



OLD CATHOLIC CHURCH - 375 HARRISON BLVD.  
OGDEN, UT 84404 - (801) 394-0204

Where *ALL* are welcome to His table

El boletín está disponible en Español tanto en nuestro sitio web en [Glory2God.org](http://Glory2God.org) o una copia impresa puede encontrarse en la mesa cuando entras el santuario

### Editor's Corner

#### Forgiveness

Probably the most challenging of my tasks as a follower of Christ is forgiveness. Forgiving others who come to me and apologize for some wrong doing is easy. The hard ones are forgiving those who are not repentant. Sometimes they don't even know they have done something that has hurt you. Ideally you can go to these people and iron out your differences and learn and grow together from this experience. But that is not always possible. The person may not want to have any contact with you. They may have died if it is an old wound. It can sometimes be the case that the offending party would never be able to understand why what they did was hurtful to you. If you are the victim of a crime you may not even know who the person was who hurt you. Regardless of the circumstances, we are required by God to forgive others just as He has forgiven us. In Matthew 6:4-15 we see

*For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins. (NIV)*

What is the meaning of forgiveness? Forgiveness is the act of pardoning an offender. In the Bible, the Greek word translated "forgiveness" literally means "to let go," We forgive others when we let go of resentment and give up any claim to be compensated for the hurt or loss we have suffered.

What does forgiveness not mean? It does not mean condoning the offense nor does it mean ignoring the offense that happened to you. It does not mean allowing others to take advantage of you.

There are many personal benefits to forgiving others. The first one is obvious. It is God's grace for us for the sins we commit against others. By forgiving others we have healthier, happier lives. Forgiveness also releases us from a self-made prison. When we hold onto hate and anger it festers inside of us. It is like a cancerous growth that consumes us from the inside out. It colors our world and our perception of that world with the poison we are holding.

So how do we go about forgiving others?

You are not required to forgive the person face to face. If your forgiveness is for an unrepentant individual, forgiving them to their face will probably bring more hurt to bear. But you do need to forgive them in your heart and then trust that God will deal with any injustice that has been done.

I have found that using empathy in looking at the person has helped me. What do you know about the person that might have led them to commit the offense against you? Were there extenuating circumstances happening in their lives that influenced their behavior?

I also find writing letters that I never intend to send helps me. In the process of writing I often discover things that I had not previously recognized about myself or the situation. It allows me to get a clearer picture of the events at hand. If nothing else it allows me to get rid of the anger I am holding inside. When I am no longer feeling the anger I either throw the paper away or burn it in a fire, turning it over to God to remove any remaining traces of the anger I have missed.

There are a couple of additional steps to forgiveness that are not often talked about. You need to resolve the emotions that you carry from your experience. There may be anger, fear, hurt, or any number of emotions. You can do this privately, with one of the priests, with a professional counselor. It doesn't matter where you get the help for resolving these emotions, only that you address them. If try to bury them, you will find that at totally unexpected times the emotions will resurface, often times leaving you feeling more vulnerable and possibly guilty because you haven't truly forgiven the person or people that harmed you in some way. You must also forgive yourself. Forgive yourself for being vulnerable to the person in the first place. For trusting someone who was not trustworthy. For being in the wrong place at the wrong time. There are many times when we are hurt by others that we take on part of the guilt for the offense. It is an illusion of control we hold onto. "If I hadn't have done 'X' I would not have been hurt." Forgive yourself for any self-blame you are erroneously putting on yourself. It was not your fault.

May you always walk with God in your heart.

## **Sisters' Love**

### **This**

By Mother Rachael

This morning as I woke in the very early dark, my patience worn to a thin stream of wanting nothing more than a few more hours of sleep, I found something beautiful in the dark; something I had forgotten because I had allowed impatience to blind me and frustration to harden me. Still the dark lingered, and in its silence I found something more; I found time.

This is time. A dense and deep desire of God that leaves my soul wanting. Wanting for more of what I have known, and yet, longing for that which leaves me weak and waiting, this...is ..God. Intimate. Still. Precious.

As the morning began its waking and its own stirring, a soft and sibilant beauty held forth its hand to guide my soul along a new path. What of this path I could not yet comprehend and yet, even still, I found a time of peace, a time of leaving and of waking, a time of rounding and of rising, a time of love.

God whispering a song of solace and of hope. A song of gentleness and beginning. A song of this life.

It was then I saw the skies begin to lighten and the air began a dance. A weave of lengthening leaf and blade; a melody of bird and cricket and perhaps a drum of skateboard wheels along the cool sidewalk. It was then the

clouds began to part and the dawn to rise.

God spoke to my soul and called me to the day.

“This” He called forth “is my love. White and pure. Soft and brilliant. Gold and light blue. Green and wheat. This is My song of swallows and robin, crow and magpie and sparrow.”

“This is day.”

“Go” He said “and give My love to all that you encounter. Encourage and feed. Water and comfort. Speak and be still. Be alert for the stranger among you may be an angel I send to encourage you. For this is love which I give, which alone remains.”

