

Southwest Medical Center presents

#BREAKTHESILENCE 5K

SUPPORTING SWSAS



SATURDAY, APRIL 22

Registration: 8:30 a.m. - 9:30 a.m.

Walk Time: 9:30 a.m. Run Time: 10 a.m.

North Blue Bonnet Park

Liberal, Kansas



This 5K course is a timed race with awards for top finishers in each age division, along with door prizes. Three pairs of athletic shoes will be awarded courtesy of **Brown's Shoe Fit - Liberal**.

REGISTRATION: Adult - \$30 • Youth (16 & under) - \$15
Register by **April 10th** to receive a free t-shirt.
Event day registration - \$40 adult, \$20 youth.

Register online at:  **Active.com**

SWSAS is proud to be
an agency of the:

**United
Way**



Seward County United Way

ABOUT

Proceeds support **SWSAS** - Southwest Sexual Assault Services - established at Southwest Medical Center in Liberal. SWSAS is comprised of trained Sexual Assault Nurse Examiners (SANE's) who provide medical forensic exams for victims of sexual assault in Southwest Kansas and surrounding areas. Funds raised support continued educational training and equipment needs for this service.