



Hi Friends,

Hello! I am very excited to be working at Jump! Gymnastics. I participated in gymnastics until I was a level 8.

Growing up in the sport helped me feel stronger, and not just physically, but within my own self. It taught me about discipline, helped me gain confidence, and I learned about having perseverance. It was a challenging

sport but in the best way to gain many strengths and skills that can be incorporated outside of gymnastics.

I have worked with kids from 6 months to 12 years since 2014. I definitely enjoy being around kids, their energy is contagious! I will be kind and encouraging to the kids learning new skills and overcoming obstacles that come their way. I only use positive reinforcement with any kid I am coaching. Communicating with the parents is also very important as I would want to update them on accomplishments or any struggles their child is having in the class. The kids can do anything they set their minds to, and I will reiterate to them that as long as they keep trying their best then they should still feel proud of themselves.

Fun fact: I have a cat named Korra and she is my whole entire world, I live a vegan lifestyle, I love doing obstacle course races, and occasionally I like to dye my hair fun colors.

- Hailey Edwards