

- BB-13 Narrative Therapy w/ Substance Abusers 14 hours**
Objectives: This course provides a background in the implications and applications of narrative therapy with substance abusing clients.
Text: Narrative Means To Sober Ends by Jonathan Diamond, Ph.D. ISBN-10: 1572308354
- BB-14 Pragmatic Brief Therapy 14 hours**
Objectives: This course provides you with a post-modern perspective of brief therapy, moving to where purpose, preferences, and possibilities in therapy can emerge.
Text: Recreating Brief Therapy by John L. Walter & Jane E. Peller ISBN: 0393703258
- BB-15 Brief Therapy: Theory & Practice 16 hours**
Objectives: This course provides a more extensive and broader understanding of the basis and practice of providing brief therapy.
Text: Theory and Practice of Brief Therapy by Simon H. Budman & Alan S. Gurman ISBN: 1572308214
- BB-16 Brief Therapy III 14 hours**
Objectives: The first counseling session is key for the future success in treatment. This course examines how to put as much into and get as much out of that first critical session.
Text: The First Session in Brief Therapy by Simon H. Budman, Michael F. Hoyt & Steven Friedman (ed.) ISBN: 0898621380
- BB-17 Cognitive Therapy w/ Children & Adolescents 14 hours**
Objectives: This course examines the use and efficacy of cognitive therapy theory and techniques with children and adolescents.
Text: Clinical Practice of Cognitive Therapy with Children & Adolescents by Robert D. Friedberg, et. al. ISBN: 1572307234
- BB-18 Family Intervention 12 hours**
Objectives: This course lays out how prepare for and implement a successful family intervention in the addict's life.
Text: Training Families to Do a Successful Intervention by Alexandra Robbin, et. al. ISBN: 1562461168
- BB-19 Addiction, Intervention & Treatment 12 hours**
Objectives: This course studies the challenges and opportunities that exist in intervening in the life of substance abusers in various settings include the courts, medical clinics, etc.
Text: Addiction Intervention: Strategies to Motivate Treatment-Seeking Behavior by Robert K. White & Deborah George Wright (ed) ISBN: 0789004348
- BB-20 Crisis Counseling & Brief Therapy 14 hours**
Objectives: This course studies how cognitive therapy can be implemented in various settings, addressing various problems/issues when dealing with clients in crisis in a time-limited setting.
Text: Crisis Intervention & Time-Limited Cognitive Treatment by Albert R. Roberts ed. ISBN: 0803956304
- BB-21 Brief Group Therapy w/ Substance Abusers 12 hours**
Objectives: This course examines how to provide quality, outcome-based and problem-solving group therapy with alcohol and drug abusing clients.
Text: Brief Strategic Problem-Solving Group Therapy: Making Group Therapy Work in the Managed Care Environment by Terence T. Gorski ISBN: 0830907165
- BB-22 Eclectic Therapy 14 hours**
Objectives: This course is a pragmatic examination of the how the various approaches and theories about human behavior and mental disorders can effectively be used in providing therapy with clients.
Text: Integrative Therapy: A Practitioner's Guide by Maja O'Brien & Gaie Houston ISBN: 9781412912112
- BB-23 System Theory in Therapy 12 hours**
Objectives: This course examines the theory and the application of Systems Theory in the treatment of families and individuals.
Text: Systems Theory & Family Therapy: A Primer by Raphael J. Becvar ISBN: 0761812954
- BB-24 Eclectic Therapy II 16 hours**
Objectives: This course pulls together family, individual and medical/biological aspects involved in providing counseling services to clients.
Text: Integrative Problem-Centered Therapy: A Synthesis of Family, Individual, and Biological Therapies by William M. Pinsof ISBN: 0465033288
- BB-25 Systems Approach w/ Addiction 18 hours**
Objectives: This course examines how to best utilize the health and social systems to help bring about change in the addicted client's life.
Text: Changing Substance Abuse through Health & Social Systems by William R. Miller ISBN: 0306472562

BB-37 Rapid Behavior Change & Counseling

12 hours

Objectives: This course studies how some individuals make sudden and dramatic changes in their lives and it's implications for counseling theory and practice.

Text: Quantum Change: When Epiphanies and Sudden Insights Transform Ordinary Lives by William R. Miller & Janet C'de Baca
ISBN: 1572305053

BB-38 Sexual Issues In Therapy

14 hours

Objectives: Lesbian, gay, bisexual and transgendered clients have special issues and needs when receiving counseling and treatment. This course helps you to better understand such clients so you can better meet those needs.

Text: Issues in Therapy with Lesbian, Gay, Bisexual & Transgendered Clients by Charles Neal, et. al. ISBN: 0335203310

BB-39 The Psychology of Happiness & Optimism I

12 hours

Objective: This course introduces the student to some of some key elements, qualities or characteristics of psychological health, their promotion, development and maintenance. The student will gain a greater understanding of the meaning, the cause and the maintenance of authentic happiness.

Text: Authentic Happiness. Martin E. Seligman, Ph.D. ISBN: 0743222989.

BB-40 The Psychology of Happiness & Optimism II

12 hours

Objective: This course introduces the student to some of some key elements, qualities or characteristics of psychological health, their promotion, development and maintenance. The student will gain a greater understanding and the application of optimism in various settings such as school, work, family, etc. The student will gain a greater understanding of how on individual can shift from being predominantly pessimistic to being predominantly optimistic.

Text: Learned Optimism. Martin E. Seligman, Ph.D. ISBN: 9781442341135

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COURSE APPROVALS:

Approved by Montana, Provider # 2000-05

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Approved by Arkansas Substance Abuse Certification Board

Approved by Maine Board of Alcohol & Drug Counselors

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