

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>No School Labor Day</p>	<p>3</p> <p>*PIGS IN BLANKET (Crescent Roll & Hot Dog) Tater tots Pears Milk</p>	<p>4</p> <p>*PEPPERONI PIZZA Green beans Peaches Milk</p>	<p>5</p> <p>*CHICKEN PATTY ON A BUN Baked beans Applesauce Milk</p>	<p>6</p> <p>*TACO MEAT, CHEESE, & TORTILLA CHIPS Romaine lettuce salad Fresh fruit Milk</p>
<p>9</p> <p>*POPCORN CHICKEN Tater tots Pears Milk</p>	<p>10</p> <p>*ENGLISH MUFFIN PIZZA Carrots Peaches Milk</p>	<p>11</p> <p>*HOT DOG ON A BUN Chili soup with crackers Pear Milk</p>	<p>12</p> <p>*CHEESEBURGER ON A BUN Broccoli & carrots Applesauce Milk</p>	<p>13</p> <p>*SALISBURY STEAK Mashed potatoes Dinner Roll Fresh fruit Milk</p> <p>*Purse Bingo at the K of C</p>
<p>16</p> <p>*PIGS IN A BLANKET (crescent roll & hot dog) Tater tots Applesauce Milk</p>	<p>17</p> <p>*CHICKEN & NOODLES Mashed potatoes Dinner roll Apricots Milk</p>	<p>18</p> <p>*PEPPERONI PIZZA Green beans Peaches Milk</p>	<p>19</p> <p>*CORN DOG Baked beans Fresh fruit Milk</p> <p>*K, 1st, 2nd Gr. Zoo Field Trip</p>	<p>20</p> <p>*CHICKEN NUGGETS Carrots Applesauce Milk</p>
<p>23</p> <p>*SALISBURY STEAK Mashed potatoes Dinner roll Fresh fruit Milk</p> <p>*3rd Gr. Stoneco Field Trip</p>	<p>24</p> <p>*POPCORN CHICKEN Carrots Peaches Dessert Milk</p>	<p>25</p> <p>*MACARONI & CHEESE Broccoli & carrots Muffin Fruit Milk</p>	<p>26</p> <p>*SAUSAGE PATTIES Hash browns OJ French toast sticks Milk</p> <p>*4th Gr. Cows & Plows Field Trip</p>	<p>27</p> <p>*TACO MEAT, CHEESE & CHIPS Refried beans Romaine lettuce Fruit Milk</p> <p>*Bread & Bowl</p>
<p>30</p> <p>*CHEESEBURGER ON BUN Tater tots Applesauce Milk</p>	<p>SUBSTITUTES* September 3-13 Chicken Nuggets September 16-30 Grilled Cheese Sandwich Lunch Price (includes a milk): \$2.75 Milk Price (for packers): \$.50</p> <p>USDA is an equal opportunity provider and employer. **menu subject to unexpected changes</p>	<p>Carbohydrates in Grams: White Milk 1% 13g Chocolate Milk Fat Free 20g ½ Banana 14g Apple 22g Orange 11g Carrots 0g</p>	<p>Applesauce 20g Pears 16g Romaine Lettuce Salad 0g Pineapple 20g Green Beans 5g Baked Beans 25g Refried Beans 18g</p>	

St. Mary's School *September 2019* Lunch Menu