This Newsletter is published by:
Morrow County Services for
Older Citizens, Inc.
dba *Seniors On <u>Qenter</u>*41 West Center Street
Mt. Gilead, OH 43338

NON-PROFIT STD.

U.S. POSTAGE PAID

MT. GILEAD, OH 43338

PERMIT #14

#### **Board of Directors**

Linda Ruehrmund (Pres.)	Kay Benick	Mike Gale	Ray Dietz
Mike Warwick (V. Pres.)	Ann Campbell	Heather Kraft	Marilyn Weiler
Lea Ann Maceyko (Treas.)	Wilma Hinkle	Suzie Lyle	Pat Rinehart
Geri Park (Sec.)	Shirley Robinson	Dan Rogers	Janeen Wert
Dixie Shinaberry	Tom Harden	Gilbert Ullom	

# MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.

419-946-4191 \* 419-946-1037 facsimile

Website: www.SeniorsOnCenter.org

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.

# MORROW COUNTY SENIOR MOMENTS



NOVEMBER, 2015

# Scioto Downs Casino Columbus, Ohio



Winter is fast approaching (yuk!) and due to the unpredictable weather, our schedule for services changes often. We have a policy in place that if the schools are closed, then our services will not be available for that day. We realize that it often results in an inconvenience for many of you, as it does for us, but we cannot put our drivers and volunteers at risk by being on the roads. If you have necessary medical treatments that day, please have a back-up plan available for your need. Thank you for your understanding in this matter.

We will be returning to Standard Time the first Sunday of November which is November 1, 2015. Your clocks need to be turned back one hour when you get up that morning.







November Casino trips are scheduled for November 12<sup>th</sup>. Please see Shirley in the front office to make your reservations and payments.

Are you comfortable using a computer? Have you ever prepared your own tax return? Are you willing to learn new things? Then we need you!

AARP Volunteer Tax Aides need your help. We're looking for individuals from your area to help our small tax group remain functional in Mt. Gilead. We've been operating with a skeleton crew of volunteers; one of our most dedicated members has fallen gravely ill which will leave us unable to continue operating our tax site at the Mt. Gilead Senior Center on Thursdays throughout the tax season unless some able bodied persons come forward to volunteer to assist us.

One needs basic computer knowledge, very basic tax knowledge and a desire to help others in a structured environment. We are just ordinary people; no rocket scientists, just caring people assisting others through the AARP Foundation Tax-Aide Program. Training is provided in all aspects to carry out the duties of tax preparation. For more information please call Linda at 419-468-7196 or go to <a href="https://www.AARP.org/taxvolunteer">www.AARP.org/taxvolunteer</a> to sign up as a volunteer.

Tax appointments here at the Center will begin in January, 2016.



We will be closed on the following dates:

November 11<sup>th</sup> –

Veterans Day

November 26<sup>th</sup> & 27th 
Thanksgiving Holidays

December 24<sup>th</sup> & 25<sup>th</sup> –

Christmas Holidays

Happy Turkey Day! CIOVYGCGWGNFPKC Apple Blessinas TIDUNRTCHRABHO Cornucopia KTGOIAXSGPUXHR Cranberry Sauce DNINUSNLJIXILGN Family TDIVSBURVHYSFU Feather SRAVSEEFREQLCEC Give Thanks Gobble ERIPLRELTXIAAO Greatful BTGUBRTBHQMRTP November UMUSMWYAZACAEHI Pumpkin WERKPASRANBFCEA Scarecrow LVKNKPAGOKODRRD Thanksgiving BOEAIPUUXSDLOOA Tradition Turkey QNYHNLCMXXYTWET SUJTEEEELBBOGLE

Chicken Scratch NY



A big thank you to all of those that gave to the drive for items for our military. They are so deserving. We were asked by the Cardington Police Department if we could help by collecting these items. The response was great. As you can see by this picture, many gave from the heart. Again, for those serving this great country and all of you, THANKS!!!

#### **Gourmet Sweet Potato Classic**

"Once you taste this, you won't ever go back to the marshmallow-topped variety! I have peeled and cooked in the microwave, and also boiled the sweet potatoes. They taste the same no matter how you cook them. So, use the technique that works best for you!"

