

Race Date
August 30, 2014

Atomic Sprint Du / Tri 2014

Age Group Results

Duathlon Age Group

Female Open Winners

Place			Run			T1	Bike			T2	Run			Total	Penalty
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	9	Sherrie Giles	2	26:16.6	8:28	0:55.9	1	1:04:30.8	17.3	0:40.5	2	27:39.3	8:55	2:00:03.2	
2	11	Cindy Pack	1	25:58.2	8:23	1:17.4	2	1:08:02.6	16.4	1:20.3	1	26:04.9	8:25	2:02:43.6	
3	17	Felicia Alexander	3	29:54.9	9:39	1:22.8	3	1:19:54.4	14.0	1:06.9	3	30:53.1	9:58	2:25:12.3	2:00

Male Open Winners

Place			Run			T1	Bike			T2	Run			Total	Penalty
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	1	Kevin FitzGerald	1	18:40.9	6:01	0:45.6	1	51:31.0	21.7	0:34.3	1	19:36.9	6:19	1:31:09.0	
2	2	Danny Sturdevan	3	20:35.5	6:38	0:34.2	3	56:51.0	19.6	0:32.7	2	20:28.1	6:36	1:39:01.7	
3	3	Kevin Sprouse	2	18:52.2	6:05	0:49.3	2	53:50.7	20.7	0:57.4	3	24:47.0	8:00	1:39:16.9	

Female Masters Winners

Place			Run			T1	Bike			T2	Run			Total	Penalty
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	19	Carol Morgan	1	30:14.0	9:45	1:31.0	1	1:20:13.5	13.9	1:08.9	2	33:07.9	10:41	2:26:15.4	
2	21	Susan Little	2	30:41.6	9:54	1:51.6	3	1:25:53.9	13.0	1:30.6	1	31:35.8	10:11	2:31:33.7	
3	22	Donna Burcham	3	33:41.5	10:52	1:47.0	2	1:20:20.1	13.9	1:16.5	3	39:29.0	12:44	2:36:34.3	

Male Masters Winners

Place			Run			T1	Bike			T2	Run			Total	Penalty
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	

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Duathlon Age Group

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Penalty</u>
1	4	Nick Lavrik	2	22:17.5	7:11	0:35.3	1	54:58.4	20.3	0:28.7	2	22:41.3	7:19	1:41:01.3	
2	5	Clay Griffin	1	21:06.3	6:48	0:32.2	3	1:03:31.3	17.6	0:39.4	1	22:17.6	7:11	1:48:07.0	
3	6	Dan McCaslin	3	23:30.5	7:35	0:56.9	2	59:14.0	18.8	0:59.2	3	23:53.5	7:42	1:48:34.3	

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Age Group Results

Duathlon Age Group

Male 14 and under

Place			Run			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	13	Eli Spencer	2	22:28.4	7:15	2:00.1	1	1:09:00.3	16.2	1:37.3	2	28:56.0	9:20	2:04:02.2	
2	16	Daeton Byars	1	17:51.1	5:45	2:02.4	2	1:31:36.9	12.2	0:33.9	1	26:29.2	8:33	2:18:33.7	

Male 25 to 29

Place			Run			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	7	Andrew Stafford	1	21:50.6	7:03	0:54.4	1	1:05:37.4	17.0	1:05.2	1	23:38.9	7:37	1:53:06.6	

Female 35 to 39

Place			Run			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	18	Shameka Pollard	1	29:56.0	9:39	1:26.4	2	1:19:52.7	14.0	1:05.1	1	30:52.1	9:57	2:25:12.5	2:00
2	20	Christine McInerney	2	31:41.5	10:13	1:13.8	1	1:18:15.6	14.3	1:32.6	2	36:10.3	11:40	2:28:53.9	

Male 40 to 44

Place			Run			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	12	Scott Sutherland	2	26:11.8	8:27	1:44.3	1	1:08:20.1	16.3	1:34.1	1	24:55.9	8:02	2:02:46.4	
2	14	Chris Carpenter	1	24:11.5	7:48	0:31.8	2	1:11:10.3	15.7	0:33.5	2	28:22.5	9:09	2:04:50.0	

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Age Group Results
Duathlon Age Group

Male 55 to 59

Place			Run			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	8	Breck Krager	2	23:34.4	7:36	1:25.7	2	1:03:06.5	17.7	0:45.9	1	27:08.7	8:45	1:56:01.3	

Male 60 to 64

Place			Run			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	15	David Kelly	1	28:18.5	9:08	1:09.9	1	1:10:40.9	15.8	1:38.9	1	30:38.4	9:53	2:12:26.7	

Male 70 to 74

Place			Run			T1	Bike			T2	Run			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	10	Finn Hassing	1	25:13.1	8:08	1:13.9	1	1:08:27.7	16.3	0:56.5	1	25:14.0	8:08	2:01:05.4	

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Atomic Sprint Du / Tri 2014
Age Group Results
Duathlon Relay Male

Relay Male

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	1	Big Orange	1	29:44.8	9:35	0:28.7	1	1:19:20.5	14.1	0:34.9	1	24:38.1	7:57	2:14:47.2	