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## Triangle North Healthcare Foundation Awards Grants for Health Impact

Triangle North Healthcare Foundation's Board of Directors has awarded nine grants totaling \$325,000 for programs that will impact health throughout the region. Since beginning grantmaking in 2013, the Foundation has invested over \$2 million in grants for improving health throughout the four-county region. The nine new grant programs fall into one or more of the Foundation's five focus areas, which are Child Well-Being, Chronic Disease, Mental Health and Substance Use Disorder, Nutrition and Physical Fitness, and Reproductive Health.

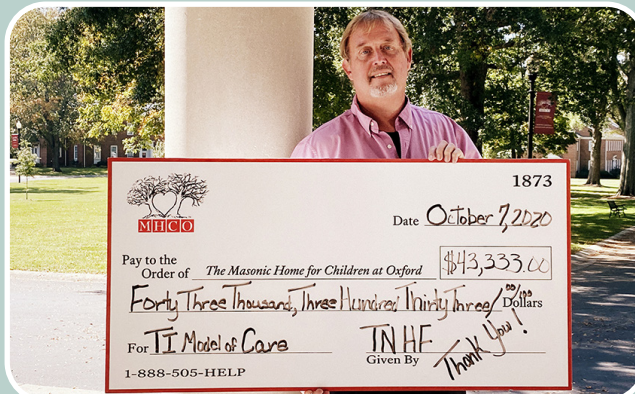
"The primary purpose of our grantmaking is to invest in organizations that share our mission to improve health in our region," said Val Short, executive director for the Foundation. "Our hope is that these grant awards will result in improved health and healthier outcomes for children and adults in Vance, Warren, Granville, and Franklin counties," said Short.

The TNHF grantees will provide a broad range of approaches to improving health- from programs that heal and support victims of trauma; programs that teach and promote healthy lifestyles and choices; and programs that provide care, treatment, and support for those with addiction disorders. "In all of our grant programs, health and wellness are at the heart of the work they will do," said Short.

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Donyell (DJ) Jones, CEO of Boys & Girls Clubs of North Central North Carolina, with grant award for Triple Play, a daily health and wellness program for club members.



Masonic Home for Children at Oxford, will use grant funds to implement year one of a three year staff training program, Trauma Informed Model of Care. Administrator Kevin Otis with the award.

## Our Mission

To encourage, support and invest in quality efforts that measurably improve health in the Triangle North Region.

## Our Vision

To live in a healthy community.

## Our Focus Areas

The Foundation gives priority to grant projects that will have a positive impact and improve health in these priority areas:

- Chronic Disease
- Nutrition & Physical Fitness
- Mental Health & Substance Abuse
- Reproductive Health
- Child Well-Being

**2021-2022  
grant cycle  
opens  
March 1, 2021.**

Contact us to discuss your grant ideas,

**252-430-8532.**

Go to the Foundation's website,

**[www.tnhfoundation.org](http://www.tnhfoundation.org),**

to review our grantmaking policies, funding priorities and eligibility requirements.



*NC MedAssist will once again provide the Free Pharmacy Program and Over-the Counter Giveaway to residents in the Triangle North Region. Pictured are NC MedAssist Executive Director Lori Giang and Lakeshia McNair, Development Director.*

The list of the TNHF grant recipients and their projects for 2020-21 includes:

- **NC MedAssist** – *Mobile and Free Pharmacy Services for Low Income, Uninsured in the TNHF Region* - provides free medications via mail for low income and uninsured individuals in the Triangle North Region. In addition, an over-the-counter medicine giveaway will be implemented in 2021 in Vance County.

- **Shepherd Youth Ranch** – *Trail to Success* – provides skill building for youth suffering from grief, loss, abandonment and abuse. Partial scholarships will be provided to 10 youth who are referred by the school system or law enforcement who will enter into an intensive 24-week program, which consists of weekly group and monthly family sessions in a unique program that uses horses to help with therapy.

- **Strength and Mending (S.a.M) Child Advocacy Center** – *Child Forensic Interviews* – provides a centralized, child-centered approach to investigation that reduces the risk of trauma to the children who are victims of abuse; increases opportunities for healing for the child and non-offending family members.

- **TROSA (Triangle Residential Options for Substance Abusers, Inc.)** – *Long-Term Substance Abuse Recovery for Triangle North Residents* – provides a two-year residential recovery program with treatment, education, vocational training and care for residents of the Triangle North region who suffer from alcohol and substance abuse, free of charge.

In a second grant program, *Adverse Childhood Experiences, Trauma, and Substance Abuse*, TROSA will conduct research and analysis on the trauma history of their residents by using an Adverse Childhood Experiences (ACEs) questionnaire and the Perceived Stress Scale. Utilizing the data they collect, TROSA will incorporate trauma-informed care in all of their programs plus develop and implement a new resilience program for residents.

- **Granville-Vance Public Health** – *Expansion of Pregnancy Prevention Education and Youth-Friendly Reproductive Health Services* – is a comprehensive sexual health leadership program at Vance County Middle School and with middle school students in Boys & Girls Clubs. In addition, the program will improve the clinical setting at GVPH to expand access to youth-friendly reproductive health services where teens receive acceptable, equitable, effective counseling and services from competent staff that protect the teen's confidentiality and privacy. The program will also improve access to patient educational resources for service providers as well as parents seeking information on youth sexual health.

