

Current Meetings at the ARC

Day	Time	Fellowship	Meeting Description
Sunday	8:00 am		- Sunday Early Risers - Closed Meeting Contact: Brian Ph: 224-772-5898
	10:00 am		- Twenty-Four Hours a Day – Open Meeting Contact: Mary Z-T. Ph: 847-445-4412
	5:00 pm		- Women's NA - Second Chance Group - Closed Meeting Contact: Leslie Ph: 630-664-2971
	6:30 pm		- NA - Open Topic - Closed Meeting Contact: George K. Ph: 847-651-9184
Monday	10:30 am		- Overeaters Anonymous - Step Study - Closed meeting Contact: Terri G. Ph: 847-691-1538
	12:00 pm (noon)		- Open Topic - Closed Meeting Contact: Littlefeather Ph: 847-245-7946
	5:00 pm		- AA Big Book Step Study - Closed Meeting Contact: Bob C. Ph: 224-944-1015
	7:00 pm		- AA Big Book and 12&12 Study - Closed Meeting Contact: Tim S. Ph: 847-417-1454
	7:00 pm		- ARC Board 3rd Monday of the month
Tuesday	10:00 am		- Living Sober - Closed Meeting Contact: Donna S. Ph: 224-545-4941
	5:00 pm		- As Bill Sees It - Closed Meeting Contact: David M. Ph: 224-358-7335
	7:00 pm		- Alternate Step Discussion - Closed Meeting Contact: Bill L. Ph: 847-204-4877
	7:00 pm		- Women's Group - Closed Meeting Contact: Liz Ph: 262-220-6819
	8:30 pm		- Heroin Anonymous - Talking Smack - Open Meeting Contact: Barb W. Ph: 847-525-0635
Wednesday	12:00 pm (noon)		- 12 & 12 - Closed Meeting Contact: David M. Ph: 224-358-7335
	6:00 pm		- Overeaters Anonymous - Step Study - Open Meeting Contact: Terri G. Ph: 847-691-1538
	6:00 pm		- 12 & 12 Book Study - Closed Meeting Contact: Donna S. Ph: 224-545-4941

Day	Time	Fellowship	Meeting Description
Wednesday (cont.)	7:30 pm		- Men's Step Discussion Group - Closed Meeting Contact: Kevin M. Ph: 773-610-4999
	7:30 pm		- NA - Open Topic - Closed Meeting Contact: Colleen F. Ph: 847-274-4477
Thursday	10:00 am		- Women's NA - Second Chance Group - Closed Meeting Contact: Rose W. Ph: 224-337-9118
	12:00 pm (noon)		- 3 rd & 11 th Steps - Closed Meeting Contact: Donna S. Ph: 224-545-4941
	6:30 pm		- Families Anonymous - Open Meeting Contact: Bonnie Ph: 847-873-5035
	6:30 pm		- NA - Living Clean Beginners Group - Open Meeting Contact: Mike Y. Ph: 847-845-3314
	8:00 pm		- Sober School - Closed Meeting Contact: Margaret B. Ph: 262-909-9582
Friday	7:00 am		- Sunrise Daily Reflections - Closed Meeting Contact: Margaret B. Ph: 262-909-9582
	9:00 am		- AI-Anon - 9AM Wake Up Contact: Renee Ph: 224-388-8611
	12:00 pm (noon)		- The Little Red Book - Closed Meeting Contact: Terese G. Ph: 847-691-1538
	6:30 pm		- Adult Children of Alcoholics - Open Meeting Contact: Dawn J. Ph: 847-867-7592
	6:30 pm		- NA Basic Text Study - Closed Meeting Contact: Tiffany B. Ph: 847-791-3445
	8:00 pm		- TGIF Tools of Recovery - Closed Meeting Contact: Terry G. Ph: 847-691-1538
Saturday	8:00 am		- Men's Step Discussion Group - Closed Meeting Contact: Aric S. Ph: 224-440-0011
	9:30 am		- CA - Drop The Rock - Closed Meeting Contact: Renee Ph: 847-445-0972
	7:00 pm		- Open Speaker Meeting - (2nd and 4th Saturdays)
	10:30 pm		- Candlelight - Big Book Stories - Closed Meeting Needs Support! - Contact: Jess L. Ph: 847-220-0558