



# Tame Your Rhino

Counseling for Social/Emotional Resiliency

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## INITIAL ASSESSMENT FOR CHILD OR ADOLESCENT

### IDENTIFYING INFORMATION

Date \_\_\_\_\_

Name of child \_\_\_\_\_

Sex \_\_\_\_\_ Home Language \_\_\_\_\_ Birth date \_\_\_\_\_

Place of Birth \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_

Name of Father \_\_\_\_\_ Occupation \_\_\_\_\_

Phone \_\_\_\_\_ email \_\_\_\_\_

Name of Mother \_\_\_\_\_ Occupation \_\_\_\_\_

Phone \_\_\_\_\_ email \_\_\_\_\_

As parent or legal guardian of \_\_\_\_\_, I authorize his/her evaluation and treatment.

I give permission for Carrie Evans, Licensed Clinical Social worker to work with my child (under age 15 years) regarding treatment issues, symptoms, behaviors or other information necessary for the treatment of my child.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

### PRESENTING CONCERNS:

#### Check all that apply:

- Very unhappy
- Irritable
- Temper outbursts
- Withdrawn
- Daydreaming
- Fearful
- Clumsy
- Overactive
- Slow
- Short attention span
- Distractible
- Lacks initiative
- Undependable
- Peer conflict
- Phobic

- Impulsive
- Stubborn
- Disobedient
- Infantile
- Mean to others
- Destructive
- Trouble with the law
- Running away
- Self-mutilating
- Head banging
- Rocking
- Shy
- Strange behavior
- Strange thoughts
- Fire setting

- Stealing
- Lying
- Sexual trouble
- School performance
- Truancy
- Bed wetting
- Soiled pants
- Eating problems
- Sleeping problems
- Sickly
- Drug use
- Alcohol use
- Suicide talk



How long have these problems occurred? (number of weeks, months, years) \_\_\_\_\_

What brings you to seek counseling at this time? \_\_\_\_\_

Problems perceived to be: \_\_\_ very serious \_\_\_ serious \_\_\_ not serious

What are your expectations of your child? \_\_\_\_\_

What changes would you like to see in your child? \_\_\_\_\_

What changes would you like to see in yourself? \_\_\_\_\_

What changes would you like to see in your family? \_\_\_\_\_

### **CURRENT FAMILY SITUATION:**

#### ***Mother/Father*** relationship to child

\_\_\_ natural parent \_\_\_ relative \_\_\_ step-parent \_\_\_ adoptive parent

Occupation \_\_\_\_\_ Education \_\_\_\_\_ Religion \_\_\_\_\_

Birthplace \_\_\_\_\_ Age \_\_\_\_\_

#### ***Father/Mother*** relationship to child

\_\_\_ natural parent \_\_\_ relative \_\_\_ step-parent \_\_\_ adoptive parent

Occupation \_\_\_\_\_ Education \_\_\_\_\_

Religion \_\_\_\_\_ Birthplace \_\_\_\_\_ Age \_\_\_\_\_

#### **Marital History of Parents:**

Natural parents: \_\_\_ married  
\_\_\_ separated when \_\_\_\_\_  
\_\_\_ divorced when \_\_\_\_\_  
\_\_\_ deceased M or F \_\_\_\_\_

Step-parents: \_\_\_ married when \_\_\_\_\_

**\*\*If there is a custody agreement involved, are there requirements regarding the child seeing a therapist?**

**Explain (or provide a copy of the agreement):** \_\_\_\_\_

If child is adopted:

Adoption source: \_\_\_\_\_

Reason and circumstances: \_\_\_\_\_

Age when child first in home: \_\_\_\_\_ Date of legal adoption: \_\_\_\_\_

What has the child been told? \_\_\_\_\_

LIVING ARRANGEMENTS: Places Dates

Number of moves in child's life \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has your child ever lived away from the family?  Yes  No

Explain: \_\_\_\_\_

What are the major family stresses at the present time, if any? \_\_\_\_\_  
\_\_\_\_\_

What are past family stressors/stressful events (since birth) \_\_\_\_\_  
\_\_\_\_\_

**BROTHERS and SISTERS (indicate if step-brothers or step-sister)**

Name	Age	Sex	School/Occupation	Present Grade
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____

