



## TherapyWorks L.L.C.

*P.O. Box 854  
19 Halls Road, Suite 204  
Old Lyme, CT 06371  
Phone: (860) 434-5524  
Fax: (860) 434-3262  
www.TherapyWorksCT.com*

### **Directions to TherapyWorks**

#### From the North (Hartford):

Take route 9 south to end, and proceed onto rte 95 North toward New London. Take exit 70 (immediately after the bridge). At bottom of exit, take left at the light, and then a right at the 2<sup>nd</sup> light (only about ½ mile) onto Halls road. Pass the A&P on your right, and take left into Old Lyme Shopping Center. (This is where the Hideaway restaurant is located). Look for Andy's Deli, there is an entrance labeled "office" and we are at the top of the stairs, Suite 204. If an elevator is needed, please enter in the main entrance by Da Vinci, and proceed down the hall.

#### From the North (Willimantic):

Take 32 south to 395 south and follow until it merges with 95 south. Take exit 70. At the bottom of the exit, proceed straight through traffic light, and take your second right into the Old Lyme Shopping Center. . (This is where the Hideaway restaurant is located). Look for Andy's Deli, there is an entrance labeled "office" and we are at the top of the stairs, Suite 204. If an elevator is needed, please enter in the main entrance by Da Vinci, and proceed down the hall.

#### From Mystic, New London:

Take 95 south to exit 70. . At the bottom of the exit, proceed straight through traffic light, and take your second right into the Old Lyme Shopping Center. . (This is where the Hideaway restaurant is located). Look for Andy's Deli, there is an entrance labeled "office" and we are at the top of the stairs, Suite 204. If an elevator is needed, please enter in the main entrance by Da Vinci, and proceed down the hall.

#### From the New Haven:

Take 95 north to exit 70 (immediately after the bridge). At bottom of exit, take left at the light, and then a right at the 2<sup>nd</sup> light (only about ½ mile) onto Halls road. Pass the A&P on your right, and take left into Old Lyme Shopping Center. (This is where the Hideaway restaurant is located). Look for Andy's Deli, there is an entrance labeled "office" and we are at the top of the stairs, Suite 204. If an elevator is needed, please enter in the main entrance by Da Vinci, and proceed down the hall.