

Updated Notice for Retreat at Five Oaks, August 23 – 25 2024

Phoenix will be offering a retreat at Five Oaks for August in 2024.

I have put a deposit down on the date and time. We need to get registrations in order to confirm the accommodations for our Retreat.

Cost of rooms:

In the Main House, rooms start at \$60 per person per night. That will be a minimum of \$120 cost for accommodation (two per room).

Other spaces are available if we decide to rent one of the retreat buildings.

Cost of catering:

Minimum charge for 10 people per meal for catering:

Breakfast will be \$13.00, lunch \$20.00, dinner \$26.00—total for all meals at \$59.00 per person. Indicate if you only wish certain meals during your stay at Five Oaks. Please note allergies or food requirements for those meals you will take at the Retreat.

NB: You can prepare your own meals. Kitchens are available in the rental properties as we are familiar with them.

Costs for the weekend will total around \$200 to \$300 for the weekend. Support for staying at the Retreat may be available beforehand, depending on the finances of the Phoenix Tai Chi Centre by spring 2024.

Details:

Date: August 23 – 25, 2024

Arrive Friday evening (bring or find something to eat for dinner)

Wrap up on Sunday afternoon by 3 pm

Accommodation: The Main Building where we used to stay has been requested. If anything changes, we may have to revisit other spaces on the grounds.

I would like confirmations of intent to attend by May 15, 2024. Please inform me of specific requirements for the Retreat.

Program development: A small committee has been established to plan the program for the Retreat. Ideas or suggestions are welcome.

Thank you for your interest in the Phoenix Retreat.

March 2, 2024