

Join Us!
Every Thursday & Sunday

comedy Pilates Mat

with Anthony Durante

ONGOING SMALL GROUP TRAINING

Thursdays 10:30am - 11:30am

Sundays 10:10am - 11:10am

Drop-in: \$30 • Class Card 5 sessions • \$120



at BodyVibeStudio.com, San Rafael

**COMEDY
IS A GREAT
WAY TO
TAKE
FITNESS
SERIOUSLY**

PILATES MAT

- Core Tone & Strength
- Personalized for you
- Body Functionality
- Alignment Coaching



FITNESS WITH ANTHONY

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