#### Ingredients

- 5 sweet potatoes
- 1/4 teaspoon salt
- 1/4 cup butter
- 2 eggs
- 1 teaspoon vanilla extract
- 1/2 teaspoon ground cinnamon
- 1/2 cup white sugar
- 2 tablespoons heavy cream
- 1/4 cup butter, softened
- 3 tablespoons all-purpose flour
- 3/4 cup packed light brown sugar
- 1/2 cup chopped pecans

#### Directions

- 1. Preheat oven to 350 degrees F (175 degrees C). Lightly grease a 9x13 inch baking dish.
- 2. Bake sweet potatoes 35 minutes in the preheated oven, or until they begin to soften. Cool slightly, peel, and mash
- 3. In a large bowl, mix the mashed sweet potatoes, salt, 1/4 cup butter, eggs, vanilla extract, cinnamon, sugar, and heavy cream. Transfer to the prepared baking dish.
- 4. In a medium bowl, combine 1/4 cup butter, flour, brown sugar, and chopped pecans. Mix with a pastry blender or your fingers to the consistency of course meal. Sprinkle over the sweet potato mixture.
- 5. Bake 30 minutes in the preheated oven, until topping is crisp and lightly browned.

A man died and went to The Judgment, they told him, "Before you meet with God, I should tell you — we've looked over your life, and to be honest you really didn't do anything particularly good or bad. We're not really sure what to do with you. Can you tell us anything you did that can help us make a decision?" The newly arrived soul thought for a moment and replied, "Yeah, once I was driving along and came upon a person who was being harassed by a group of thugs. So I pulled over, got out a bat, and went up to the leader of the thugs. He was a big, muscular guy with a ring pierced through his lip. Well, I tore the ring out of his lip, and told him he and his gang had better stop bothering this guy or they would have to deal with me!"

"Wow that's impressive, "When did this happen?"

"About three minutes ago," came the reply.



#### **MORROW CO. SENIOR CLUBS**

## **Cardington Seniors**

Friday, November 21<sup>st</sup> @ 12 Noon need reservation-\$3.00 suggested donation Seniors On Center 41 W. Center St., Mt. Gilead Shirley Robinson 419-864-4077

## **Chesterville Seniors**

Tuesday, November 17<sup>th</sup> @12PM Selover Library, Chesterville 31 State Route 95 Susie Lyle 419-768-3431

# **Marengo/Fulton Seniors**

Monday, November 2<sup>nd</sup> 9AM Breakfast on your own Farmstead Restaurant 618 State Route 61, Marengo

Monday, November 16<sup>th</sup> @ 12PM Carry-In Lunch American Legion Post 710 1549 W. C R 26, Marengo Joyce Taylor 419-253-0727

# **Sparta Good Time Seniors**

Tuesday, November 17<sup>th</sup> @ 12:30 PM
Highland Pizza—your own cost
6530 State Route 229, Sparta
Dick Sears 419-768-2050

# Mt. Gilead Seniors Club

Tuesday, November 17<sup>th</sup> @12 Noon At Seniors on Center. Reservations needed. Bring dessert. Marilyn Sipes 419-468-3500

### **MORROW CO. SENIOR CLUBS**

## **Morrow County Retired Teachers**

April, June, October & December December 14<sup>th</sup> @ 11:30 AM Lunch provided by Trinity UMC for \$10.00

75 E. High St, Mt. Gilead Ann Campbell 419-946-7666



Join us on Tuesday, November 10<sup>th</sup> at noon to celebrate our November birthdays! Wishing the following a *Very Happy Birthday*:

Linda Ruehrmund Mary Holtrey Brenda Monk Ray Dietz Betty Edwards Grove Rinehart Marilyn Sipes

Martha Lee
Grace Sherman
Paula Wallace
Shirley Clase
Patricia Tolbert
Jim Cole
Geraldine Corns

#### **MONDAY NIGHT MUSIC**

#### \$1 FOR MEMBERS \* \$2 NON-MEMBERS

Monday, November 2<sup>nd</sup>

Meal5-6PMMusic by Country Travelers6-8PM

Monday, November 9<sup>th</sup>

Meal 5-6PM

Music by Dick Starcher

Monday, November 16<sup>th</sup>

Meal5-6PMOpen Mic6-8PM

Monday, November 23<sup>rd</sup>

Meal5-6PMMusic by Country Travelers6-8PM

Monday, November 30<sup>th</sup>

Please call the office for more information about the 30<sup>th</sup>.

You must make reservations for the meals!

