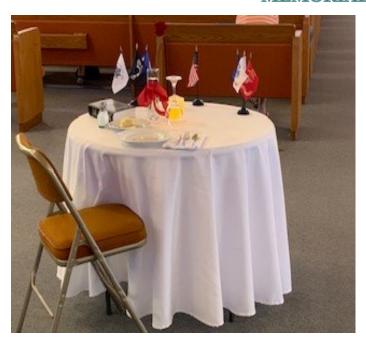
# Teachers

Journal making resumes the 3rd Tuesday of each month in the Beehive from 1pm to 3pm. First meeting is July 20th. Mark your calendars.

Hedy Hall,

Mission Board-Chairperson

# **MEMORIAL DAY SERVICES**



Missing man table



Placing the wreath by Susan Aurich, Jean Cross & Steve Halasz





Fathers Day candy bars are given out by the Activities & Fellowship Boards

# July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fourth or July				1	2 OFFICE CLOSED	OFFICE CLOSED
4 Independence Day Worship 10:00 am Worship online after service Communion bring your own elements 6th Sunday after Pentecost	5 Walking group 1pm	6 Small Group Book Study in Grace Chapel 1:30pm	7 Walking group 1pm	8	9 OFFICE CLOSED	OFFICE CLOSED
Worship 10:00 am Worship online after service 7th Sunday after Pentecost Christmas in July	12 Walking group 1pm	Small Group Book Study in Grace Chapel 1:30pm	14 Walking group 1pm	15	OFFICE CLOSED	OFFICE CLOSED
18 Worship 10:00 am Worship online after service 8th Sunday after Pentecost	19 Walking group 1pm	Small Group Book Study in Grace Chapel 1:30 pm Journal making in the Beehive 1pm – 3pm	21 Walking group 1pm	22	OFFICE CLOSED	OFFICE CLOSED
Worship 10:00 am Worship online after service 9th Sunday after Pentecost	26 Walking group 1pm	27 Small Group Book Study in Grace Chapel 1:30 pm Journal making in the Beehive 1pm – 3pm	28 Walking group 1pm	29	30 OFFICE CLOSED	OFFICE CLOSED

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Facebook: United Church of Sun City



**July 2021** 

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**Or Current Resident** 

### **STAFF:**

Rev. Brady Abel, Senior Pastor
Bill Zimmer, Moderator
Alan Paulson, Minister of Music
Soloists: Craig Zimmerman, Caryl Leander & Kira Kadel
Beverly Fletcher, Organist
Mindy Ochoa, Administrative Assistant
Donna Halasz, Office Assistant
Lisa Dunbar, Parish Nurse
Steve Halasz, Custodian
Robin Lemkuil, Media
Greg Yagi, Video Tech

All Members & Friends of United Church, Ministers of the Good News

Office Hours 9:00am to 12:00pm—Monday through Thursday
The office is closed on Friday and Major Holidays
Sunday Worship Service 10am in the Sanctuary and also online.
Coffee Fellowship—Suspended until further notice
Communion the 1st Sunday of each Month bring your own elements
Choir rehearsal—Suspended until September
Bible Study—Email each week
Healing Service: Suspended until further notice