

Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069
 Hours 9:00am to 4:00pm

COME JOIN US!!!
 Lunch Served
 Monday Thru Friday
 11:00am TO 12:30Pm



May 2024

Suggested meal contribution: \$3.00. No one under 60 will be denied a meal for inability to contribute. Those under 60 must pay a fee.

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Saltshaker indicates a higher sodium meal.</p> <p>Low-fat milk served with every meal.</p> 			1 Chinese Chicken Salad, WW Roll, Mandarin Oranges & Fortune Cookie	2 Roasted Turkey, Sweet Potatoes, Succotash, WW Roll & Banana	3 Chicken Cacciatore Over Pasta, Green Salad with Dressing, Garlic Bread & Orange	4 Menu is Subject To Change Without Notice
5	6 Turkey and Cheese Sandwich on W/W Bread, Minestrone Soup, WW Crackers and Peaches	7 Easy Egg Casserole, Muffin, Oven Fried Potatoes & Apple Crisp	8 Meatloaf W/Gravy, Mashed Potatoes, Carrots, WW Bread & Fruit Cup	9 Beef and Bean Chili, Corn Bread, Green Salad w/Dressing & Pears	10 Teriyaki Chicken, Streamed Rice, Broccoli, Mandarin Oranges	11  <small>shutterstock - 244078135</small>
12	13 Whole Grain Spaghetti W/Zesty Meat Sauce, Garlic Bread, Green Salad W/Dressing & Applesauce	14 Chicken Pot Pie, Biscuit, Oregon Blend Vegetables & Orange	15 Chili Relleno Casserole, Spanish Rice, Black Beans & Pears	16 Roasted Chicken, Scalloped Potatoes, Green Beans, WW Roll & Fruit Cup	17 Chef Salad, WW Roll & Pineapple Tidbits	18
<p>9</p> 	20 Sweet and Sour Pork, Brown Rice, Stir Fry Vegetables & Pineapple Tidbits	21 Egg Salad Sandwich on W/W Bread, Split Pea Soup, Coleslaw, WW Crackers & Applesauce	22 Baked Fish, Scalloped Potatoes, Sautéed Cabbage WW Bread & Banana	23 Chicken Caesar Salad, WW Roll & Banana	24 BBQ Chicken, Potato Salad, WW Roll & Fruit Compote	25  <small>shutterstock - 149227811</small>
26	<p>27 Site Closed</p> 	28 Vegetarian Chili, Cornbread, WW Cracker & Yogurt with Fruit	29 Chicken Supreme, Broccoli Normandy, Buttered Noodles, W/W Roll & Fruit Cup	30 Pulled Pork Sandwich on WW Bun, Baked Beans, Cole Slaw & Banana	31 Happy Birthday Salisbury Steak W/Gravy, Mashed Potatoes, Green Beans, W/W Roll & Birthday Cake	<p>Senior Legal Service</p> <p>464-3069</p> <p>1-800-972-0002 X304</p> <p>1-707-445-0866 X304</p>