\*\* Band donations accepted \*\*

#### SILVER SNEAKERS

Each Monday, Wednesday, and Friday from 8:30 to 10:00 a.m. the Silver Sneaker Exercise Program is being held in our big room. If you are interested in joining them, come in and talk to Jo Anne Trainer on one of those times.



#### **EUCHRE AND BINGO**

Join us for an enjoyable afternoon of Euchre at the Center every Wednesday and Thursday at 11:30. We would love to see new faces.

The first, second & fourth Tuesday of each month we are having Bingo from 1-3 PM

Beltone at the Senior Center November 17<sup>th</sup> 10am - Noon

No appointment necessary

Angela Schneider, Hearing Care Practitioner

## Medicare Open Enrollment October 15 – December 7

Marc Follin will be at the Senior Center from 1 to 4 p.m. every Thursday beginning October 15<sup>th</sup> thru December 7<sup>th</sup>. There are two exceptions to that: The week of Oct. 25<sup>th</sup> and Nov. 22, she will be here on Tuesday Oct. 27<sup>th</sup> and Tuesday Nov. 24<sup>th</sup> due to our expo on Oct. 29<sup>th</sup> and Thanksgiving, Nov. 26<sup>th</sup>.



Those that went on the trip to the Toledo Zoo wanted to publicly give our driver, Sandy Bachelder, a round of applause for the great job she did when taking them to the zoo. She went above and beyond her duty of making sure they got to their destination and back home safely. They were appreciative of her attentiveness to their needs. Thanks Sandy, we also appreciate you as an employee.

# ATTENTION ALL MEMBERS AND SOON TO BE MEMBERS!

Membership for 2016 will be \$18.00 for the year and is due by December 31, 2015. You may pay any time during the month of December. All memberships for the year will be \$18.00. Only NEW memberships will be pro-rated.



# THANKSGIVING MEALS WILL BE SERVED AT THE FOLLOWING PLACES THIS YEAR:

- Cardington Methodist Church, 300 S. Marion St., Cardington (419) 864-0015 November 22, 2015 from 4:30 to 6:00 pm All welcome - free. Fellowship Hall
- Dayspring Wesleyan Church
   2431 Marion Mt. Gilead Rd.
   Marion, OH (740) 389-3684
   November 26, 2015 from noon to 2:00 pm
   Carry-out 11:00 am to 1:00 pm
   All welcome free
- Pleasant Grove Church of Christ
   7197 Co. Rd. 46, Mt. Gilead (419) 946-4244
   November 21, 2015 call for times
   Community Feast

# **SENIORS ON CENTER SERVICES**

#### Home delivered meals

A hot, well-balanced lunch is available daily to senior shut-ins living in Morrow County. Weekend and holiday frozen meals are also available upon request.



#### Transportation

Handicapped accessible transportation and escort service to work, doctor appointments, beauty shop, grocery shopping, social activities, therapy, etc. is available. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice.



### **Lunch at Seniors on Center**

A hot lunch is served daily at 11:45 a.m. Reservations are required by calling the Center at least 24 hours in advance.



#### Homemaker

Light housekeeping for those unable to do home making chores.



# **END OF 2015 TRIPS**



Christmas will be here before we know it. We are planning a shopping trip for November 12<sup>th</sup> to Lodi Outlet Mall. Meet at Kroger at 9:00AM. Lunch is on your own while shopping and the cost for transportation will be \$10.00 for members and \$15.00 for non-members. Please make your reservation and payment by November 6<sup>th</sup>.



Our senior Christmas luncheon this year will be at Ryan's in Marion at 1:00PM on December 4<sup>th</sup>. They will be going shopping in Marion after lunch. Call the Center and let us know if you would like to be a part of this tradition this year.



December 11<sup>th</sup> promises to be a Christmas treat for all those who delight in an old fashioned Christmas. We will be leaving Kroger parking lot at 4:30PM and stopping at Farmstead Restaurant for dinner on your own. Then we are headed to the Ohio Historical Village for an evening of Christmas carolers, lights, and people dressed as of old as we visit the various shops, etc. throughout the village. Price for members is \$22.00 and \$25.00 for non-members. Register and pay by Dec. 4<sup>th</sup>.



December 17<sup>th</sup> we are going to see the Christmas lights in Upper Sandusky. We will be meeting here for a meal first and then leaving from the Center. Call for more information.

