2023
PRODUCT
GUIDE

Wellbeing, Simplified

Redefining Wellbeing

WELLBEING IS INDIVIDUAL—IT'S AN IDENTITY UNIQUE TO YOU.

Which is great news! It means you can finally remove all the confusion and truly define what wellbeing means to you.

Wake up "early." Exercise. Not like that, like this. Eat "healthy"—organic, plants, skip breakfast, skip carbs—wait, is this food on the good or bad list? Avoid toxins. Avoid chemicals. Relax. Work hard. Save money. Spend money. Get plenty of sleep—STOP!

In your hands is a guide with one purpose: **Simplify wellbeing.**

Instead of fretting about what results should be from everyone else's perspective, our clinically validated systems and products help you **focus on defining what life is... on your terms.**

Dear New You,

Remember when you decided it was time for a change? When you wanted to take your health or beauty routine to the next level? Isn't it incredible how that one decision changed everything?

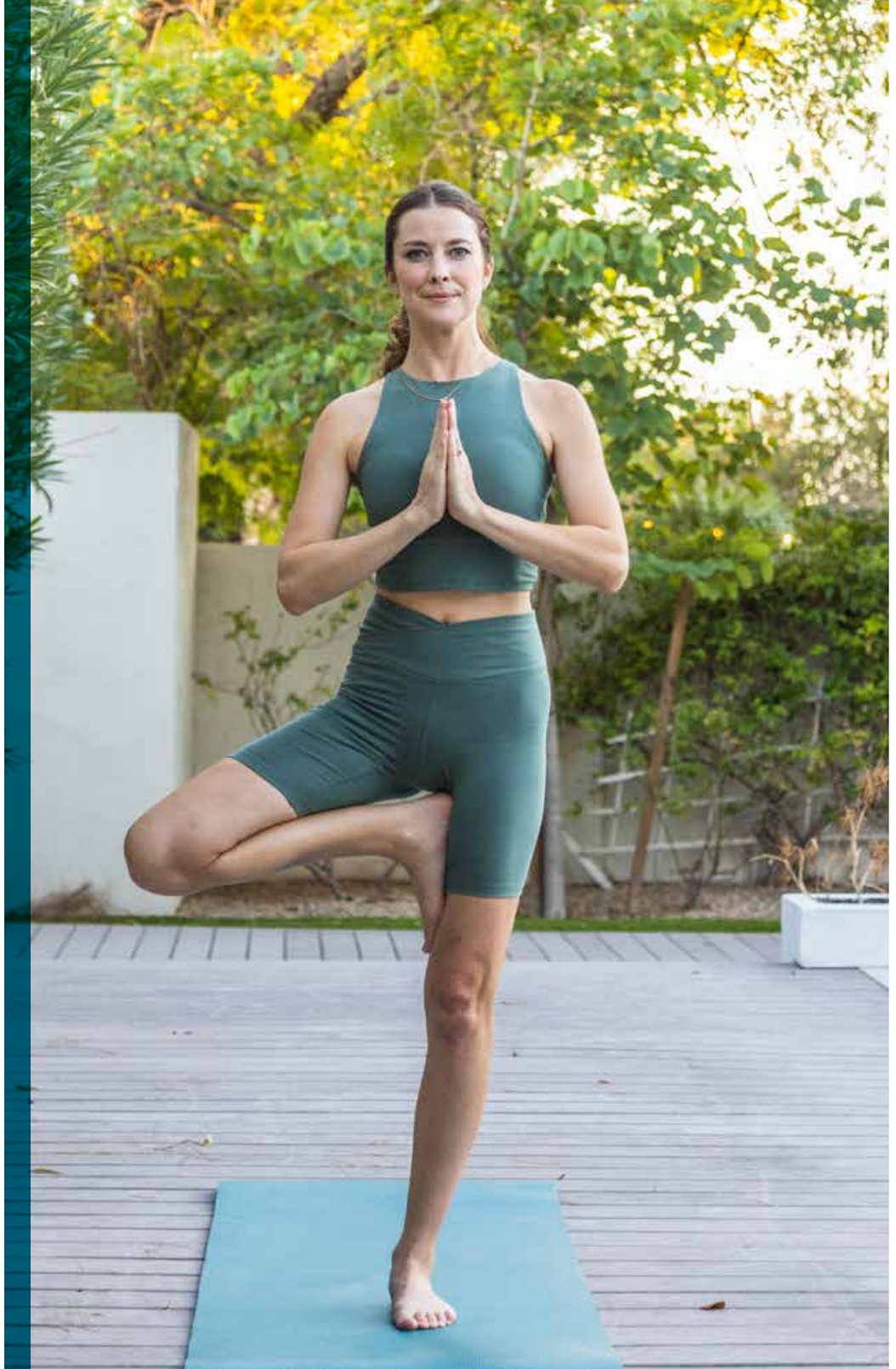
That's when the goal of each day became making it better than the last. When your habits aligned with who you always wanted to become. It was when you didn't have to guess anymore!

