

# BUILDING A HEALTHIER MICHIGAN



State Alliance of Michigan YMCAs

[www.michiganymca.org](http://www.michiganymca.org)

#MIYMCA

## THE LATEST INFORMATION ON EVIDENCE-BASED PROGRAMS AND PARTNERSHIPS



## MEDICARE: FINAL RULING FACT SHEET

On November 2nd, 2017, the Centers for Medicare and Medicaid Services (CMS) issued the Calendar Year 2018 Physicians Fee Schedule final rule, which finalizes policies to implement the Medicare Diabetes Prevention Program (MDPP) expanded model starting in 2018. The MDPP model will allow Medicare beneficiaries to access evidence-based diabetes prevention services, with the goal of a lower rate of progression to type 2 diabetes, improved health, and reduced spending.

The Calendar Year 2017 Medicare Physician Fee Schedule final rule, published in November 2016, established the expansion and aspects of the expanded model policy framework. The 2018 rule finalized additional policies necessary for suppliers to begin furnishing MDPP services nationally, including the MDPP payment structure, additional supplier enrollment requirements, and supplier compliance standards aimed to enhance program integrity. Highlights of these policies are summarized below.

- Effective dates of MDPP services, enrollment and billing privileges:
  - MDPP suppliers may begin enrolling on January 1, 2018, and services may begin on April 1.
  - An MDPP-specific enrollment application will be available prior to January 1, 2018
  - Billing privileges will begin on April 1, 2018 for applicants

*Continues on page 2*

## UPDATES

### ARE YOU READY FOR #GIVINGTUESDAY?

Nov. 28 is #GivingTuesday! Charities, families, businesses and people around the world will come together for one common purpose: to celebrate generosity and give. #GivingTuesday is an opportunity for the Y to be a part of a national day of giving and to show the world how we strengthen community and build a better "us." Customizable "us"-themed #GivingTuesday and year-end giving materials are available in English and Spanish on the Brand Resource Center.

### DIABETES AWARENESS MONTH MEDIA MATERIALS AVAILABLE

November is Diabetes Awareness Month. Use these materials to highlight your Y's work to help prevent type 2 diabetes. If you have any general questions, or if your Y is a provider of the YMCA's Diabetes Prevention Program (DPP) and need DPP-specific materials, email [media@ymca.net](mailto:media@ymca.net) for assistance.

approved prior to this date. All other approved applications will become eligible on the date of their approval.

- Diabetes diagnosis during the MDPP services period:
  - Individuals with a previous diagnosis of diabetes (except gestational diabetes) are not eligible.
  - If an MDPP participant develops diabetes during the course of the program they will be allowed to continue with the program.
- Ongoing maintenance sessions:
  - Total MDPP service period of two years consisting of one year of core and core maintenance sessions followed by one year of ongoing maintenance sessions.
  - MDPP participants must attend at least two out of three monthly ongoing maintenance sessions and maintain 5% weight loss at least once to maintain eligibility for additional sessions.
- MDPP Preliminary Recognition:
  - Medicare is accepting MDPP Preliminary Recognition or CDC Full Recognition providers.
  - MDPP Preliminary Recognition is defined as MDPP interim preliminary recognition or CDC preliminary recognition (when established).
  - Providers that have not reached full CDC recognition may be able to enroll as an MDPP supplier if they meet MDPP interim preliminary recognition standards with a 12-month data submission to CDC.
- Beneficiary engagement incentives:
  - MDPP providers may provide in-kind engagement incentives to participants.
  - Incentives must be used solely for the purpose of achieving the goal of engaging participants in making healthy behavior changes.

The final rule can be downloaded from: [www.cms.gov](http://www.cms.gov) > Innovation Center > Innovation Models > MDPP Expanded Model.

## UPCOMING EVENTS

- **Training Opportunities**
  - Lifestyle Coach Training - training dates TBD in January or February, Muskegon YMCA
  - LIVESTRONG at the YMCA - December 8 & 9, Southwest Michigan YMCA - Niles-Buchanan branch
- **Now scheduling 2018 trainings**

If you are interested in hosting or sending staff to trainings for Moving For Better Balance, EnhanceFitness, YMCAs Diabetes Prevention Lifestyle Coach, LIVESTRONG at the YMCA, or anything else please contact Jen Nicodemus at [jnicodemus@michiganymca.org](mailto:jnicodemus@michiganymca.org)
- **Michigan Diabetes Prevention Network Meeting**

Wednesday, March 21 at the Michigan Public Health Institute  
2436 Woodlake Circle Suite 300 Okemos, MI 48864

## HIPAA Identifiers

When handling program paperwork how often do you think: "I don't see the participant's name so I'm good, right?" There are more health identifiers than name or social security numbers. Take short quiz below and check off all the items that HIPAA considers to be personal identifiers.

- Names
- Geographic subdivisions smaller than a state (ex. Address, city, zip code)
- Dates directly related to an individual (birth date, date of discharge from hospital, etc)
- Telephone & fax numbers
- Email addresses
- Social security numbers
- Medical record numbers
- Health plan beneficiary numbers
- Account numbers
- Certificate/license numbers
- Vehicle identifiers and serial numbers (license plate, etc)
- Medical device identifiers and serial numbers
- Web universal resource locators (URLs)
- Internet Protocol (IP) address numbers
- Biometric identifiers, including finger and voice prints
- Full face photographic and any comparable images
- Any other unique identifying number, characteristic, or code

If you checked off all the boxes, congratulations! You understand how to keep personal information private.