

This Newsletter is published by:  
Morrow County Services for  
Older Citizens, Inc.  
dba *Seniors On Center*  
41 West Center Street  
Mt. Gilead, OH 43338

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**PERMIT #14**

# MORROW COUNTY SENIOR MOMENTS



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**MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.**

**419-946-4191 \* 419-946-1037 facsimile**

**Website: [www.SeniorsOnCenter.org](http://www.SeniorsOnCenter.org)**

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.

# NOVEMBER, 2015



## Gourmet Sweet Potato Classic

"Once you taste this, you won't ever go back to the marshmallow-topped variety! I have peeled and cooked in the microwave, and also boiled the sweet potatoes. They taste the same no matter how you cook them. So, use the technique that works best for you!"

### Ingredients

- 5 sweet potatoes
- 1/4 teaspoon salt
- 1/4 cup butter
- 2 eggs
- 1 teaspoon vanilla extract
- 1/2 teaspoon ground cinnamon
- 1/2 cup white sugar
- 2 tablespoons heavy cream
- 1/4 cup butter, softened
- 3 tablespoons all-purpose flour
- 3/4 cup packed light brown sugar
- 1/2 cup chopped pecans

### Directions

1. Preheat oven to 350 degrees F (175 degrees C). Lightly grease a 9x13 inch baking dish.
2. Bake sweet potatoes 35 minutes in the preheated oven, or until they begin to soften. Cool slightly, peel, and mash.
3. In a large bowl, mix the mashed sweet potatoes, salt, 1/4 cup butter, eggs, vanilla extract, cinnamon, sugar, and heavy cream. Transfer to the prepared baking dish.
4. In a medium bowl, combine 1/4 cup butter, flour, brown sugar, and chopped pecans. Mix with a pastry blender or your fingers to the consistency of course meal. Sprinkle over the sweet potato mixture.
5. Bake 30 minutes in the preheated oven, until topping is crisp and lightly browned.

A man died and went to The Judgment, they told him, "Before you meet with God, I should tell you — we've looked over your life, and to be honest you really didn't do anything particularly good or bad. We're not really sure what to do with you. Can you tell us anything you did that can help us make a decision?" The newly arrived soul thought for a moment and replied, "Yeah, once I was driving along and came upon a person who was being harassed by a group of thugs. So I pulled over, got out a bat, and went up to the leader of the thugs. He was a big, muscular guy with a ring pierced through his lip. Well, I tore the ring out of his lip, and told him he and his gang had better stop bothering this guy or they would have to deal with me!"

"Wow that's impressive, "When did this happen?"

"About three minutes ago," came the reply.



## MORROW CO. SENIOR CLUBS

### Cardington Seniors

Friday, November 21<sup>st</sup> @ 12 Noon  
need reservation-\$3.00 suggested donation

Seniors On Center

41 W. Center St., Mt. Gilead

Shirley Robinson 419-864-4077

### Chesterville Seniors

Tuesday, November 17<sup>th</sup> @12PM

Selover Library, Chesterville

31 State Route 95

Susie Lyle 419-768-3431

### Marengo/Fulton Seniors

Monday, November 2<sup>nd</sup> 9AM

Breakfast on your own

Farmstead Restaurant

618 State Route 61, Marengo

Monday, November 16<sup>th</sup> @ 12PM

Carry-In Lunch

American Legion Post 710

1549 W. C R 26, Marengo

Joyce Taylor 419-253-0727

### Sparta Good Time Seniors

Tuesday, November 17<sup>th</sup>  
@ 12:30 PM

Highland Pizza—your own cost

6530 State Route 229, Sparta

Dick Sears 419-768-2050

### Mt. Gilead Seniors Club

Tuesday, November 17<sup>th</sup> @12 Noon

At Seniors on Center. Reservations

needed. Bring dessert. Marilyn

Sipes 419-468-3500

## MORROW CO. SENIOR CLUBS

### Morrow County Retired Teachers

April, June, October & December

December 14<sup>th</sup> @ 11:30 AM

Lunch provided by Trinity UMC for \$10.00

75 E. High St, Mt. Gilead

Ann Campbell 419-946-7666



Join us on Tuesday, November 10<sup>th</sup> at noon to celebrate our November birthdays! Wishing the following a

**Very Happy Birthday:**

Linda Ruehrmund  
Mary Holtrey  
Brenda Monk  
Ray Dietz  
Betty Edwards  
Grove Rinehart  
Marilyn Sipes

Martha Lee  
Grace Sherman  
Paula Wallace  
Shirley Clase  
Patricia Tolbert  
Jim Cole  
Geraldine Corns

**MONDAY NIGHT MUSIC**

**\$1 FOR MEMBERS \* \$2 NON-MEMBERS**

**Monday, November 2<sup>nd</sup>**

**Meal 5-6PM**

Music by Country Travelers 6-8PM

**Monday, November 9<sup>th</sup>**

**Meal 5-6PM**

Music by Dick Starcher

**Monday, November 16<sup>th</sup>**

**Meal 5-6PM**

Open Mic 6-8PM

**Monday, November 23<sup>rd</sup>**

**Meal 5-6PM**

Music by Country Travelers 6-8PM

**Monday, November 30<sup>th</sup>**

**Please call the office for more information about the 30<sup>th</sup>.**

You must make reservations for the meals!

