

Grinnell Invitational

JV Boys 5K Ahrens Recreation Complex, Grinnell, IA 9/6/2016 Partly Sunny, 56% Humidity, Wind SSW 10-20mph & 88°

Place	School	1	2	3	4	5	6	7	Total	Ave Time	Spread
1	Grinnell	1	2	3	20	26	27	28	= 52	20:03	2:18
2	Pella	4	13	14	25	31	32	53	= 87	20:41	1:43
3	Carlisle	5	9	12	34	35	44	57	= 95	20:41	1:47
4	Williamsburg	8	15	19	24	36	38	48	= 102	20:52	1:27
5	Vinton-Shellsburg	6	7	11	37	43	47	51	= 104	20:44	1:45
6	Oskaloosa	10	17	23	29	49	52	59	= 128	21:05	1:34
7	Knoxville	16	18	39	41	45	46	55	= 159	21:17	1:06
8	Ottumwa	21	22	30	33	60	69	70	= 166	21:36	1:50
9	Benton Community	40	42	50	54	62	63	68	= 248	22:11	1:55
10	Des Moines Lincoln	56	58	61	64	65	66	67	= 304	23:15	1:06

Incomplete Teams: Belle Plaine, Colfax-Mingo, Newton

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Joe Simon	SO	Grinnell	18:52	6:04
2	2	Stiven Parmley	SO	Grinnell	19:22	6:14
3	3	Adam Gruman	JR	Grinnell	19:42	6:20
4	4	Gavin Tierney	SO	Pella	19:42	6:21
5	5	Jon Flaws	SO	Carlisle	19:43	6:21
6	6	Trent Sivola	SO	Vinton-Shellsburg	19:57	6:25
7	7	Matt Karr	SO	Vinton-Shellsburg	20:04	6:28
8	8	Angelo Santiago	SO	Williamsburg	20:05	6:28
9	9	Truman Kruse	SO	Carlisle	20:16	6:31
10	10	Jack Miller	JR	Oskaloosa	20:20	6:33
11	11	Casey Funk	SO	Vinton-Shellsburg	20:24	6:34
12	12	Kyle Miller	FR	Carlisle	20:29	6:36
13	13	Micah Hammann	SR	Pella	20:31	6:36
14	14	Benjamin Lauritsen	SR	Pella	20:35	6:38
15	15	Isaac Meyerholz	SR	Williamsburg	20:36	6:38
16	16	Coby Meyer	SO	Knoxville	20:37	6:38
17	17	Josh Diehl	SR	Oskaloosa	20:42	6:40
18	18	Caden Hudson	JR	Knoxville	20:55	6:44
19	19	Andy Zubrod	SO	Williamsburg	20:58	6:45
20	20	Ryan Gruman	FR	Grinnell	21:07	6:48
21	21	Trenton Elliott	FR	Ottumwa	21:08	6:48
22	22	Isacc Ford	FR	Ottumwa	21:08	6:48
23	23	Kadin Gerard	FR	Oskaloosa	21:08	6:48
24	24	Ted Cromwell	JR	Williamsburg	21:08	6:48
25	25	Mason Johnston	FR	Pella	21:09	6:48
26	26	Jayden Creps	SO	Grinnell	21:10	6:49
27	27	Kaiden Gosselink	SR	Grinnell	21:16	6:51
28	28	Sergio Perez-Valentin	FR	Grinnell	21:17	6:51
29	29	Nic Koenig	FR	Oskaloosa	21:18	6:51
30	30	Rayce Elliott	JR	Ottumwa	21:21	6:52
31		Jarrett Rose	FR	Grinnell	21:21	6:52
32	31	Thomas Gaul	FR	Pella	21:26	6:54
33	32	Jordan Buma	SO	Pella	21:26	6:54
34	33	Bryer Wallace	FR	Ottumwa	21:27	6:54
35	34	Noah Imhoff	JR	Carlisle	21:28	6:55
36	35	Tommy Donovan	JR	Carlisle	21:29	6:55
37	36	Jacob Allen	SO	Williamsburg	21:31	6:56
38	37	Alex Dick	SR	Vinton-Shellsburg	21:31	6:56
39	38	Josiah Zollinger	SO	Williamsburg	21:34	6:56
40	39	Elliott Schmidt	SO	Knoxville	21:34	6:57
41		Dalton Gosselink	SO	Grinnell	21:35	6:57
42	40	Carl Gerhold	SR	Benton Community	21:37	6:58
43	41	Max Eck	SO	Knoxville	21:38	6:58
44	42	Nathan Wells	JR	Benton Community	21:39	6:58
45	43	Payton Haefner	FR	Vinton-Shellsburg	21:42	6:59
46	44	Tristen Kessler	FR	Carlisle	21:42	6:59
47	45	Tristen Parker	SO	Knoxville	21:43	6:59
48	46	Cade McNeill	SR	Knoxville	21:45	7:00
49	47	Max Gordon	SO	Vinton-Shellsburg	21:49	7:01
50	48	Nick Goodell	SO	Williamsburg	21:53	7:03
51	49	Grant Hladik	SR	Oskaloosa	21:54	7:03
52	50	Bennett Gorkow	SO	Benton Community	21:55	7:03
53	51	Kody Vogt	SO	Vinton-Shellsburg	21:59	7:05
54	52	Spencer Nelson	SR	Oskaloosa	22:03	7:06
55	53	Nick Singer	FR	Pella	22:03	7:06
56		Bruce Authier	JR	Vinton-Shellsburg	22:08	7:07
57	54	Simon Carlson	SO	Benton Community	22:10	7:08
58		Tyler Hekel	JR	Vinton-Shellsburg	22:13	7:09
59		Colston Neilson	SO	Vinton-Shellsburg	22:14	7:09
60	55	Dom Avon	FR	Knoxville	22:16	7:10
61		Troy Miller	SO	Pella	22:23	7:12
62		Zechariah Schrauben	SO	Pella	22:28	7:14
63		Nash Linsley	FR	Knoxville	22:31	7:15
64	56	Michael Spoonholtz	SO	Des Moines Lincoln	22:36	7:17