In a second grant program, *Medication Assisted Treatment for Opioid Use Disorder for the Uninsured 2.0*, is an expansion of a previously funded program that will increase initial access to medication assisted treatment (MAT) for opioid use disorder for 15 new uninsured patients at Granville Vance Public Health (GVPH) and expand services to include mental health and comprehensive preventive care.

- **Boys & Girls Clubs of North Central NC** – *Triple Play* – is a daily health & wellness program for ages 5-18 in the Triangle North region that increases the daily

physical activity of children, teaching good nutrition and helping them to develop healthy relationships. Activities include helping club members acquire healthy habits such as making smart food choices, understanding portion sizes, and creating fun, balanced meals. The program builds skills related to fitness and positive lifestyle changes and promotes physical activity through fun daily fitness routines and consciously incorporating elements of belonging, usefulness, influence and competence.

• **Masonic Home for Children at Oxford** – *Trauma-Informed Model of Care* – is a staff training program that will ensure all care and services for children at Masonic Home will be evidence-based, trauma informed, and resiliency-focused. Utilizing Cornell University's Residential Child Care Project to implement and integrate the Children And Residential Experiences (CARE) program model, the training will be led by two professionals from Cornell University who will train five Masonic Home facilitators. The remainder of the staff will be trained by the Cornell-trained facilitators. Cornell CARE consultants and MHCO CARE educators will continue to train new and current staff and implement the model, monitor data collection, and analyze, assess and make recommendations.

Triangle North Healthcare Foundation is a regional healthcare grantmaking organization, which was established in November, 2011 after Maria Parham Medical Center merged with the for-profit Duke LifePoint organization. The Foundation's grants are made possible by the endowment that was created from the assets of the former nonprofit hospital.

More information about the Foundation and future grant cycles is available at the website, [www.tnhfoundation.org](http://www.tnhfoundation.org).



## Foundation Continues to Respond to COVID-19 Needs

The Board of Directors of Triangle North Healthcare Foundation have awarded additional grants to respond the COVID-19 pandemic. Those projects include:

**Working Landscapes** for funding to extend their previously funded *healthy, local meals program*. This public private partnership with Turning Point Community Development Corporation, On Main Southern Eatery, and John 3:16 Center provided ready-to-heat weekend meals, free of charge, to 200 families who have an expressed need for food assistance during the pandemic. Participants were identified by community-based organizations

and fell into at least one of these categories:

1. Families with children that qualify for free school lunches;
2. Individuals with medical or mobility challenges that make it difficult for them to access food assistance;
3. Households that have lost income during the pandemic.

In addition, 125 individual sized meals were provided each week to low-income residents served by the Warren County Senior Center.

**Christian Faith Center** was awarded funds for *Pandemic Technology Assistance Drive* that will provide funds to purchase 35 laptops so students will not fall behind in their educational assessments and learning tools.

**Special Olympics North Carolina** received funds to provide support for an in-home training program, *Partner Up Power Up*, that provides at-home resources, virtual workouts and activities, as well as guidelines for some in-person practice opportunities. The training program will run from September – November and then again from March – May, with monthly challenges in between to keep connecting and supporting Special Olympic athletes from their homes. This project will serve individuals in Franklin, Vance & Warren counties.

**Turning Point Community Development Corporation** will use grant funds to purchase *100 produce boxes for 7 weeks to distribute to food-insecure individuals and families*. The purpose of the produce boxes is to provide access to healthy and nutritious food during the COVID-19 pandemic. Each week the box includes 6-10 different types of fruits and vegetables, depending upon the season. The box is designed to include enough produce to feed a family of four for at least one week. The box also includes a "Simple + Beneficial" recipe that can be achieved by using the ingredients in the box.

Since the Foundation launched the COVID -19 Relief Fund in April of 2020, over \$123,000 has provided support for six organizations for seven projects, all serving residents in the Triangle North region.

The Foundation Board will launch a second relief fund in early 2021 through a Community Response Grant program. Details and application instructions will be posted at [www.tnhfoundation.org](http://www.tnhfoundation.org).

## *Community Collaborative Launched for Vance Nonprofits*

Triangle North Healthcare Foundation, the Henderson-Vance Chamber of Commerce and The Salvation Army are leading an effort to form a united front in addressing community issues. The three organizations are working to help community organizations to coordinate their services and activities. Known as the Community Collaborative of Vance County, its mission is to serve as a catalyst for active change that collectively creates a stronger, healthier and more compassionate community. Individuals from the nonprofit sector, government, law enforcement health and education are involved.



Organizers feel that our community is stronger when everyone works together. The Community Collaborative of Vance County unites various sectors to address critical needs, promote volunteerism, support networking, encourage partnerships, and connect resources.

Diversity and inclusive respect among partners and members are core values. The Community Collaborative strives to reflect the many cultures, races, backgrounds, and lifestyles that proudly make up Vance County.

Interested organization who would like to be included in the monthly meetings should contact the Foundation at 252-430-8532.