**\*\* Band donations accepted \*\***

**SILVER SNEAKERS**

Each Monday, Wednesday, and Friday from 8:30 to 10:00 a.m. the Silver Sneaker Exercise Program is being held in our big room. If you are interested in joining them, come in and talk to Jo Anne Trainer on one of those times.



**EUCHRE AND BINGO**

Join us for an enjoyable afternoon of Euchre at the Center every Wednesday and Thursday at 11:30. We would love to see new faces.

The first, second & fourth Tuesday of each month we are having Bingo from 1-3 PM

**Belton at the Senior Center  
November 17<sup>th</sup> 10am - Noon**

No appointment necessary

**Angela Schneider,  
Hearing Care Practitioner**

**Medicare Open Enrollment  
October 15 – December 7**

Marc Follin will be at the Senior Center from 1 to 4 p.m. every Thursday beginning October 15<sup>th</sup> thru December 7<sup>th</sup>. There are two exceptions to that: The week of Oct. 25<sup>th</sup> and Nov. 22, she will be here on Tuesday Oct. 27<sup>th</sup> and Tuesday Nov. 24<sup>th</sup> due to our expo on Oct. 29<sup>th</sup> and Thanksgiving, Nov. 26<sup>th</sup>.



Those that went on the trip to the Toledo Zoo wanted to publicly give our driver, Sandy Bachelder, a round of applause for the great job she did when taking them to the zoo. She went above and beyond her duty of making sure they got to their destination and back home safely. They were appreciative of her attentiveness to their needs. Thanks Sandy, we also appreciate you as an employee.

**ATTENTION ALL MEMBERS  
AND SOON TO BE MEMBERS!**

Membership for 2016 will be \$18.00 for the year and is due by December 31, 2015. You may pay any time during the month of December. All memberships for the year will be \$18.00. Only NEW memberships will be pro-rated.



**THANKSGIVING MEALS WILL BE SERVED AT  
THE FOLLOWING PLACES THIS YEAR:**

- Cardington Methodist Church, 300 S. Marion St., Cardington (419) 864-0015  
November 22, 2015 from 4:30 to 6:00 pm  
All welcome - free. Fellowship Hall
- Dayspring Wesleyan Church  
2431 Marion Mt. Gilead Rd.  
Marion, OH (740) 389-3684  
November 26, 2015 from noon to 2:00 pm  
Carry-out 11:00 am to 1:00 pm  
All welcome – free
- Pleasant Grove Church of Christ  
7197 Co. Rd. 46, Mt. Gilead (419) 946-4244  
November 21, 2015 call for times  
Community Feast

**SENIORS ON CENTER SERVICES**

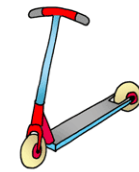
Home delivered meals

A hot, well-balanced lunch is available daily to senior shut-ins living in Morrow County. Weekend and holiday frozen meals are also available upon request.



Transportation

Handicapped accessible transportation and escort service to work, doctor appointments, beauty shop, grocery shopping, social activities, therapy, etc. is available. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice.



Lunch at Seniors on Center

A hot lunch is served daily at 11:45 a.m. Reservations are required by calling the Center at least 24 hours in advance.



Homemaker

Light housekeeping for those unable to do home making chores.



## END OF 2015 TRIPS



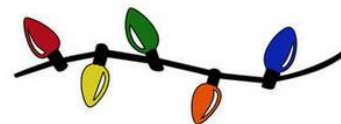
Christmas will be here before we know it. We are planning a shopping trip for November 12<sup>th</sup> to Lodi Outlet Mall. Meet at Kroger at 9:00AM. Lunch is on your own while shopping and the cost for transportation will be \$10.00 for members and \$15.00 for non-members. Please make your reservation and payment by November 6<sup>th</sup>.



Our senior Christmas luncheon this year will be at Ryan's in Marion at 1:00PM on December 4<sup>th</sup>. They will be going shopping in Marion after lunch. Call the Center and let us know if you would like to be a part of this tradition this year.



December 11<sup>th</sup> promises to be a Christmas treat for all those who delight in an old fashioned Christmas. We will be leaving Kroger parking lot at 4:30PM and stopping at Farmstead Restaurant for dinner on your own. Then we are headed to the Ohio Historical Village for an evening of Christmas carolers, lights, and people dressed as of old as we visit the various shops, etc. throughout the village. Price for members is \$22.00 and \$25.00 for non-members. Register and pay by Dec. 4<sup>th</sup>.