Others living in the home (and their relationship): \_\_\_\_\_

**HEALTH OF FAMILY MEMBERS: (excluding patient)**

Does or did any member of the child's family have any problems with:

reading  writing  math  speech

If yes, please explain: \_\_\_\_\_

At what age? \_\_\_\_\_ Testing completed/When \_\_\_\_\_ Support service history \_\_\_\_\_

Is there any history in the child's family of:

add/adhd      epilepsy      mood disorder      other mental illness     (if yes, please explain)

**CHILD HEALTH INFORMATION:** List any conditions that your child has had or currently has.

	AGE	AGE
--	-----	-----

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> high fevers      |  | <input type="checkbox"/> dental problems         |
| <input type="checkbox"/> pneumonia        |  | <input type="checkbox"/> weight problems         |
| <input type="checkbox"/> flu              |  | <input type="checkbox"/> allergies               |
| <input type="checkbox"/> encephalitis     |  | <input type="checkbox"/> skin problems           |
| <input type="checkbox"/> meningitis       |  | <input type="checkbox"/> asthma                  |
| <input type="checkbox"/> convulsions      |  | <input type="checkbox"/> headaches               |
| <input type="checkbox"/> unconsciousness  |  | <input type="checkbox"/> stomach problems        |
| <input type="checkbox"/> concussions      |  | <input type="checkbox"/> accident prone          |
| <input type="checkbox"/> head injury      |  | <input type="checkbox"/> anemia                  |
| <input type="checkbox"/> fainting         |  | <input type="checkbox"/> high/low blood pressure |
| <input type="checkbox"/> dizziness        |  | <input type="checkbox"/> sinus problems          |
| <input type="checkbox"/> tonsils out      |  | <input type="checkbox"/> heart problems          |
| <input type="checkbox"/> vision problems  |  | <input type="checkbox"/> hyperactivity           |
| <input type="checkbox"/> hearing problems |  | <input type="checkbox"/> other illnesses, etc    |
| <input type="checkbox"/> earaches         |  |  |

**Has the child ever been hospitalized?**      Yes      No     **If yes, please explain:**

Age	How long	Reason
_____	_____	_____

Has the child ever been seen by a medical specialist?      Yes      No

Age	How long	Reason
_____	_____	_____

Has child ever taken, or is he/she taking presently any prescribed medications?      Yes      No

Age	How long	Reason
_____	_____	_____

Name of Primary Care Physician and /or Psychiatrist

\_\_\_\_\_

**DEVELOPMENTAL HISTORY:**

Normal pregnancy?  Yes  No

If mother ill or upset during pregnancy, explain: \_\_\_\_\_

Paternal support and acceptance: (explain) \_\_\_\_\_

Did child meet developmental milestones within normal age limits? Please explain any unique aspects to development: \_\_\_\_\_

**SOCIAL DEVELOPMENT:**

Check all that describe the type of interactions/ relationship to siblings and peers:

individual play  group play  competitive

cooperative  leadership role  a follower

Describe special habits, fears, or idiosyncrasies of the child: \_\_\_\_\_

Describe history and types of friendships demonstrated by your child: \_\_\_\_\_

**EDUCATIONAL HISTORY:**

Did child have any specific learning difficulties?  Yes  No

Has child ever had a tutor or other special help with school work?  Yes  No

Does child attend school on a regular basis?  Yes  No

Does child appear motivated for school?  Yes  No

**ACADEMIC PERFORMANCE:**

Highest grade on last report? \_\_\_\_\_

Lowest grade on last report? \_\_\_\_\_

Favorite subject? \_\_\_\_\_

Least favorite subject? \_\_\_\_\_

Does child participate in extracurricular activities?  Yes  No

Explain \_\_\_\_\_

Currently, how many friends does child have:  a lot  a few  none

Describe the frequency and level of engagement with current peers.  
\_\_\_\_\_

Describe your child's strengths or best qualities observed by you or noted by others \_\_\_\_\_

List your child's special interests, hobbies, skills:

\_\_\_\_\_

Describe your child's behavior when stressed \_\_\_\_\_

Explain how family members respond and/or child's patterns of self-soothing or problem solving: \_\_\_\_\_

\_\_\_\_\_