## **NOVEMBER AND DECEMBER ACTIVITIES**



NOVEMBER 5 & 6, Rummage Sale – 9:00 AM to 3:00 PM on the 5<sup>th</sup> and 9:00 AM to noon on the 6<sup>th</sup>. Donations accepted (no large items or shoes please)



NOVEMBER 23, White Elephant Sale – 9:00 AM to 8:00 PM



NOVEMBER 30, DECEMBER 7 & DECEMBER 14, Candy and dessert sale. If you would like to donate items to be sold, they would be welcome.



**DECEMBER 15**, Christmas party for those that come to lunch at the Center.



**DECEMBER 2, Volunteers Christmas Luncheon at the Center.** 

# **NOVEMBER ACTIVITY SCHEDULE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
2 11:45 AM Lunch 9AM Marengo/Fulton Breakfast	3 11:45 AM Lunch 1:00-3:00PM Bingo	11:45 AM Lunch 11:30 AM Euchre	5 9 - 3 Rummage Sale 11:45 AM Lunch 11:30 AM Euchre	6 8 AM-4:30 PM Inside walking 9 -12 Rummage Sale 11:45 AM Lunch 12:30PM Bible Study		
5PM Meal 6-8PM Music						
9 11:45 AM Lunch 5PM Meal	10 11:45 AM Lunch 1:00-3:00PM Bingo	CLOSED FOR VETERANS DAY!	12 9AM Shopping at Lodi Mall 11:45 AM Lunch 11:30 AM Euchre	13 8 AM-4:30 PM Inside walking 11:45 AM Lunch 12:30PM Bible Study		
6-8PM Music		DATE				
16 11:45 AM Lunch 12 Noon Marengo/ Fulton Carry-In 5PM Meal 6-8PM Music	17 10AM-12Noon Beltone 11:45 AM Lunch 12PM Chesterville Carry-in 12 Noon Mt. Gilead Sr Lunch 12:30 Sparta Lunch	18 11:45 AM Lunch 11:30 AM Euchre	19 11:45 AM Lunch 11:30 AM Euchre	20 8 AM – 4:30 PM Inside Walking 11:45 AM Lunch 12:30 PM Bible Study 12 Noon Cardington Lunch		
23 9 – 3 White Elephant Sale 11:45 AM Lunch Noon-4PM Commodities 5PM Meal 6-8PM Music	24 11:45 AM Lunch 9AM-Noon Commodities	25 11:45 AM Lunch 11:30 AM Euchre	CLOSED FOR THANKS- GIVING DAY	CLOSED FOR THANKS- GIVING HOLIDAY		
30 Candy & Dessert Sale 11:45 AM Lunch NO MUSIC		Phamk	IPIPY Sgivin	egy .		

# **NOVEMBER MENU**

# SUGGESTED \$3.00 DONATION ONE DAY ADVANCE RESERVATIONS REQUIRED \*

BECKING:		ANCE RESERVATION			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 Sloppy Joe Sandwich Carrots Hot Apple Slices Cranberry Juice	3 Cabbage Roll Cheese Cubes Parsley Potatoes Orange Juice Graham Crackers	4 Hamburger with Lettuce & Tomato Potato Salad Pineapple	5 Chicken Salad House Salad Mandarin Oranges Apricot Juice	6 Shredded Chicken Sandwich Ranch Fries Banana Apple Juice	
9 Salisbury Steak Mashed Potatoes Succotash Apple Juice Graham Cracker	10 Chicken Drumstick Baked Potato Cal. Blend Pears	CLOSED FOR VETERANS DAY	12 Chicken Breast Mashed Potatoes Carrots Grape Juice	13 Pulled Pork Sandwich Corn Tropical Fruit Orange	
16 Pork Chop Parsley Potatoes Mixed Vegetables Tropical Fruit	17 Chicken Patty Sweet Potatoes Green Beans Mandarin Oranges	18 Chicken Noodle Casserole Peas Applesauce Cranberry Juice	19 Pot Roast Red Skin Potatoes Carrots Pears	20 Low Sodium Ham Mashed Potatoes Broccoli Peaches	
23 Meatloaf Mashed Potatoes Brussel Sprouts Pears	24 Pork Chop Sweet Potatoes Malibu Blend Applesauce	25 Turkey Baked Potato Broccoli Apple Juice	CLOSED FOR THANKS- GIVING DAY	CLOSED FOR THANKS- GIVING HOLIDAY	
30 Hamburger with Lettuce & Tomato Potato Salad Pineapple	MENU IS SUBJECT TO CHANGE				