Grinnell Invitational

JV Boys 5K Ahrens Recreation Complex, Grinnell, IA 9/6/2016 Partly Sunny, 56% Humidity, Wind SSW 10-20mph & 88°

Place	Score	Name	Year	School	Time	Pace	mpm
65		Luke Schemm	SR	Pella	22:38	7:17	
66	57	Kristjan Henderson	SO	Carlisle	22:40	7:18	
67		Wyatt Kruse	SO	Carlisle	22:42	7:18	
68		Gabe Benton	FR	Belle Plaine	22:47	7:20	
69	58	Ryan Jasper	FR	Des Moines Lincoln	22:48	7:20	
70		Colton Musser	SR	Williamsburg	22:49	7:20	
71	59	Jack Dawson	FR	Oskaloosa	22:49	7:21	
72		Joey Kesteloot	SO	Knoxville	22:51	7:21	
73	60	Adrian Dubon	FR	Ottumwa	22:57	7:23	
74		Patrick North	SR	Oskaloosa	22:58	7:24	
75		Riley Peters	SO	Pella	23:06	7:26	
76		Carson Abrahamson	FR	Oskaloosa	23:14	7:29	
77		Kaiden Royster	FR	Williamsburg	23:24	7:32	
78	61	Leon Urias	JR	Des Moines Lincoln	23:31	7:34	
79	62	Kam Korsmo	SR	Benton Community	23:32	7:35	
80		Sam Carmichael	JR	Oskaloosa	23:37	7:36	
81	63	Jack Meade	SO	Benton Community	23:38	7:36	
82	64	Mark Douglass	FR	Des Moines Lincoln	23:38	7:37	
83		Jurgen Dovre	JR	Williamsburg	23:38	7:37	
84		Garrett Kruse	SR	Carlisle	23:41	7:38	
85		Brannon Harter	SR	Grinnell	23:42	7:38	
86	65	Keylan Irvin	SO	Des Moines Lincoln	23:42	7:38	
87	66	Dominic Caligiuri	FR	Des Moines Lincoln	23:46	7:39	
88	67	Preston Huberty	FR	Des Moines Lincoln	23:46	7:39	
89	68	Spencer Sahu	SR	Benton Community	23:47	7:39	
90		Jared Mass	JR	Oskaloosa	23:48	7:40	
91		Logan Atkinson	SO	Carlisle	23:49	7:40	
92		Weston Powers	SO	Vinton-Shellsburg	23:50	7:40	
93		Jordan Roozenboom	FR	Pella	23:52	7:41	
94		Brett Gibson	SO	Grinnell	23:53	7:41	
95		Addison Dunwell	FR	Newton	23:54	7:41	
96		Spencer Elbert	SR	Newton	23:56	7:42	
97		Brock Beck	FR	Grinnell	23:57	7:43	
98		Gabe Schlabaugh	FR	Williamsburg	24:00	7:43	
99		Roland Eckhardt	JR	Grinnell	24:00	7:43	
100		Seth Curry	SO	Carlisle	24:01	7:44	
101		Aidan Brownell	FR	Grinnell	24:03	7:45	
102		Aiden Reed	SR	Oskaloosa	24:04	7:45	
103	69	Jacob Young	SR	Ottumwa	24:08	7:46	
104		Derek Tingle	SO	Carlisle	24:10	7:47	
105		Alaric Wilson	SO	Oskaloosa	24:11	7:47	
106		Marcus Wilkins	SO	Knoxville	24:15	7:48	
107		Charley Cooling	SO	Vinton-Shellsburg	24:18	7:49	
108		Gable Garcia	FR	Knoxville	24:25	7:52	
109		Nick Schaffner	SR	Oskaloosa	24:26	7:52	
