



HEALTHY LIVING DENTISTRY

What is it? A quality framework for dental practice to improve health and wellbeing developed by the Greater Manchester Local Dental Network

Why do it?

Benefits to Patients

Health needs identified
Information and advice on improving health
Benefit from improved quality of dental care

Benefits to Practices

Practice builder Quality mark for your practice- a practice builder
Training and development for staff
Team development
Evidence for CQC
Potential for additional services at level 2
Builds partnerships with other health services
Access to resources

Criteria

Level 1

Dental team understand health issues- training & leadership
Undertake 6 health promotion campaigns per year
Quality and safety in place
Commitment to quality & prevention

Level 2

Practice can show enhanced quality through toolkits
All practice members trained in health improvement
Additional health improvement services may be commissioned

How to apply

Getting Started- Level 1 Email

england.healthyliving@gmdental.nhs.uk

- Evening training session for lead and champion
- Online and 2 half- day training for dental champion (RSPH level 2)
- Develop action plan
- Take part in 6 campaigns/yr
- Practice facilitator support

Level 2

- Adopt GM toolkits
- Training for all staff- Making every contact count
- Show impact

FREQUENTLY ASKED QUESTIONS

WHAT IS HEALTHY LIVING DENTISTRY (HLD) IT ALL ABOUT?

This award recognises dental practice role in improving oral and general and your commitment to quality. It is a quality framework that encompasses the GM toolkits and a health campaigns.

WHO IS RUNNING THE PROGRAMME?

The programme has been developed by the GM Local Dental Network in conjunction with the GM Federation of Local Dental Committees.

WHO CAN BE A LEAD?

The lead takes responsibility for developing the programme in the practice and needs to be someone with a leadership role in the practice- a dentist or practice manager.

WHO CAN BE A DENTAL CHAMPION?

The lead will be committed and enthusiastic and could be a dental nurse or receptionist.

IS HLD THE SAME AS BABY TEETH DO MATTER?

No. Healthy Living Dentistry is a requirement of many GM commissioned services including Baby Teeth do matter. BTDM involves training and improving access to dental care for children. HLD is about quality and health improvement for all patients in the practice.

WILL THE COURSE TRAIN STAFF DO TO PREVENTION AND FLUORIDE VARNISH?

No. The HLD training will include understanding health needs, having a health chat and running health campaigns in practice. Training on fluoride varnish and dental prevention is available through other courses on Maxcourse.

DO WE NEED TO DO PREVENTION CLINICS?

No. There is no requirement to undertake prevention clinics as part of HLD. However, this is good practice and any dental practices who wish to do prevention clinics can do so. We would encourage all practices to apply fluoride varnish in line with Delivering Better Oral Health.

WE ARE A WIGAN HEALTHY LIVING PRACTICE. HOW DO WE TRANSFER TO THE GM SCHEME?

You will already have a dental champion and be familiar with the concept. By signing up to both you can access resources as part of the GM programme.

HOW DO WE KNOW WHICH CAMPAIGNS TO RUN?

A timetable of campaigns will be sent to your champion along with a link where you can order resources. Most of these will be free to order or download and some will be provided direct to you.

For more information contact Helen at dental@cpgmhealthcare.co.uk