



**PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community**

Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)

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ASH WEDNESDAY –

Wednesday, 26 February, 2020
Mass (E) at 6.20 am & 8.00 pm.

STATIONS OF THE CROSS –

Friday, 28 February, 2020

Stations (T) at 7.15pm in the hall.
Stations (E) at 7.30 pm in the church
followed by Mass at 8.00 pm

RITE OF ELECTION – 1st Sunday of Lent

The Rite of Election for District of Perak
will be celebrated at Church of St.
Michael on Sunday, 1 March, 2020 at
5.30pm Mass with Rt Rev Bishop
Sebastian Francis.

**RITE OF PRESENTATION OF THE
LORD'S PRAYER AND THE
NICENE CREED**

The Elect will be celebrating "The Rite of
Presentation of the Lord's Prayer
and the Nicene Creed" on Sunday,
8 March, 2020 during the 8.00 a.m. Mass.
The Elect will be officially presented
with the Nicene Creed and the Lord's
Prayer.

HEALING & DELIVERANCE

Organized by the Penang Diocese Healing &
Deliverance ministry Core Team with Bishop
of Penang. A 3D2N weekend seminar on God's
Saving Love on 27 – 29 March, 2020 at Domus
St. Anne, Bukit Mertajam.

**CELEBRATING OUR JUBILEE....
according to The Bible"**

by Rev. Fr. Patrick Massang, C.Ss.R.
(date) Wednesday, 4 March, 2020
(time) 8.00 pm
(venue) OMPH church.
All are welcome.

LENTEN SACRIFICE to help the poor
as part of our Lenten penance and
spiritual growth, we are called to share.
Baskets are placed on the side of the
sanctuary throughout the season of Lent
to appeal for non-perishable food like
rice, sugar, cooking oil, sardines, milk
powder, noodles, tin biscuits, etc....

MUSTARD SEED THEATRE (mandarin)
showcases a series of short testimonies
of Catholic faith, produced by Light and
Salt Studio, jointly organized by
Chinese Apostolate and Mustard Seed
Evangelization Centre to be held on
(date) **Sunday, 15 March, 2020**
(time) 7.30pm – 10 pm
(venue) OMPH parish hall.
Admission is free. All are welcome.

PENITENTIAL SERVICE

In preparation for Easter, penitential
service will be held at
* **OMPH church**, Ipoh Garden on
Mon. 9/3/2020 at 8.00 pm.
* Church of OLOL - Tues. 10/3/2020
* Church of St. Michael – Wed. 11/3/2020.

(food for thought)

Gospel: Matthew 5: 38-48.

"Teaching by example"

The quality or value of a sermon is not only measured by the
effect it has on the lives of those who hear it, but also in the
example of the life of the one delivering it. The Gospel passages
chosen for these Sundays before Lent are all from the 5th, 6th
and 7th Chapters of Matthew - one hundred and eleven verses,
comprising the substance of what is universally called "the
sermon on the mount." This is the heart of the Gospel, the Good
News of Jesus. This is Jesus the Teacher. This is the New Sinai,
the NEW Commandment This is the summary of all that it means
to be Christian and Catholic

We have heard Jesus speak of the special attitudes of mind and
heart that should identify His followers - what we call the
"Beatitudes." We have listened as Jesus spells out our mission
in the world: "You are the salt of the earth ...you are the light of
the world!" We who follow Christ Jesus are called to add a
special flavor to the quality of human life. We are to keep the
lives and the loves of men and women from becoming stale,
flat, tasteless. We are also called to bring the brightness of
holiness and goodness to the world. We are called to overcome
darkness, to drive out gloom and sadness and despair.

Jesus asks us to be satisfied with nothing less than the holiness
of God. He expects us to offer to one another the same kind of
unconditional love that we continuously receive from God. He
wants us to see in every other person not just the nice people,
the loveable people but in EVERY OTHER PERSON the image
of God and our own image. That must include those who hurt
me, those who slap me, those who insult me, those who are
ungrateful, those who are thoughtless, and on and on...

The Lord tells us that everything and everyone is charged with
God's presence. We are called to witness to this by our words
and our actions. And this belief is at the heart of our faith, just
as it was at the heart of Jesus' preaching, teaching and the way
he lived his life.

MARRIAGE: Please contact the Parish Priest at least **SIX MONTHS** in advance.

BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance.