## **Praise Team**

### **By Sister Ann**

I don't know whence it comes  
This brightness in our hearts  
As we stand together  
And the music starts  
Our voices blend and flow  
We sing of grace and love  
We offer You this brightness  
Dear Father up above  
This gift of special prayer  
We sing Your praise, it's true  
We are your very instruments  
It's not us, it's You.

**We would love to hear from you.** If you have something you would like to see put in the newsletter please contact Doni at either her phone at 801-879-6955 or her email at [DoniGloryToGod@aol.com](mailto:DoniGloryToGod@aol.com)

**Coming in October** - an online church store where you will be able to order personalized gifts as well as t-shirts with the church banner and logo in various colors. All proceeds from these sales will go directly to Glory to God to assist the parish in their ministry goals. A link will be found on the church web site as well as being listed in this newsletter

## Calendar of Events

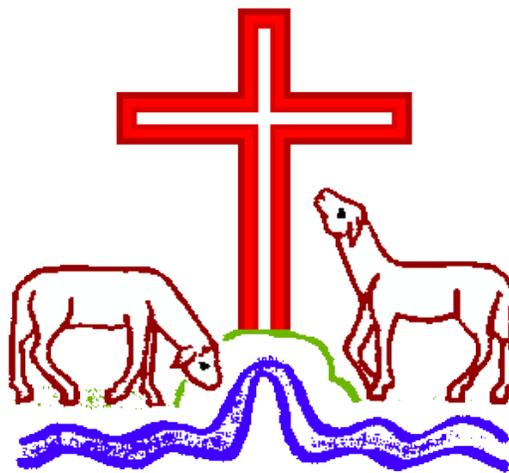
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				31 <b>Bishop Jim and Deacon Joe's Anniversary</b>	1 – <b>Robert Kendrick's Birthday</b> 6:00 Bible Study	2 <b>10:00 Baptism</b> <b>12:00 Quince</b> <b>2:00 Quince</b> <b>4:15 Rosary</b> <b>5:00 Mass</b>
3 9:00 Mass 11:00 Mass <b>Monthly Birthday celebration in Murphy Hall after 11:00 Mass</b>	4	5	6	7	8 6:00 Bible Study	9 4:15 Rosary 5:00 Mass
10 9:00 Mass 11:00 Mass	11	12	13	14	15 6:00 Bible Study	16 <u>9:00-2:00 Yard Sale</u> 10:00 Quince 4:15 Rosary 5:00 Mass
17 9:00 Mass 11:00 Mass <b>Potluck in Murphy Hall following the 11:00 Mass</b>	18	19	20	21	22 6:00 Bible Study	23 4:15 Rosary 5:00 Mass
24 9:00 Mass 10:00 Breakfast 11:00 Mass	25	26	27 <b>Mother Rachael's Birthday</b>	28	29 6:00 Bible Study	30 <b>10:00 Quince</b> <b>4:15 Rosary</b> <b>5:00 Mass</b>

## Websites of Interest

As I search the web for various things I often come across sites that I want to Share with my brothers and sisters in Christ. The following is one such site. I have only listed the first part of this page. You can follow the link to find the rest of the article. But in a nutshell, the article gives a guideline of things to think about as you align yourself with Christ for this holy hour.

<http://www.therealpresence.org/eucharst/pea/holyhour.html>

## HOLY HOUR of Eucharistic Adoration



## Why a HOLY HOUR before Jesus in the Blessed Sacrament?

PERHAPS MANY still ask that question. To it there is basically only one answer: Jesus Christ, the God-Man, is present....

He is present in that special Eucharistic manner of transubstantiation in which the very substance of the bread and wine are changed into the Body and Blood of Jesus Christ.

St. Thomas taught that the Eucharist is the greatest of miracles ever worked by Christ, to perpetuate his Passion and Sacrifice with us and to be specially present to each individual.

Christ is present there for us, to manifest his great love for us. St. Thomas says, "He cares for us and is there." If we care for him, we would also be there for a Holy Hour or some other form of Eucharistic adoration. Christ had asked this of St. Margaret Mary Alacoque as he had asked the apostles in the Garden of Olives: "Can you not watch one hour with me?"

You can read the remainder of this article at the above web site.

In addition to actual web pages, I also find many YouTube videos that I think others would appreciate as a further education or as an inspiration.

<https://youtu.be/wIjCZkjuEqQ>

Jim Caviziel's played Jesus in the Passion of the Christ. I have always enjoyed this actor. Turns out he is a devout believer. His testimony and experiences in making the film are very uplifting. Approximately 24 minutes long.

