

Kiddos Academy





Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:30 8:30	✓ Oatmeal with Honey✓ WG Buttered Toast✓ Banana✓ Milk	✓ Waffles with Strawberry Chunks✓ Oranges✓ Milk	✓ Banana Muffins✓ Mango✓ Milk	✓ Bagel with CreamCheese✓ Fresh Strawberries✓ Milk	 ✓ Cereal Cinnamon Toast Crunch ✓ WG Buttered Toast ✓ Banana ✓ Milk
Lunch 11:00 11:30	 ✓ Chicken Nuggets ✓ Steamed Broccoli ✓ WG Brown Rice with Mixed Vegetables ✓ Mixed Fruit ✓ Milk 	 ✓ Honey BBQ Boneless Chicken Wings ✓ WG Brown Rice ✓ Apple Sauce ✓ Milk 	✓ Fish Sticks ✓ Corn ✓ Mashed Potatoes ✓ WG Bread ✓ Pears ✓ Milk	✓ Cheese Pizza ✓ Broccoli & Cheese ✓ WG Rice with Mixed Vegetables ✓ Banana ✓ Milk	✓ Turkey, Cheese, Lettuce & Tomatoes on WG Bread ✓ Pasta Salad ✓ Milk
Snack 2:00 2:30	✓ Greek Vanilla Yogurt✓ Graham Crackers✓ Pineapple✓ Milk	✓ Laughing CowCheese Dippers✓ Gold Fish✓ Banana✓ Milk	✓ Animal Crackers✓ Apple Sauce✓ Milk	✓ Chex Mix ✓ Mixed Fruit ✓ Milk	✓ Graham Cracker✓ Pudding Cup✓ Pears✓ Milk
Dinner 4:00 5:30	 ✓ Okra + Tomato + Beef ✓ WG Brown Rice ✓ Mixed Fruit ✓ Milk 	 ✓ Chicken Lo Mein ✓ Honey Wheat Dinner Rolls ✓ Tropical Fruit ✓ Milk 	✓ Lasagna✓ WG Garlic Bread✓ Peach✓ Milk	 ✓ Salmon ✓ WG Rice with Mixed Vegetables ✓ Pineapple ✓ Milk 	 ✓ Beef-A-Roni ✓ Green Peas ✓ WG Garlic Bread ✓ Mixed fruit ✓ Milk

Notes: