2023-2024 P.V.I.A.C. INDOOR TRACK

PVIAC Alignment (Hy-Tek abbreviation) (2023-25 MIAA alignment)

Pioneer North

- 1. Amherst (AMHR) (D3)
- 2. Central (CENT) (D2)
- 3. E. Longmeadow (ELNG) (D4)
- 4. Longmeadow (LONG) (D3)
- 5. Minnechaug (MINN) (D3)
- 6. Northampton (HAMP) (D3)
- 7. Spfld. Int'l. Charter (SICS) (D5)
- 8. Sci-Tech (SCIT) (D?)

Valley North

- 1. Southwick (SWCK) (D5)
- 2. Hampshire Reg. (HMPS) (D5)
- 3. Mahar (MAHR) (D5)
- 4. Mohawk (MOHK) (D5)
- 5. Pope Francis (POPE) (D4)
- 6. Frontier (FRON) (D5)
- 7. South Hadley (SHAD) (D5)

Pioneer South

- 9. Agawam (AGWM) (D3)
- 10. Chicopee Comp (COMP) (D3)
- 11. Chicopee (CHIC) (D4)
- 12. Holyoke (YOKE) (D3)
- 13. Putnam (PUTN) (D3)
- 14. W. Springfield (WSPR) (D3)
- 15. Westfield (WFLD) (D3)
- 16. Ludlow (LUDL) (D4)

Valley South

- 8. Athol (ATHL) (D5)
- 9. Baystate Academy (BAYS) (D5)
- 10. Commerce (COMM) (D5)
- 11. Greenfield (GRNF) (D5)
- 12. Hamp. Chart. East (EAST) (D5)
- 13. Hamp. Chart. West (WEST) (D5)
- 14. Pioneer (D5)

Schedules and Important Dates

December 5 (Tuesday) 9:00PM - DEADLINE for TrackCentral electronic team roster submission. NO ATHLETES ENTERED AFTER 12/5 WILL BE ALLOWED TO COMPETE IN THE FIRST MEET! NO EXCEPTIONS!! NO mailed, hand delivered, e-mailed, faxed or phoned-in rosters will be accepted. If unfamiliar with the use of your school's PVIAC subscription to TrackCentral please contact Matt Sandberg at Matt@TrackCentral.net).

At this time coaches must submit the following information <u>ONLY</u>:

- 1. <u>Correctly spelled</u> ATHLETE'S First & Last NAME using the standard English language convention of an UPPER CASE LETTER at the start of the name and lower case letters for the remainder of the name. Please do not submit names in all upper case or all lower case.
- 2. GRADE IN SCHOOL -- Names submitted without grade in school

will not be entered in the data base and will not be considered a part of your roster! Double check your roster entry before sending it.

DO NOT enter events or seed performances AT THIS TIME!

Please do not submit your roster early and then make multiple additions or corrections. Please wait until you are very sure that it is relatively stable and unlikely to change much before the first meet.

REPEATED FOR EMPHASIS

- 1. Your roster submission **MUST** include each athlete's <u>correctly spelled FIRST</u> name in the space for FIRST name, and the athlete's correctly spelled LAST name in the space for LAST name. Please use an upper case first letter and lower case after that. Please do not use all upper case letters or all lower case letters or any combination other than the standard English language convention for names. Please take the time and make the effort to do this correctly we do not have the time to correct careless mistakes!
- 2. Your roster submission MUST include each athlete's grade in school. Do not forget this piece of information or your athlete(s) will not be entered in the database.
- **3.** Submit your entry no later than 9:00PM, Friday, December 8 or you will have no one participating in the first meet!
- 4. REMEMBER: entering your roster or weekly entries in your computer is not enough! You must **EXPORT** your roster in order for me to have it in my computer!

2023-24 PVIAC INDOOR TRACK SCHEDULE

December 5, 2023 (Tuesday)

9:00 PM DEADLINE for initial TrackCentral electronic team roster submission.

