

# prevent suicide

## COLUMBIA COUNTY

PARTNERS SAVING LIVES IN WISCONSIN

## Meeting Minutes

Thursday, February 15, 2018

1:00 – 2:30 PM

Columbia County Law Enforcement Center

John Roche Community Room (first floor)

711 East Cook Street; Portage

**Present:** Pastor David Haupt of the Apostolic Worship Center Poynette; Chief Ken Manthey of the Portage Police Department; Kristal Rykiel of Columbia County Health and Human Services/Public Health Nurse (facilitator/coordinator PSCC); Clint Starks of Columbia County Health Human Services/Behavioral Health Manager; Kelsi Bauer of Columbia County Health and Human Services; Stephenie Foster of UW Green Bay BSN Completion/Columbia County Public Health student nurse.

### Group Discussion:

**Items highlighted, your help is needed!**

#### 1) Planning

- a. We are meeting every other month. Our next meeting is THURSDAY, APRIL 19th from 1:00-2:30pm at Columbia County Law Enforcement Center located at 711 E. Cook Street, Portage, WI.
- b. Suicides in 2017: Statistics shared from Columbia County Medical Examiner: there were 8 deaths by suicide in our county last year, down from 14 the previous year. There were 11 overdose deaths in 2017.

#### 2) PSCC Activities: Updates and Action Plans

- a. **On screen ad**  
Our PSA is being shown on-screen at the Portage Movie Theater and is available on Prevent Suicide Columbia County Website and Facebook page. Watch it here on You Tube: <https://youtu.be/VX5B99P4F8M>.
- b. **QPR and Means Restriction**  
QPR is a free 90-minute training that educates on the signs of suicide and what to do if someone you know is suicidal. Download our QPR Flyer [here](#).
  - **Upcoming trainings:**

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Because we value human life, the mission of Prevent Suicide Columbia County is to prevent suicide through awareness, education, collaboration, and improved access to mental health care.

- April 12<sup>th</sup>, Clint Starks, Behavioral Health and Long Term Supports manager for Columbia County and Alicia Jurgenson from LifeKeepers will be taking the train the trainer (TOT) course to become certified to conduct QPR trainings.
- Currently we do not have any QPR trainings scheduled.
- **Recent past trainings:**
  - Dean taught 15 people in QPR at a training held at LifeKeepers in Portage. Lifekeepers specializes in providing 24/7 care to high mental health needs clients.
  - Prevent Suicide Columbia County (Dean Piehl and Barry Erath) teamed up with Sauk County and trained 76 student nurses at a student nurse conference held at the Wilderness Resort on February 09, 2.
  - Crystal Huset, guidance counselor for Pardeeville High School trained 29 10<sup>th</sup> grade students in QPR in January 2018.
- **Trainers:** Please report recent sessions to Kristal.
- **Everyone:** Please let Kristal know if you would like to schedule a QPR training.
- **Means Restriction:** We have gun locks, please let Kristal know if you are in need of some to distribute.

c. **Walk for Hope**

- Walk for Hope 2018 will be held on Saturday, September 22<sup>nd</sup> at Portage High School Track (confirmed).
- Coalition discussed designing a t-shirt for the walk instead of having a contest for local schools due to lack of contributors in years past. At this time, coalition members do not have ideas for t-shirt designs. Kristal will plan to look into potential designs, discussed just using “Walk for Hope” on the t-shirts.
- Will need an MC for Walk for Hope 2018. Coalition members are encouraged to contact Kristal with suggestions.
- We need a speaker for Walk for Hope 2018. Kristal has someone potentially interested. Please contact Kristal if you have suggestions.
- The coalition would like to ask Faith Gladem as musician again for 2018.
- Barry Erath offered Aspen as a location for a fundraising event to benefit “Walk for Hope 2018” – Barry suggested a car wash. Coalition members liked the idea but nothing further was discussed.

d. **Advertising**

- We have two different types of 10X15 inch posters: “Your world needs you” and “You can prevent suicide. Learn how in 1 hour.” These can be posted anywhere and everywhere. Renae to cover downtown Portage area establishments. Please let Kristal know if you would like to help disseminate our posters!

e. **Training specific to community sectors**

- **Mental Health and Crisis Intervention Team (CIT) training:** All sworn law enforcement officers in Columbia County were trained in this 8-hour course in January and February 2018.

**3. Presentations:**

- a. **Columbia County Health and Human Services – Behavioral Health and Long Term Supports (BHLTS) services.** Clint Starks, BHLTS manager for Columbia County Health and Human Services was kind enough to provide an overview of all the services they are able to provide to Columbia

County residents who qualify including Comprehensive Community Supports (CCS); Coordinated Service Teams (CST); Children's Long Term Supports including Birth to 3 and Waiver/CCOP program; MATRS/MARC program; Crisis Intervention Team; Community Support Program (CSP) – contracted out to Journey Mental Health; OWI Court; Outpatient AODA Services support; Treatment and Diversion Court. BHLTS works to rehabilitate individuals.

- Clint shared this video with the coalition to provide a good description of addiction:  
<https://www.youtube.com/watch?v=HUnGLgGRJpo>

**Adjournment** at 2:30 pm

**Next meeting: Thursday, April 19th, at 1pm at the Law Enforcement Center. We'll meet every other month: no March meeting.** Kate Young, Columbia County Crisis Coordinator, will discuss the mental health commitment process at our April meeting.