<https://youtu.be/dsbj7EN1Uzs>

This man considered himself to be an atheist, Raised in Canada he didn't really know any Christians until he was, I believe, in his 20s. He started his search trying to find a spiritual book that lines up with science. After discarding several religious text, he found the Bible had what he was looking for. As he examined the Bible texts and compared it to what he knew about science, he came to the conclusion that the text of the Bible contained great truths and that the statistical chance that the authors could have accidentally put the events in the right order or would even have come upon the teachings that would not be proved scientifically until the 20<sup>th</sup> century were 10<300 power. In other words, impossible. Approximately 45 minutes.

There are a couple of biblical scholars that you can find videos of speaking engagements or discussions on various aspects of the Catholic faith. If you are seeking greater understanding on any particular topic, chances are good you can find a video by one or both of these individuals that will give you insights on the subject. The following are a couple of the topics these men have spoken about.

Dr. Scott Hahn – The Treasure of Our Soul - 2016 Defending the Faith – approximately 48 minutes.

<https://youtu.be/w2ljRWNuXRc>

Dr. Brant Pitre - Jesus & the Jewish Roots of the Eucharist – approximately 1 hour and 12 minutes.

<https://youtu.be/P45BHDRA7pU>

## **Recipes**

### **Artichoke Dip**

Small jar of artichoke hearts, drained

4 oz. mayonaise

4 oz. sour cream

4 oz.parmesian cheese

Preheat oven to 350 degrees.

In a food processor combine all ingredients and mix well, pulsing to insure the artichoke hearts are finely diced. Pour into a baking dish and cook for 30 minutes or until golden brown around he edges. Serve with crackers and raw vegetables.

## Giving Service

As followers of Jesus we are expected to give service to those in need. The following is a list of homeless shelters in the area. If you contact the numbers listed below they can give you information as to the volunteers they need.



### [Lantern House - Division of St Anne's Center](#)

Ogden, UT 84401

[\(801\) 621-5036](tel:8016215036)

St Annes main new hub for homeless in Ogden



### [St. Anne's Center Homeless Shelter](#)

Ogden, UT 84401

[\(801\) 621-5036](tel:8016215036)



### [Ogden Rescue Mission](#)

Ogden, UT 84401

[\(801\) 399-3058](tel:8013993058)

Homeless Shelter, rehab program, medical clinic



### [Weber Housing Authority Ogden](#)

Ogden, UT 84401

[\(801\)399-8691](tel:8013998691)

Housing Authority, Low Income Affordable Housing, Public Housing



### [Homeless Veterans Fellowship Ut Ogden](#)

Ogden, UT 84401

[801-392-7662](tel:8013927662)

Transitional Housing

Next month we will include animal shelters and rescues.

## Prayer Requests

Please remember to hold up Alice Kendrick in your prayers. She is scheduled to have a total shoulder replacement on the 28<sup>th</sup>. In addition, please be aware of any way you can help both Alice and Robert as Alice goes through the surgery and healing process.

Did you know we have a text messaging system for listing prayer requests? The same system is used for praying Novenas as a parish. If you have a smart phone and would like to be included in the prayer requests please email your name and phone number to [DoniGloryToGod@aol.com](mailto:DoniGloryToGod@aol.com). If you don't have a smart phone but would still like to participate send your email address to the same email. If you have a prayer request you would like passed onto the list you can either call Doni at 801-879-6955 or send an email to the above address.

## September 16<sup>th</sup> Church Wide Yardsale

We have less than 2 weeks until the yard sale. We could still use your donations as well as volunteers to help.

If you have items to donate but can't get them to the church, please call Doni at 801-879-6955 to make arrangements to have them picked up. If you plan on coming to the yard sale to volunteer but have not signed up on a sign up sheet, please call and let me know you are coming and what shirt size you wear. Everyone who is going to be there that day will be wearing shirts with the same banner as you find at the top of this newsletter printed on the back and the logo of the open doors on the front left pocket. This will make it easier for people who are looking at the items for sale to be able to identify who might be able to help them.

In an effort to share our love of the Lord and one another we are hoping this will help bring awareness to people in the community that we are here and all are welcome. Because of this we are trying to attract more people by offering games and prizes to the children who come with their parents. There will also be a vendor stand selling hot dogs and drinks.

If you plan to attend and plan on bringing your dog, please keep in mind that not everyone likes dogs and some people are afraid of them. Please keep your dog restrained on a leash at all times, preferably NOT a retractable leash as those get easily tangled around people's feet and we don't want anyone to get injured during this event. There will also be disposable bags at all trash cans, by the games and the prize tables. If your dog makes a mess, please pick up after it so someone doesn't accidentally step in it. If you notice a mess that someone else has left behind, please clean up the mess for them.

This will hopefully be a fun day for all. We will move all items to be sold into Murphy Hall on Thursday the 14<sup>th</sup>. On Friday we will spend the day pricing all of the items so everything is set to go on Saturday. We will begin setting up at 7:30 on Saturday morning. The yard sale won't officially open until 9 AM but there are always early birds that start showing up as soon as they see things being moved into the open. If you are at all available to help in any way it would be greatly appreciated.

**All funds from the yard sale are going towards padded benches with kneelers.**

Come join the fun.