



Achilles International Nashville is a local chapter of an international non-profit organization that partners able-bodied runners with physically-challenged athletes, welcoming all to the wonderful world of running!

Membership is absolutely free.

Join us! Weekly Runs (rain or shine, except major holidays):

Wednesday: 6:30 – 8:00 pm @ McCabe Community Center

Saturday: 7:30 – 10:00 am @ Shelby Bottoms Nature Center



www.achillesinternational.org

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