December 8, 2023 (Friday)

9.00PM Meet #1 entries due

December 10, 2023 (Sunday) Meet #1

EARLY- 10:00 AM

Pioneer League- East Longmeadow BYE, Comp v. Chicopee, Comp v. Longmeadow, Comp v. Westfield, Chicopee v. Minnechaug, Chicopee v. West Springfield, Holyoke v. Longmeadow, Holyoke v. West Springfield, Holyoke v. SciTech, Longmeadow v. Westfield, Minnechaug v. West Springfield, Minnechaug v. SciTech, West Springfield v. SciTech

Valley League- Greenfield BYE, Athol v. Hampshire, Athol v. Mahar, Hampshire v. Hampden Charter East, Mahar v. Commerce, Mahar v. Hampden Charter East, Commerce v. Hampden Charter East

LATE- Time- 1:30PM

Pioneer League- Putnam BYE, Agawam v. Amherst, Agawam v. Central, Agawam v. Ludlow, Amherst v. Springfield Charter, Amherst v. Ludlow, Central v. Northampton, Central v. Springfield Charter, Northampton v. Ludlow, Northampton v. Springfield Charter

Valley League- Frontier BYE, Mohawk v. Pope Francis, Mohawk v. Southwick, Mohawk v. Hampden Charter West, Pope Francis v. Baystate, South Hadley v. Southwick, Southwick v. Hampden Charter West, Pope Francis v. Pioneer, South Hadley v. Pioneer, Baystate v. Pioneer

December 12 (Tuesday)

9:00PM – LATE ROSTER ADDITION DEADLINE for TrackCentral electronic team roster additions. NO ADDITIONAL ATHLETES MAY BE ADDED TO TEAM ROSTER AFTER 12/15. NO EXCEPTIONS!!

December 15, 2023 (Friday)

9:00PM Meet #2 entries due.

December 17, 2023 (Sunday) Meet #2

EARLY- 10:00 AM

Pioneer League- Northampton BYE, Agawam v. Springfield Charter, Amherst v. Putnam, Amherst v. Westfield, Central v. Putnam, Central v. West Springfield, Central v. SciTech, Putnam v. Westfield, Putnam v. Ludlow, Springfield Charter v. Ludlow, Westfield v. West Springfield, Westfield v. SciTech, West Springfield v. Ludlow

Valley League- Southwick BYE, Mohawk v. Frontier, Mohawk v. South Hadley, Mohawk v. Baystate, Pope Francis v. South Hadley, Frontier v. Baystate

LATE- 1:30 PM

Pioneer League- Longmeadow BYE, Comp v. East Longmeadow, Comp v. Holyoke, Comp v. Minnechaug, Chicopee v. Holyoke, East Longmeadow v. Minnechaug

Valley League- Commerce BYE, Athol v. Hampden Charter East, Hampshire v. Greenfield, Hampshire v. Hampden Charter West, Mahar v. Greenfield, Mahar v. Pioneer, Greenfield v. Hampden Charter West, Hampden Charter West v. Pioneer,

January 5, 2024 (Friday)

9:00PM Meet #3 entries due.

January 7, 2023 (Sunday) Meet #3

EARLY- 10:00 AM

Pioneer League-Central BYE, Agawam v. Chicopee, Agawam v. East Longmeadow, Amherst v. Chicopee Comp, Chicopee Comp v. Ludlow, Chicopee v. Westfield, Chicopee v. Ludlow, East Longmeadow v. Westfield, East Longmeadow v. West Springfield, Sci-Tech v. Ludlow

Valley League- Baystate BYE, South Hadley v. Commerce, South Hadley v. Greenfield, South Hadley v. Hampden Charter East, Southwick v. Hampden Charter East, Commerce v. Greenfield

LATE- 1:30 PM

Pioneer League- Minnechaug BYE, Holyoke v. Northampton, Holyoke v. Putnam, Holyoke v. Springfield Charter, Northampton v. Putnam, Longmeadow v. Springfield Charter

Valley League- Mahar BYE, Athol v. Pope Francis, Athol v. Frontier, Hampshire v. Mohawk, Pope Francis v. Hampden Charter West, Frontier v. Hampden Charter West, Frontier v. Pioneer

January 12, 2024 (Friday)

9:00PM Meet #4 entries due.

