

Greater Columbia Behavioral Health Regional FYSPRT

Work Plan 2023-2024

Goal 1: Have adequate representation of youth, system and family partners on the Regional FYSPRT.

Actions Steps/Suggested strategy(s):

1. Make quarterly contact with WISe Providers
2. Outreach at other agencies/organizations
3. Outreach specifically designed for youth
4. Outreach specifically designed for families
5. Ensure meetings are youth and family friendly
 - a. **Those Assigned:** Tri-leads, Greater Columbia BH-ASO staff, Regional FYSPRT members
 - b. **Timeline for Completion:** December 31, 2024
 - c. **Desired Outcome:** 100% contract rate for system partner representation, 50% youth and family participation by the end of 2024
 - d. **Progress:** *Updated goal, new report, no progress to report at this time*

Goal 2: Decrease Stigma surrounding behavioral health and obtaining behavioral health care in our Region

Action Steps/Suggested strategy(s):

1. Have a presence at Health Fairs, Resource Fairs, Community Events
2. Will attend relevant community/coalition meetings regarding behavioral health care
3. Provide education and resources regarding behavioral health care to our region
4. Discuss ways to decrease stigma at meetings quarterly
5. Post behavioral health information on FYSPRT Facebook page and on FYSPRT website
6. Promote materials and information/education to address stigma
7. Delegate outreach to FYSPRT members using who they know to work to decrease stigma and provide outreach as needed
 - a. **Those Assigned:** Tri-leads, Greater Columbia BH-ASO staff, FYSPRT members, community partners/organizations
 - b. **Timeline for Completion:** December 31, 2024
 - c. **Desired Outcome:** By the end of 2024, there will be decreased stigma surrounding behavioral health in our region.
 - d. **Progress:** *New goal, no progress to report.*

Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment

- 1) 988 Sticker design “competition” project for 2023

Action Steps/Suggested strategy(s):

1. Coordinate with community partners
2. Brainstorm community activities
3. Use Regional FYSPRT meetings for planning and outreach
4. Use social media for outreach and promotion
5. Coordinate with local providers/schools/agencies to promote projects
6. Participate in community events and coalitions as relevant
 - a. **Those Assigned:** Tri-leads, Greater Columbia BH-ASO staff, FYSPRT members, Managed Care Organizations, community partners, agencies, schools
 - b. **Timeline for Completion:** December 31, 2024
 - c. **Desired Outcome:** Complete 1 project per year
 - d. **Progress:** *New goal, project has not been completed*

Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGTBQA+

Action Steps/Suggested strategy(s):

- 1) Participate in coalitions/meetings/events that work to improve behavioral health for underserved and underrepresented communities
- 2) Provide relevant trainings to FYSPRT members on supporting those who identify LGTBQA+
- 3) Connect with LGTBQA+ support groups and invite group to attend meetings
- 4) Use inclusive language
- 5) Develop and complete projects that promote inclusivity
 - a. **Those Assigned:** FYSPRT Convener, Tri-Leads, FYSPRT members, System Partners, Families, Youth, community members
 - b. **Timeline for Completion:** December 2024
 - c. **Desired Outcome:** Make the regional FYSPRT an inclusive group and increase participation for those who identify as LGTBQA+
 - d. **Progress:** New goal, to be determined
 - e. **Current stats:** To be determined