

DSM-V Criteria for Substance Use Disorders

DIAGNOSTIC AND STATISTICAL
MANUAL OF
MENTAL DISORDERS

FIFTH EDITION

DSM-5



AMERICAN PSYCHIATRIC ASSOCIATION

Changes Between DSM-IV-TR and DSM-V

DSM-IV-TR

- Substance Abuse (1 or more of 4 criteria)
- Substance Dependency (3 or more of 7 criteria)

DSM-V

- Eliminated abuse and dependency
- Substituted Substance Use Disorder (10 classes of drugs)
- 11 possible criteria
- Three levels of severity:
 - Mild (2-3 criteria)
 - Moderate (4-5)
 - Severe (6+)
- Specifiers:
 - Remission types:
 - Early
 - Sustained
 - On maintenance therapy
 - In a controlled environment

Substance Use Disorder

- Within a 12 month period:
 - Substance taken in larger amount and for longer period than intended
 - Persistent desire or unsuccessful efforts to cut down or control use
 - Great deal of time spent in activities to obtain, use, recover from effects
 - Craving or a strong desire to use
 - Recurrent use resulting in failure to fulfill major role obligation at work, school or home

Substance Abuse

- Within a 12 month period:
 - Continued use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by effects of the substance
 - Important social, occupational, or recreational activities given up or reduced
 - Recurrent use in physically hazardous situations
 - Continued use despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by use

Substance Abuse

- Within a 12 month period:
 - Use continues despite knowledge of adverse consequences (e.g., failure to fulfill role obligation, use when physically hazardous)
 - Tolerance as defined by either of the following:
 1. A need for markedly increased amounts of the substance
 2. A markedly diminished effects with continued use of the substance
 - Withdrawal, as manifested by either of the following:
 1. The characteristic withdrawal syndrome for the substance
 2. The substance is taken or relieve or avoid withdrawal symptoms

Severity of Substance Abuse Disorder

- Mild: 2-3 symptoms
- Moderate: 4-5 symptoms
- Severe: 6 or more symptoms
- “Specifiers”:
 - Early remission-No symptoms for at least 3 months, but less than 12 months*
 - Sustained remission-No symptoms for 12 months or more*

* Except craving or a strong desire to use