



**Date/Time:** Sunday, Oct. 16, 2022 at 7:45 am  
Course Walk at 7:45 am  
1st race 8U 8:30 am - Rolling Schedule

**Location:** Buena Vista Park- The Duck Pond  
1788 Shadowridge Drive, Vista 92081  
-Parking is limited- please park on the corner of Shadowridge Dr. and Melrose Dr.

**Entry Fee:** Registration must be received by Oct. 10th.  
No race day registration. Entry fee \$8 per athlete. Fees must be paid by cash, team check, or money order- No personal checks.

**Club Teams:** Coaches register using athletic.net

**Awards:** Medals to top 10 in each division

**Distances:** Event Divisions: 2k 8 & under  
3k 9-10 & 11-12  
4k 13-14 & 15-16

**Race Director:** Hector Menchaca (760) 505-8442  
E-mail athlete info to [coach@sdxtc.org](mailto:coach@sdxtc.org)

**Sanctioned By:** USATF San Diego/Imperial Association

[www.sandiegowavesxtc.com](http://www.sandiegowavesxtc.com)