PARISH ACTIVITIES & MEETINGS:

(Feb/Mar.2020)

* 23/2/2020	- 8.00 am	- CLOW	(St.Mark's Rm.)
	- 10.00 am	- CGS	(Wisma Liguori)
	- 11.30am	- RCIA (T)	(St.Matthew Rm.)
	- 1.00 pm	- PHDC learning centre	(3rd fl.)
* 27/2/2020	- 8.00 pm	- Area Coordinators, Representatives	(St.Mark's Rm.)
* 28/2/2020	- 8.00 pm	- RCIA (C)	(ven Francis Xavier Rm.)
* 29/2/2020	- 6.45pm	- CLOW	(St.Mark's Rm.)
* 1/3/2020	- 8.00 am	- CLOW	(St.Mark's Rm.)
	- 10.00 am	- CGS	(Wisma Liguori)
	- 11.30am	- RCIA (T)	(St.Matthew Rm.)
	- 1.00 pm	- PHDC learning centre	(3rd fl.)
* 2/3/2020	- 7.00 pm	- CCR	
	- 8.00 pm	- RCIA (E)	(St.Mark's Rm.)
* 3/2/2020	- 7.00 pm	- CGS	(Wisma Liguori)
	- 8.15pm	- Legion of Mary (C)	(St.Matthew Rm.)
* 5/3/2020	- 8.00 pm	- Tamil Choir	(St.Paul's Rm.)
* 6/3/2020	- 8.00 pm	- RCIA (C)	(ven Francis Xavier Rm.)
* 7/3/2020	- 6.45pm	- CLOW	(St.Mark's Rm.)
* 8/3/2020	- 8.00 am	- CLOW	(St.Mark's Rm.)
	- 10.00 am	- CGS	(Wisma Liguori)
	- 11.30am	- RCIA (T)	(St.Matthew Rm.)
* 26/3/2020	- 8.00 pm	- Area Coordinators, Representatives	(St.Mark's Rm.)

COFFEE MORNINGS 2020:

* 23/2/2020 – Eucharistic Ministers.	* 8/3/2020 - PHDC
* 1/3/2020 - Lectors & Commentators	* 29/3/2020 - Tamil Liturgy.
* 22/3/2020 - Tamil Hospitality.	* 26/4/2020 – BEC St.Francis de Sales.
* 19/4/2020 – BEC St.Michael.	* 10/5/2020 – BEC St.Monica.
* 3/5/2020 - BEC St.Jude	* 24/5/2020 – Tamil Hospitality.
* 17/5/2020 – Chinese Apostolate	* 14/6/2020 – St.Mary's Chapel project & upgrading committee
* 7/6/2020 - St.Peregrine group	* 12/7/2020 – Fund Raising Committee.
* 5/7/2020 – Sun.Sch (Form 4)	* 26/7/2020 - BM Apostolate.
* 19/7/2020 – Divine Mercy.	* 16/8/2020 - BEC St.Jude
* 9/8/2020 - CCR.	* 30/8/2020 – BEC St.Faustina.
* 23/8/2020 – Chinese Apostolate	

NEW-INTAKE for “ADULT ENQUIRY TO THE CATHOLIC FAITH” The RCIA (Rite of Christian Initiation of Adults) is a program of induction into the Catholic Church through the sacraments of Baptism, Confirmation and Eucharist. But, more than that, it is a faith journey designed to meet our fundamental spiritual needs as God's children and help us identify with and become a part of a faith community.

If you know of friends who are interested in making enquiry into the Catholic Faith and deepening your personal relationship with Jesus Christ, if you are seeking to learn about Catholicism as the result of an interfaith marriage or other relationship, have not fully completed the sacraments of initiation, or simply wonder what the journey entails please **register now** at the Parish office. The sessions will be held in English, Mandarin, Bahasa Malaysia & Tamil. Be a disciple to bring others to know the love of Jesus and His teachings.

1ST PENANG CAMPUS STUDENTS DAY (CIA 2020)

will be held from 1 – 3 May 2020 with the theme “Christ is Alive!” after Pope Francis’ Post Synodal Apostolic Exhortation ~ Christu Vivit (Christ is Alive!). It is designed for students at tertiary phase of education to prepare them to face the realities of life. Registration fee for CIA2020 is RM150/-. Closing date: 8 March, 2020. For further details please contact PDYN office at 04-2274851 or Jason 010 5364138.

NOVENA PRAYERS TO ST.PEREGRINE

EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. All are invited. For enquiries, call: 019-5769166/ 012-5833904.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets
* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

OMPH CATHOLIC CHARISMATIC RENEWAL

Come join us in our Praise & Worship
* CCR Tamil Every Tuesday at 8.00 pm (T)
* CCR Every Wednesday at 8.00 pm (E).

EVENING FOR THE ENGAGED 2020

Couples planning to get married in the year 2020, please take note of the EE Weekends in english during the year. You are requested to register six (6) weeks before the weekend dates.

Stella Maris,	*5 – 7 June, 2020
Penang	*4 – 6 Sept, 2020
Domus	*20 – 22 Nov., 2020
St.Anne, BM	

Please see your Parish Priest for registration.

TAMIL MARRIAGE PREPARATION WEEKEND - 2020

Closing date for registration (T): on 1st day of each month.

Dormitory	May 22-24
St.Anne,	Aug. 28-30
Bukit	Nov.27-29
Mertajam	