January 14, 2023 (Sunday) Meet #4

EARLY- 10:00 AM

Pioneer League- Westfield BYE, Central v. Chicopee, Chicopee v. East Longmeadow, Chicopee v. Longmeadow, East Longmeadow v. Holyoke, East Longmeadow v. Longmeadow, Central v. Ludlow, East Longmeadow v. Ludlow

Valley League- Hampden Charter East BYE, Athol v. Mohawk, Athol v. Commerce, Hampshire v. Baystate, Hampshire v. Commerce, Mohawk v. Greenfield, Baystate v. Commerce, Baystate v. Greenfield, Athol v. Pioneer, Hampshire v. Pioneer, Greenfield v. Pioneer, Mohawk v. Pioneer

LATE- 1:30 PM

Pioneer League- Springfield Charter BYE, Agawam v. Comp, Agawam v. Northampton, Agawam v. West Springfield, Agawam v. SciTech, Amherst v. Minnechaug, Amherst v. Northampton, Amherst v. West Springfield, Amherst v. SciTech, Comp v. Putnam, Comp v. West Springfield, Comp v. SciTech, Minnechaug v. Northampton, Minnechaug v. Putnam, West Springfield v. Putnam

Valley League- Hampden Charter West BYE, Mahar v. Pope Francis, Pope Francis v. Frontier, Pope Francis v. Southwick, Frontier v. South Hadley, Frontier v. Southwick

January 19, 2024 (Friday)

9:00PM Meet #5 entries due.

January 21, 2024 (Sunday) Meet #5

EARLY- 10:00 AM

Pioneer League- Holyoke BYE, Longmeadow v. Northampton, Longmeadow v. Putnam, Longmeadow v. West Springfield, Longmeadow v. SciTech, Minnechaug v. Springfield Charter, Minnechaug v. Westfield, Springfield Charter v. Westfield, Springfield Charter v. West Springfield, Springfield Charter v. SciTech

Valley League- Athol BYE, Hampshire v. Pope Francis, Hampshire v. Frontier, Mahar v. Mohawk, Mahar v. Frontier

LATE- 1:30 PM

Pioneer League- Agawam BYE, Amherst v. Chicopee, Amherst v. East Longmeadow, Central v. Comp, Central v. East Longmeadow

Valley League- South Hadley BYE, Southwick v. Commerce, Southwick v. Greenfield, Baystate v. Hampden Charter East, Baystate v. Hampden Charter West, Hampden Charter East v. Hampden Charter West, Southwick v. Pioneer, Hampden Charter East v. Pioneer

January 26, 2024 (Friday)

9:00PM Meet #6 entries due

January 28, 2023 (Sunday) Meet #6

EARLY- 10:00 AM

Pioneer League- Amherst BYE, Agawam v. Holyoke, Agawam v. Westfield, Central v. Longmeadow, Central v. Minnechaug, Central v. Westfield, Holyoke v. Minnechaug, Holyoke v. Westfield, Holyoke v. Ludlow, Longmeadow v. Ludlow, Westfield v. Ludlow

Valley League- Mohawk BYE, Pope Francis v. Commerce, Pope Francis v. Greenfield, Pope Francis v. Hampden Charter East, Frontier v. Greenfield, Frontier v. Hampden Charter East, Greenfield v. Hampden Charter East, Commerce v. Pioneer