110		A.J. Furr	FR	Pella	24:27	7:52	
111		Aaron Bowie	SR	Oskaloosa	24:36	7:55	
112		Cade McDonald	FR	Knoxville	24:44	7:58	
113		Steven Sharpe	JR	Grinnell	24:54	8:01	
114		Mitchell Bos	JR	Vinton-Shellsburg	24:55	8:01	
115		Johnny Ambrosio	FR	Grinnell	24:55	8:01	
116		Blake Robson	JR	Newton	24:55	8:01	
117		Nikki Patel	SO	Grinnell	24:57	8:02	
118		Drew Appleget	SO	Oskaloosa	25:12	8:07	
119		Ashton Messer	SR	Pella	25:13	8:07	
120		Noah Furness	JR	Grinnell	25:25	8:11	
121		Seth Allison	SR	Williamsburg	25:26	8:11	
122		Ryan Mangin	JR	Carlisle	25:41	8:16	
123	70	Noah Hicks	SO	Ottumwa	25:42	8:16	
124		Matthew Thompson	SO	Pella	25:43	8:17	
125		MacAlister Downing	JR	Des Moines Lincoln	26:04	8:23	
126		Issac Vrba	JR	Vinton-Shellsburg	26:05	8:24	
127		Daniel Raemaker	FR	Knoxville	26:06	8:24	
128		Sam Grinstead	SO	Knoxville	26:18	8:28	
129		Bennett Sothman	JR	Ottumwa	26:26	8:30	
130		Giovanni Tenikat	SR	Des Moines Lincoln	26:26	8:31	
131		Seth Dellamuth	FR	Williamsburg	26:28	8:31	
132		Matthew Simmons-Waters	FR	Des Moines Lincoln	26:32	8:32	
133		Dakota Bigbee	JR	Pella	26:49	8:38	
134		Axl Hoepner	SO	Vinton-Shellsburg	27:05	8:43	
135		Rickey Chase	FR	Vinton-Shellsburg	27:06	8:43	
136		Jarek Harter	FR	Grinnell	27:08	8:44	
137		Joshua Hartl	SO	Oskaloosa	27:15	8:46	
138		Logan White	FR	Pella	27:23	8:49	
139		Colin Short	FR	Carlisle	28:02	9:02	
140		Tyler Crall	FR	Carlisle	28:05	9:02	
141		Jack Vanveen	SR	Carlisle	28:10	9:04	
142		Will Dunsbergen	SR	Colfax-Mingo	28:26	9:09	

Grinnell Invitational

JV Boys 5K Ahrens Recreation Complex, Grinnell, IA 9/6/2016 Partly Sunny, 56% Humidity, Wind SSW 10-20mph & 88°

Place	Score	Name	Year	School	Time	Pace mpm
143		Sloan Volkman	JR	Grinnell	28:54	9:18
144		Jeffrey Weierman	SO	Williamsburg	28:58	9:19
145		Ethan Corwin	JR	Ottumwa	29:06	9:22
146		Cameron Lambirth	SO	Knoxville	29:22	9:27
147		Zion Miller	SR	Pella	29:54	9:37
148		Wyatt Kelp	FR	Pella	29:57	9:39
149		Adam Boddicker	FR	Williamsburg	31:48	10:14
150		John Hammas	SR	Oskaloosa	32:22	10:25
151		Joseph Miller	FR	Benton Community	32:24	10:26
152		Timothy Bettcher	JR	Des Moines Lincoln	33:42	10:51
153		Daniel Young	JR	Des Moines Lincoln	34:54	11:14
154		Daniel Rebelsky	FR	Grinnell	40:27	13:01
155		Jr Norenberg	FR	Grinnell	44:14	14:14

