

# Tuna Apple Salad

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*Adapted from eatfresh.org*

Recipe type: main dish, lunch

Serves: 4

Time: 10 minutes



## Ingredients

- 2 (6 ounce) cans tuna fish, drained
- 2 tablespoons red or green onion, finely chopped
- 1 small apple, cored and finely chopped
- ¼ cup celery, chopped
- 2 tablespoons golden raisins
- 2 tablespoons Italian dressing or mayonnaise
- ground black pepper, to taste

## Directions

1. In a medium bowl, stir all the ingredients together.
2. Serve with salad greens and/or pita bread, tortillas, or whole grain bread.



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