

DIFFERENCE BETWEEN ACTIVITY DIRECTORS and CERTIFIED RECREATION THERAPISTS

Activity Director in the State of California

- 36 hours Activity Director Course (often taught by a certified Recreation Therapist and Social Worker) and pass an examination.
- No college or university courses required.
- Does not require renewal or CEU's to show that they are keeping up with current trends in the field
- In state regulations

Certified Recreation Therapist

- Must have completed a Bachelors and or Master's degree in Recreation Therapy from an accredited University.
- Complete 1000 hours of volunteer work with all disability populations prior to completion of 560 hours of full time internship under the supervision of a State and Nationally Certified Recreation Therapist at an accredited agency internship site.
- Take and successfully pass State/National Examination
- State Certification requires renewal & payment every two years with proof of 2.0 CEU's
- National Certification requires renewal every year and the fifth year proof of 5.0 CEU's
- In state regulations