That's what this 2023 Isagenix Product Guide is all about. **So, here's what's next:**

- ✓ Choose your path
- ✓ Choose your products
- ✓ Keep it simple

That's it.
Your wellbeing is yours to define.
Always.

Be well,
ISAGENIX



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Removing the Guesswork

WE HAVE ACCESS TO MORE INFORMATION THAN AT ANY POINT IN HISTORY.

But figuring out this whole “healthy lifestyle” thing is so confusing—until now...

Let’s simplify it. Ready to ignore all the fads and start following the science to achieve your goals?

Here we go!

30-Day Reset

EXPERIENCE THE NEWLY ENHANCED ISAGENIX 30-DAY RESET

The original, game-changing 30-Day System you know and love just got upgraded, including our reformulated Natural Accelerator™ and a brand-new, easy-to-follow guidebook.

So, whether you're looking to get fit and lean, drop a few pounds or inches, or simply improve your overall health, this clinically supported reset helps you love who you are now and believe in who you can become in the future.

- ✓ Balanced Nutrition
- ✓ Intermittent Fasting
- ✓ Detox Support
- ✓ Stress Management
- ✓ Craving Crushers

What's Inside:

IsaLean® Shake
Great-tasting shake with whey or plant-based options.

Cleanse for Life®
Gentle detox system support with super plant botanicals.

Adaptogen Elixir OR Ionix® Supreme
Support your body's ability to adapt to stress.†

Natural Accelerator™
Help enhance the fat-burning process with clinically studied citrus extracts.

IsaFlush®
Gentle digestive support for balanced regularity.

Snack Bites
Snack smarter with 5 grams of protein and only 100-110 calories.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Clinically Studied and Validated

KEY FINDINGS AFTER 8 WEEKS
of using the Isagenix System compared to a heart-healthy diet:

56% MORE WEIGHT LOSS

2x AS MUCH VISCERAL (ADOMINAL) FAT LOSS

IMPROVEMENTS IN CARDIOVASCULAR HEALTH MARKERS

KEY FINDINGS AFTER 12 WEEKS*
of following the Isagenix System:

20% DECREASE IN FAT MASS

9% INCREASE IN LEAN MUSCLE MASS

33% INCREASE IN TOTAL TOXINS (PCBs) RELEASED

25% DECREASE IN OXIDATIVE STRESS

CARDIOVASCULAR HEALTH MARKERS SIGNIFICANTLY IMPROVED

*Weight loss should not be considered typical. A study showed an average weight loss of 24 pounds after 12 weeks. Participants took part in a calorie-controlled regimen of Shake Days and one Cleanse Day per week. For more information on the study, see IsagenixHealth.net.

Does it work?

YES! WANT PROOF?

See for yourself. This video explains clinical support for our systems, how they work, and what's inside!

WATCH THIS VIDEO

FOREVER
CHANGED

Real individuals. Real results.

They ALL Took the Challenge...Will You?

Register for the transformational IsaBody Challenge today!

*Weight loss should not be considered typical. A study showed an average weight loss of 24 pounds after 12 weeks. Participants took part in a calorie-controlled regimen of Shake Days and one Cleanse Day per week. For more information on the study, see IsagenixHealth.net.

CHALLENGE YOURSELF

Shake it Off

ISALEAN® SHAKE

A Scientifically Supported Superfood Shake

- ✓ A delicious superfood shake that's nutrient-dense to help you feel fuller, longer.
- ✓ Supports lean muscle and metabolism with 24 grams of high-quality protein, including undenatured whey from New Zealand grass-fed cows.
- ✓ A convenient, satisfying meal that's less than $5 per serving.