Grinnell Invitational

JV Boys 5K Ahrens Recreation Complex, Grinnell, IA 9/6/2016 Partly Sunny, 56% Humidity, Wind SSW 10-20mph & 88°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Grinnell				4) Williamsburg			
		Score =	52			Score =	102
1	Joe Simon, SO	18:52	6:04	8	Angelo Santiago, SO	20:05	6:28
2	Stiven Parmley, SO	19:22	6:14	15	Isaac Meyerholz, SR	20:36	6:38
3	Adam Gruman, JR	19:42	6:20	19	Andy Zubrod, SO	20:58	6:45
20	Ryan Gruman, FR	21:07	6:48	24	Ted Cromwell, JR	21:08	6:48
26	Jayden Creps, SO	21:10	6:49	36	Jacob Allen, SO	21:31	6:56
27	Kaiden Gosselink, SR	21:16	6:51	38	Josiah Zollinger, SO	21:34	6:56
28	Sergio Perez-Valentin, FR	21:17	6:51	48	Nick Goodell, SO	21:53	7:03
	Jarrett Rose, FR	21:21	6:52		Colton Musser, SR	22:49	7:20
	Dalton Gosselink, SO	21:35	6:57		Kaiden Royster, FR	23:24	7:32
	Brannon Harter, SR	23:42	7:38		Jurgen Dovre, JR	23:38	7:37
	Brett Gibson, SO	23:53	7:41		Gabe Schlabaugh, FR	24:00	7:43
	Brock Beck, FR	23:57	7:43		Seth Allison, SR	25:26	8:11
	Roland Eckhardt, JR	24:00	7:43		Seth Dellamuth, FR	26:28	8:31
	Aidan Brownell, FR	24:03	7:45		Jeffrey Weierman, SO	28:58	9:19
	Steven Sharpe, JR	24:54	8:01		Adam Boddicker, FR	31:48	10:14
	Johnny Ambrosio, FR	24:55	8:01				
	Nikki Patel, SO	24:57	8:02	5) Vinton-Shellsburg			
	Noah Furness, JR	25:25	8:11			Score =	104
	Jarek Harter, FR	27:08	8:44	6	Trent Sivola, SO	19:57	6:25
	Sloan Volkman, JR	28:54	9:18	7	Matt Karr, SO	20:04	6:28
	Daniel Rebelsky, FR	40:27	13:01	11	Casey Funk, SO	20:24	6:34
	Jr Norenberg, FR	44:14	14:14	37	Alex Dick, SR	21:31	6:56
2) Pella				43	Payton Haefner, FR	21:42	6:59
		Score =	87	47	Max Gordon, SO	21:49	7:01
4	Gavin Tierney, SO	19:42	6:21	51	Kody Vogt, SO	21:59	7:05
13	Micah Hammann, SR	20:31	6:36		Bruce Authier, JR	22:08	7:07
14	Benjamin Lauritsen, SR	20:35	6:38		Tyler Hekel, JR	22:13	7:09
25	Mason Johnston, FR	21:09	6:48		Colston Neilson, SO	22:14	7:09
31	Thomas Gaul, FR	21:26	6:54		Weston Powers, SO	23:50	7:40
32	Jordan Buma, SO	21:26	6:54		Charley Cooling, SO	24:18	7:49
53	Nick Singer, FR	22:03	7:06		Mitchell Bos, JR	24:55	8:01
	Troy Miller, SO	22:23	7:12		Issac Vrba, JR	26:05	8:24
	Zechariah Schrauben, SO	22:28	7:14		Axl Hoepner, SO	27:05	8:43
	Luke Schemm, SR	22:38	7:17		Rickey Chase, FR	27:06	8:43
	Riley Peters, SO	23:06	7:26	6) Oskaloosa			
	Jordan Roozenboom, FR	23:52	7:41			Score =	128
	A.J. Furr, FR	24:27	7:52	10	Jack Miller, JR	20:20	6:33
	Ashton Messer, SR	25:13	8:07	17	Josh Diehl, SR	20:42	6:40
	Matthew Thompson, SO	25:43	8:17	23	Kadin Gerard, FR	21:08	6:48
	Dakota Bigbee, JR	26:49	8:38	29	Nic Koenig, FR	21:18	6:51
	Logan White, FR	27:23	8:49	49	Grant Hladik, SR	21:54	7:03
	Zion Miller, SR	29:54	9:37	52	Spencer Nelson, SR	22:03	7:06
	Wyatt Kelpel, FR	29:57	9:39	59	Jack Dawson, FR	22:49	7:21
3) Carlisle					Patrick North, SR	22:58	7:24
		Score =	95		Carson Abrahamson, FR	23:14	7:29
5	Jon Flaws, SO	19:43	6:21		Sam Carmichael, JR	23:37	7:36
9	Truman Kruse, SO	20:16	6:31		Jared Mass, JR	23:48	7:40
12	Kyle Miller, FR	20:29	6:36		Aiden Reed, SR	24:04	7:45
34	Noah Imhoff, JR	21:28	6:55		Alaric Wilson, SO	24:11	7:47
35	Tommy Donovan, JR	21:29	6:55		Nick Schaffner, SR	24:26	7:52
44	Tristen Kessler, FR	21:42	6:59		Aaron Bowie, SR	24:36	7:55
57	Kristjan Henderson, SO	22:40	7:18		Drew Appleget, SO	25:12	8:07
	Wyatt Kruse, SO	22:42	7:18		Joshua Hartl, SO	27:15	8:46
	Garrett Kruse, SR	23:41	7:38		John Hammas, SR	32:22	10:25
	Logan Atkinson, SO	23:49	7:40	7) Knoxville			
	Seth Curry, SO	24:01	7:44			Score =	159
	Derek Tingle, SO	24:10	7:47	16	Coby Meyer, SO	20:37	6:38
	Ryan Mangin, JR	25:41	8:16	18	Caden Hudson, JR	20:55	6:44
	Colin Short, FR	28:02	9:02	39	Elliott Schmidt, SO	21:34	6:57
	Tyler Crall, FR	28:05	9:02	41	Max Eck, SO	21:38	6:58
	Jack Vanveen, SR	28:10	9:04	45	Tristen Parker, SO	21:43	6:59
				46	Cade McNeill, SR	21:45	7:00
				55	Dom Avon, FR	22:16	7:10
					Nash Linsley, FR	22:31	7:15
					Joey Kesteloot, SO	22:51	7:21
					Marcus Wilkins, SO	24:15	7:48
					Gable Garcia, FR	24:25	7:52
					Cade McDonald, FR	24:44	7:58
					Daniel Raemaker, FR	26:06	8:24
					Sam Grinstead, SO	26:18	8:28
					Cameron Lambirth, SO	29:22	9:27

