

About the Speaker:

Christine Cayo, OTR/L, C/NDT graduated from the University of Wisconsin with a degree in Occupational Therapy in 1981. She has extensive experience in the treatment of children, has worked in a variety of settings with children of all ages, and many diagnoses. For 20 years she worked as an assistant and instructor for Boehme workshops. Currently she is an instructor, active status, for the Neurodevelopment Therapy Association who teaches courses nationally and internationally. She continues to work with children on both outpt and cardiac ICU units at Milwaukee Children's hospital of Wisconsin. Participating and staying up to date in the area of research has been important to her throughout her career.

PARTICIPANT REQUIREMENTS:

This course is designed for OT/PT working with a population of children with neuro-motor issues. This is Introductory level.

NDTA CERTIFIED PRACTITIONERS:

**THIS COURSE MEETS CRITERIA
FOR APPLICATION TOWARD NDTA
RE-CERTIFICATION!**

www.GoMOTM.com 1-888-798-6686

info@GoMOTM.com

AOTA/ASHA Required Disclosure Statement :

***Financial:** Ms. Cayo receives an honorarium for teaching this course . She receives royalties from Clinicians View for her book, Treatment manual workbook for The Baby Course.” She also receives speaking fees from the NDTA and royalties for her online videos.*

***Non Financial:** Ms. Cayo is an active member of the NDTA, & the NDTA Instructors group and serves on various volunteer committees and advisory panels for the NDTA as well..*



Minds on the Move is a consulting, education and mentoring source for rehabilitation professionals. Our mission is to provide therapists with exceptional continuing education opportunities with minimal travel! Minds on the Move is extending learning opportunities throughout Texas. Send us an email at info@GoMOTM.com to get on our mailing list or to request a training at your facility or in your area. We look forward to hearing from you!



Proudly presents

ADDRESSING UNILATERAL, BILATERAL and BIMANUAL UPPER EXTREMITY FUNCTION in PEDIATRIC PRACTICE

Featuring:

Christine Cayo, OTR/L

C/NDT,

Pediatric NDTA Instructor

**November 8-9, 2019
Progressive Pediatric Therapy
Dallas, TX**

Course Description

In pediatric practice we often work on achieving improved functional use of the upper extremities for transitions, play, activities of daily living and communication. Activity limitations impeding independence occur due to a variety of impairments that impact the child's motor control. Inactivity of the postural system musculature effects the ability to accurately reach. Weakness, impaired length-tension relationships, atypical synergies of movement, inattention and / or sensory impairments can impact the child's ability to develop complex movement and function that our hands are designed to perform.

The intent of this two day course is to explore hands on, task, and environmental strategies to improve the child's awareness, alignment, activation, coordination, grading and strength of their upper extremities. Didactic material, videos, treatment labs, and problem solving discussions will be used to convey this information. Adjuncts to support treatment results and carry over suggestions will be incorporated each day.

This course offers credit toward re-certification hours for NDTA practitioners.

Learning objectives: At the completion of this course, participants will be able to:

- assess and articulate atypical upper extremity development.
- identify appropriate strategies to ready the child to participate in functional activities.
- explain effective treatment sequences that address alignment and activation efficiently and articulate their clinical decision making process.
- refine their handling skills specific to treatment of the upper extremity.
- describe a minimum of 5 carry-over strategies that can be incorporated into a family's daily routine.
- identify treatment adjuncts to utilize for treatment of particular impairments.



Presents:

ADDRESSING UNILATERAL, BILATERAL AND BIMANUAL UPPER EXTREMITY FUNCTION IN PEDIATRIC PRACTICE



Minds on the Move is an AOTA Approved Provider #6771 of continuing education. AOTA does not endorse specific course content, products, or clinical procedures.

AOTA Classification Code:OT Process Evaluation/Intervention

General Information:

When: 11/8-9/2019
Where: Progressive Pediatric Therapy-
Dallas, TX
Cost: \$450.00 , Early-Bird \$425 until
10/9/19, group rate available
Credit: AOTA contact 14 hrs, TPTA 14 CCU
Registration: Email us at info@GoMOTM.com,
or visit our website at
www.GoMOTM.com or Facebook
Cancellation: 14 day advanced notice required
in writing for refund.

Agenda - DAY 1

8:00-8:30	Sign-In, Pick-up Learning Material
8:30-9:30	Theoretical Framework
9:30-10:15	Levels of Touch/ Handling Lab
10:15-10:30	BREAK
10:30-12:00	Shoulder Girdle—What we need to know for treatment
12:00-1:00	Lunch on your own
1:00-2:45	Strategies to facilitate dynamic activation of shoulder girdle
2:45-3:00	Break
3:00-4:30	Strategy for shoulder girdle—labs
4:30-5:00	Effective Adjuncts to support shoulder girdle tx
5:00	Day One Wrap-up, Adjourn

DAY 2

8:30-9:15	The Elbow, Wrist and Forearm
9:15-10:45	Strategies to facilitate dynamic function of distal UE
10:45-11:00	Break
11:00-12:00	Treatment Strategies Lab (cont)
12:00-1:00	Lunch on your own
1:00-2:00	The Hand: What we need to know for tx
2:00-2:45	Strategies to facilitate dynamic function of hand
2:45-3:00	Break
3:00-4:00	Treatment Strategy Labs
4:00-4:30	Effective adjuncts for distal UE
4:30-5:00	Course evals/Course adjourns

Successful completion of this course is based upon 100% attendance. Partial credit is not available.

Contact us for additional info
including special accommodations
requests at
www.GoMOTM.com 1-888-798-6686
info@GoMOTM.com