LATE- 1:30 PM

Pioneer League- Comp BYE, Chicopee v. Northampton, Chicopee v. Putnam, Chicopee v. Springfield Charter, Chicopee v. SciTech, East Longmeadow v. Putnam, East Longmeadow v. Springfield Charter, East Longmeadow v. Sci-Tech, Northampton v. West Springfield, Northampton v. SciTech, Putnam v. Springfield Charter, Putnam v. SciTech

Valley League- Hampshire BYE, Athol v. South Hadley, Athol v. Hampden Charter West, Mahar v. Southwick, Mahar v. Baystate, Mahar v. Hampden Charter West, South Hadley v. Baystate, South Hadley v. Hampden Charter West

February 2, 20234 (Friday) 9:00PM

9.00PM Meet #7 entries due

February 4, 2023 (Sunday) Meet #7

EARLY- 10:00 AM

Pioneer League- West Springfield BYE, SciTech BYE, Agawam v. Longmeadow, Agawam v. Minnechaug, Agawam v. Putnam, Amherst v. Central, Amherst v. Holyoke, Amherst v. Longmeadow, Central v. Holyoke, Longmeadow v. Minnechaug, Minnechaug v. Ludlow

Valley League- Pope Francis BYE, Mohawk v. Commerce, Mohawk v. Hampden Charter East, Frontier v. Commerce, Commerce v. Hampden Charter West

LATE- 1:30 PM

Pioneer League- Chicopee BYE, Comp v. Northampton, Comp v. Springfield Charter, East Longmeadow v. Northampton, Northampton v. Westfield

Valley League- Pioneer BYE, Athol v. Southwick, Athol v. Baystate, Athol v. Greenfield, Hampshire v. Mahar, Hampshire v. South Hadley, Hampshire v. Southwick, Mahar v. South Hadley, Southwick v. Baystate

F.Y.I. – The following meets are not PVIAC meets!

2023-24 MIAA Post Season Schedule

All MIAA meets require athletes to meet a qualifying standard. Qualifying standards vary from division to division – check the MIAA website for your correct division and qualifying standards. All MIAA meet entries to be done through Direct Athletics (NOT trackCentral.net!).

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Meet

2023-24 Massachusetts State Track Coaches Association Indoor Schedule

The PVIAC League Director *strongly* encourages all coaches and assistant coaches to join the MSTCA, however, participation in an MSTCA event <u>does not</u> require MSTCA membership. Entry into all MSTCA events <u>does</u> require a school to file a SINGLE WAIVER FORM which can be downloaded from the MSTCA website (<u>www.mstca.org</u>). Some MSTCA events have qualifying standards or guidelines. Meet details and entry information can be found on the MSTCA website.

Saturday	December 9 December 10 December 16 December 17	10:00	Winter Festival- large schools
Sunday		10:00	Winter Festival- small schools
Saturday		10:00	Speed Classic- small schools
Sunday		10:00	Speed Classic – large schools
Thursday	December 28	8/10:00	Distance Classic
Saturday	January 6	10:00	Frosh/Soph Meet- small schools
Sunday	January 7	10:00	Frosh/Soph Meet- large schools
Friday	January 12	4:00	Northeast Invitational Day 1
Saturday	January 13	10:00	Northeast Invitational Day 2
Sunday	January 14	10:00	Northeast Invitational Day 3
Friday	January 19	4:00	MSTCA Relays- D5
Saturday	January 20	9:00	MSTCA Relays- D1
Saturday	January 20	3:00	MSTCA Relays- D2
Sunday	January 21	9:00	MSTCA Relays- D3
Sunday	January 22	3:00	MSTCA Relays- D4
Saturday	January 27	10:00	State Coaches Inv large schools
Sunday	January 28	10:00	State Coaches Inv small schools
Saturday	February 10	10:00	Last Chance Qualifier Rising Stars Meet Boys Pentathlon Girls Pentathlon
Tuesday	February 13	10:00	
Tuesday	February 27	3:30	
Wednesday	March 28	3:30	