Grinnell Invitational

JV Boys 5K Ahrens Recreation Complex, Grinnell, IA 9/6/2016 Partly Sunny, 56% Humidity, Wind SSW 10-20mph & 88°

Place	Name	Time	mpm	Place	Name	Time	mpm
8) Ottumwa		Score = 166					
21	Trenton Elliott, FR	21:08	6:48				
22	Isacc Ford, FR	21:08	6:48				
30	Rayce Elliott, JR	21:21	6:52				
33	Bryer Wallace, FR	21:27	6:54				
60	Adrian Dubon, FR	22:57	7:23				
69	Jacob Young, SR	24:08	7:46				
70	Noah Hicks, SO	25:42	8:16				
	Bennett Sothman, JR	26:26	8:30				
	Ethan Corwin, JR	29:06	9:22				
9) Benton Community		Score = 248					
40	Carl Gerhold, SR	21:37	6:58				
42	Nathan Wells, JR	21:39	6:58				
50	Bennett Gorkow, SO	21:55	7:03				
54	Simon Carlson, SO	22:10	7:08				
62	Kam Korsmo, SR	23:32	7:35				
63	Jack Meade, SO	23:38	7:36				
68	Spencer Sahu, SR	23:47	7:39				
	Joseph Miller, FR	32:24	10:26				
10) Des Moines Lincoln		Score = 304					
56	Michael Spoonholtz, SO	22:36	7:17				
58	Ryan Jasper, FR	22:48	7:20				
61	Leon Urias, JR	23:31	7:34				
64	Mark Douglass, FR	23:38	7:37				
65	Keylan Irvin, SO	23:42	7:38				
66	Dominic Caligiuri, FR	23:46	7:39				
67	Preston Huberty, FR	23:46	7:39				
	MacAlister Downing, JR	26:04	8:23				
	Giovanni Tenikat, SR	26:26	8:31				
	Matthew Simmons-Waters, FR	26:32	8:32				
	Timothy Bettcher, JR	33:42	10:51				
	Daniel Young, JR	34:54	11:14				
Incomplete Teams:							
Belle Plaine							
68	Gabe Benton, FR	22:47	7:20				
Colfax-Mingo							
142	Will Dunsbergen, SR	28:26	9:09				
Newton							
95	Addison Dunwell, FR	23:54	7:41				
96	Spencer Elbert, SR	23:56	7:42				
116	Blake Robson, JR	24:55	8:01				