

PARENT/CAREGIVER SUPPORT GROUP

A welcoming environment for parents and other caregivers of children with special needs, to meet, share experiences, ask questions, and receive support.



Parents of children with special needs face unique challenges.

It's comforting to know you're not alone.

The opportunity to connect with other families who understand, and share similar experiences can be a valuable form of support.



Every-Other Thursday

at either

10:30am-12noon

or

4:45pm-6:15pm

Starting March 26, 2020

(3/26, 4/9, 4/23, 5/7, 5/21)

Visit our website to download/complete our Welcome Packet and call to schedule the personal intake session by 2/28/2020

*Covered by most insurance providers. Private pay options available

Topics for discussion may include:

- **Advocating for your child**
- **Dealing with the impact on the entire family**
- **Navigating school and learning issues**
- **Investigating treatment options and resources**
- **Strategies to improve self-management**

www.bridgestherapy.com

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