December 17<sup>th</sup> we are going to see the Christmas lights in Upper Sandusky. We will be meeting here for a meal first and then leaving from the Center. Call for more information.

## NOVEMBER AND DECEMBER ACTIVITIES



NOVEMBER 5 & 6, Rummage Sale – 9:00 AM to 3:00 PM on the 5<sup>th</sup> and 9:00 AM to noon on the 6<sup>th</sup>. Donations accepted (no large items or shoes please)



NOVEMBER 23, White Elephant Sale – 9:00 AM to 8:00 PM



NOVEMBER 30, DECEMBER 7 & DECEMBER 14, Candy and dessert sale. If you would like to donate items to be sold, they would be welcome.





DECEMBER 15, Christmas party for those that come to lunch at the Center.



DECEMBER 2, Volunteers Christmas Luncheon at the Center.

# NOVEMBER ACTIVITY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 11:45 AM Lunch 9AM Marengo/Fulton Breakfast  5PM Meal 6-8PM Music	3 11:45 AM Lunch 1:00-3:00PM Bingo	4 11:45 AM Lunch 11:30 AM Euchre	5 <b>9 - 3 Rummage Sale</b> 11:45 AM Lunch 11:30 AM Euchre	6 8 AM-4:30 PM Inside walking <b>9 -12 Rummage Sale</b> 11:45 AM Lunch 12:30PM Bible Study
9 11:45 AM Lunch  5PM Meal 6-8PM Music	10 11:45 AM Lunch 1:00-3:00PM Bingo	11 <b>CLOSED FOR VETERANS DAY!</b>	12 <b>9AM Shopping at Lodi Mall</b> 11:45 AM Lunch 11:30 AM Euchre	13 8 AM-4:30 PM Inside walking 11:45 AM Lunch 12:30PM Bible Study
16 11:45 AM Lunch 12 Noon Marengo/ Fulton Carry-In  5PM Meal 6-8PM Music	17 10AM-12Noon Beltone 11:45 AM Lunch 12PM Chesterville Carry-in 12 Noon Mt. Gilead Sr Lunch 12:30 Sparta Lunch	18 11:45 AM Lunch 11:30 AM Euchre  	19 11:45 AM Lunch 11:30 AM Euchre	20 8 AM – 4:30 PM Inside Walking 11:45 AM Lunch 12:30 PM Bible Study 12 Noon Cardington Lunch
23 9 – 3 White Elephant Sale 11:45 AM Lunch  Noon-4PM Commodities  5PM Meal 6-8PM Music	24 11:45 AM Lunch  9AM-Noon Commodities	25 11:45 AM Lunch 11:30 AM Euchre	26 <b>CLOSED FOR THANKS-GIVING DAY</b>	27 <b>CLOSED FOR THANKS-GIVING HOLIDAY</b>
30 <b>Candy &amp; Dessert Sale</b> 11:45 AM Lunch  <b>NO MUSIC</b>				

# NOVEMBER MENU

SUGGESTED \$3.00 DONATION  
ONE DAY ADVANCE RESERVATIONS REQUIRED \*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sloppy Joe Sandwich Carrots Hot Apple Slices Cranberry Juice	3 Cabbage Roll Cheese Cubes Parsley Potatoes Orange Juice Graham Crackers	4 Hamburger with Lettuce & Tomato Potato Salad Pineapple	5 Chicken Salad House Salad Mandarin Oranges Apricot Juice	6 Shredded Chicken Sandwich Ranch Fries Banana Apple Juice
9 Salisbury Steak Mashed Potatoes Succotash Apple Juice Graham Cracker	10 Chicken Drumstick Baked Potato Cal. Blend Pears	11 <b>CLOSED FOR VETERANS DAY</b>	12 Chicken Breast Mashed Potatoes Carrots Grape Juice	13 Pulled Pork Sandwich Corn Tropical Fruit Orange
16 Pork Chop Parsley Potatoes Mixed Vegetables Tropical Fruit	17 Chicken Patty Sweet Potatoes Green Beans Mandarin Oranges	18 Chicken Noodle Casserole Peas Applesauce Cranberry Juice	19 Pot Roast Red Skin Potatoes Carrots Pears	20 Low Sodium Ham Mashed Potatoes Broccoli Peaches
23 Meatloaf Mashed Potatoes Brussel Sprouts Pears	24 Pork Chop Sweet Potatoes Malibu Blend Applesauce	25 Turkey Baked Potato Broccoli Apple Juice	26 <b>CLOSED FOR THANKS-GIVING DAY</b>	27 <b>CLOSED FOR THANKS-GIVING HOLIDAY</b>
30 Hamburger with Lettuce & Tomato Potato Salad Pineapple	<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;"><b>MENU IS SUBJECT TO CHANGE</b></div>			