GOING PLANT-BASED? WE'VE GOT YOU!

Our Whole Blend Plant-Based IsaLean® Shake has the same great nutrients, vitamins and minerals, and undeniable taste with 24 grams of a complete vegan protein blend from fava beans, mung beans, and peas.

SOY-FREE GLUTEN-FREE LOW-GLYCEMIC

SCAN TO LEARN MORE

GO SEASONAL!

Get amazingly delicious, limited-edition seasonal shakes throughout the year!

Give it a Boost

ADD IMMUNE SHAKE BOOSTER

to your shake to help prime, strengthen, and balance your immune system for better overall health.†

OR HEART SHAKE BOOSTER

to blend delicious, science-supported ingredients into your shake for overall cardiovascular health.†

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Reset to Reignite

WHY DO CLEANSE DAYS?

First, this isn't a fad "cleanse" someone posted on social. This is nutritionally-supported intermittent fasting. It's like cleaning your workspace so you can focus on completing a big project. It resets your system and reignites it to work and perform more efficiently. And when you combine one or two Cleanse Days with one of our Weight Management Systems, the results are transformative.

CLEANSE FOR LIFE®

Detox System Support†

- ✓ Supports your body's natural detoxification process and helps fight oxidative stress with no laxatives or diuretics involved.†
- ✓ Made with a unique blend of herbs, antioxidants, and plant botanicals that protect and nourish the body while intermittent fasting.†

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HOW TO CLEANSE

SOY-FREE GLUTEN-FREE VEGAN KOSHER

CLEANSE DAY ROUTINE

Choose between doing one Cleanse Day per week, or two consecutive Cleanse Days for two weeks out of the month, for a total of 4 Cleanse Days per month.

MORNING

Cleanse for Life + Natural Accelerator (2 Capsules) + 1 Snack Bite

LATE MORNING

Cleanse for Life + Adaptogen Elixir or Ionix Supreme

AFTERNOON

Cleanse for Life + 1 Snack Bite

EVENING + **BEFORE BED**

Cleanse for Life + 1 Snack Bite + IsaFlush (1 – 2 Capsules)

Clinically Studied and Validated

KEY FINDINGS AFTER 12 WEEKS
of following the Isagenix System with weekly Cleanse Days*:

5% DECREASE IN BODY FAT

7% DECREASE IN WAIST CIRCUMFERENCE

44% DECREASE IN HUNGER LEVELS

CARDIOVASCULAR AND METABOLIC HEALTH MARKERS SIGNIFICANTLY IMPROVED
(INCLUDING BLOOD PRESSURE, LIPIDS SUCH AS CHOLESTEROL AND BLOOD GLUCOSE)

*Weight loss should not be considered typical. A study showed an average weight loss of 24 pounds after 12 weeks. Participants took part in a calorie-controlled regimen of Shake Days and one Cleanse Day per week. For more information on the study, see IsagenixHealth.net.

Snack Bites

SNACK SMARTER
with 5 grams of protein and only 100-110 calories per serving.

Trust Your Gut

Ease your body's ability to churn & burn calories. The better your digestive system, the happier your gut. A happier gut makes for a hotter metabolism. That's fat-burning, simplified. On top of that, gut health is important for proper nutrient absorption for better overall health, as well as strengthening natural immune function.†

NATURAL ACCELERATOR™

A Natural Boost to Your Metabolism†

- ✓ Designed to enhance the fat-burning process through clinically studied citrus extracts.†
- ✓ Increases thermogenesis to burn more calories which enhances the benefits of an Isagenix Weight Management system.†
- ✓ Boosts metabolism with natural botanicals and a hint of naturally occurring caffeine.†

ISAFLUSH®

Supports Balanced Digestive Regularity†

- ✓ Supports your body's natural detoxification process and helps fight oxidative stress.†
- ✓ Gentle digestive support from balancing minerals and botanicals.†
- ✓ Magnesium provides calming whole-body support and regularity without the use of harsh laxatives.†

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Go Plant-Based

Want dairy-free, delicious, filling nutrition anywhere, anytime? These bars cater to vegan diets or those looking for plant-based protein to support healthy eating habits. Go plant-based to look and feel your absolute best!

