

# *Live Lively... Square Dance!*

Today's Square Dancing...

Brings people together for fun and friendship!

Provides exercise as you move to a wide variety of music!

Reduces stress as you focus on following calls and shut out distractions!

Welcomes men, women, singles, couples, and families!

☆ Two left feet...No problem ☆ Dress casually ☆ Wear comfortable shoes

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**Lessons on Thursday nights 2/13/20 – 5/28/20, 7:00 to 9:00 pm.**

The lesson program is 15 weeks, 2 hours per night and you will learn a total of 50 calls.

After completing this program you will be able to dance at the Club 50 level.

Arlington Squares would welcome you as new club members.

**There is a one time fee of \$105.00 per person for the lessons.**

Gary Morava Recreation Center, 110 W Camp McDonald Road, Prospect Heights, IL

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## **Arlington Squares**

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