

Date/Time: Sunday, Oct. 21 at 8:30 am

Course Walk at 7:30 am

Location: Buena Vista Park- The Duck Pond

1788 Shadowridge Drive, Vista 92081

Online Reg: Registration must be completed on athletic.net

by Oct. 18 for clubs and unattached athletes.

Entry fee \$7.

Fees must be paid by cash, team check, or money

order- No personal checks

Awards: Medals to top 10 in each division.

Distances: Event Divisions-

2k 8 & under (born 2010 and later)

3k 9-10 (born 2008-09) & 11-12 (born 2006-07)

4k 13-14 (born 2004-05)

Race Director: Hector Menchaca (760) 505-8442

E-mail questions to coach@sdxtc.org

Sanctioned By: USATF San Diego/Imperial Association

www.sandiegowavesxtc.com