PLANT-BASED ISALEAN® BAR

Nutrition Made Simple

- ✓ 15 grams of plant-based protein.
- ✓ Great tasting, balanced nutrition on-the-go.
- ✓ Simple, wholesome ingredients to keep you satisfied for hours.

Everyday Health Pack

LASTING HEALTHY CHANGE

starts with a strong foundation, and the Everyday Health Pack is here to help you build just that.

- ✓ Support consistent weight loss.
- ✓ Satisfy cravings & boost your metabolism.†
- ✓ Support your body's natural detoxification process.†

NATURAL
BEAUTY

Embrace Your Confidence

IT'S EASIER TO EMBRACE YOUR CONFIDENCE WITH A LUXE, HOLISTIC APPROACH TO BEAUTY.

With our scientifically supported ingredients and blends, you'll shine bright inside and out.

Our natural beauty line is designed to simplify your glamour routine while being extremely effective.

Little Bottle of Amazing

Collagen Elixir™ is designed to help you look and feel the way you've always wanted to. Infused with an innovative blend of marine collagen peptides and powerful botanicals, this little bottle of amazing indulges your skin with both beauty and nourishment from the inside out.

COLLAGEN ELIXIR

Glow Radiantly, Live Beautifully

- ✓ Clinically tested and shown to improve collagen density, skin elasticity and moisture, fine lines and wrinkles, and hyperpigmentation.†
- ✓ 5 grams of marine collagen peptides combined with biotin, vitamin C, zinc, aloe vera, chamomile, acerola berry, and goji berry.
- ✓ The easiest and best-tasting way to achieve glowing, youthful skin.

SOY-FREE GLUTEN-FREE

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WATCH THIS VIDEO

Clinically Studied and Validated

NOTICEABLE RESULTS IN THE FIRST 30 DAYS*

93% IMPROVED HYDRATION

92% HEALTHIER SKIN

90% MORE RADIANT SKIN

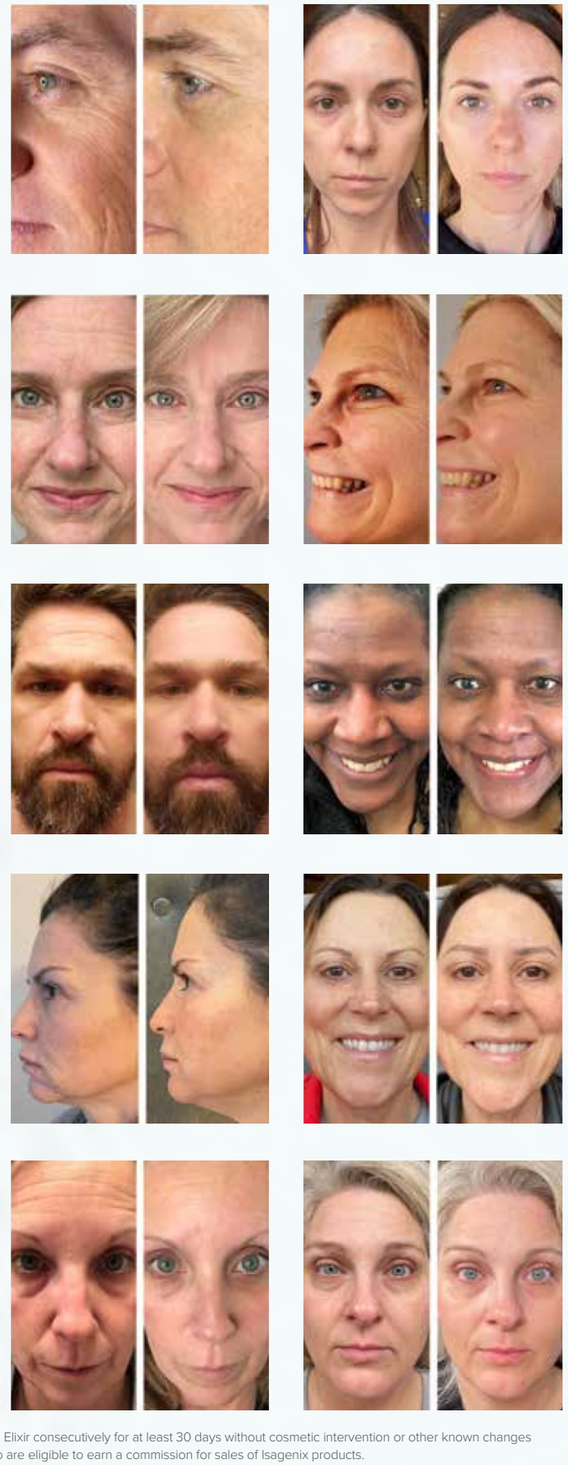
88% IMPROVED BRIGHTNESS

91% YOUTHFUL COMPLEXION

83% IMPROVED FIRMNESS

NEVER STOP GLOWING

Experience glowing skin long-term with our Beauty Afterglow Bundle. Get 6, 10-count boxes of Collagen Elixir and bask in the afterglow.



*Individual results may vary. Statistics are based on a survey of 113 participants who used Isagenix Collagen Elixir consecutively for at least 30 days without cosmetic intervention or other known changes to their regular skincare products. The survey participants included Isagenix Independent Associates, who are eligible to earn a commission for sales of Isagenix products.

Results depicted are those of Isagenix Customers who used Collagen Elixir along with a skincare and supplement routine for 30 days with daily use. Results not typical. In a preliminary study, participants experienced a 9.5% reduction in the appearance of wrinkles over 30 days.

Unveil Your Masterpiece

Inspired by you and perfected by nature and science, Celletoi™ is the ultimate skincare line in the age of self-care. The ingredients are pure, the routine is simple, and the results are undeniable.

MOISTURE BALANCING CLEANSER
Removes makeup, dirt, and impurities through its antioxidant-rich botanicals and ceramides in a gentle, yet powerful foam.

ADVANCED YOUTH SERUM
Improves skin elasticity, tone, and texture through a concentration of growth factors working alongside the skin's natural renewal process.

FIRMING CASHMERE CREAM
Defends skin against harmful environmental pollutants through an infusion of all-day moisture support from hyaluronic acid and soothing ceramides.

RESTORATIVE EYE TREATMENT
Reduces the signs of aging to visibly smooth lines and wrinkles for radiant eyes and brighter skin by utilizing our exclusive Celletoi BioFirm Complex™.

Celletoi Trial Results

(KEY FINDINGS AFTER 8 WEEKS)


BEFORE AFTER

74%
increase in skin moisture after 4 weeks and 109% increase after 8 weeks*


BEFORE AFTER

100%
of study participants noticed an improvement in the appearance of fine lines & wrinkles

NO PARABENS, SULFATES, PHOSPHATES

NO ARTIFICIAL FRAGRANCE

THIRD-PARTY CLINICALLY TESTED

DERMATOLOGIST TESTED

CRUELTY-FREE/ VEGAN

LEAPING BUNNY CERTIFIED

BY COMBINING CELLETOI WITH COLLAGEN ELIXIR™, YOU WILL EXPERIENCE THE ULTIMATE INNER AND OUTER BEAUTY ROUTINE^

78% NOTICED AN IMPROVEMENT IN SKIN TEXTURE

85% NOTICED MORE RADIANT SKIN

92% NOTICED HEALTHIER-LOOKING SKIN

71% NOTICED AN IMPROVEMENT IN SKIN ELASTICITY/FIRMNESS

Choose Your Collection


COMPLETE COLLECTION


MASTERPIECE COLLECTION

* Individual results may vary. Statistics are based on a third-party clinical study with 22 participants who used the Celletoi Complete Collection consecutively for 8 weeks without cosmetic intervention or other known changes to their lifestyle.
^ Individual results may vary. Statistics are based on an internal pilot study of 14 participants who used Collagen Elixir along with the Celletoi Complete Collection consecutively for 4 weeks.

Love Your Locks

Your hair hero is here. Love your locks with this clean, vegan, clinically effective pillar of our Natural Beauty line. Few feelings are as wonderful and calming as running your fingers through locks of long, thick, strong hair. Revel in yours with Hair Revival.

HAIR REVIVAL

Your hair is the centerpiece of your style, so let's keep it healthy and happy.

- ✓ Helps boost hair growth, shine, and texture while supporting hair strength and health.†
- ✓ Clinically tested with results shown after just 60 days.
- ✓ A vegan formula including our patented Banana Flower Extract and a variety of hair-boosting botanicals, vitamins, minerals, and amino acids.

SOY-FREE

VEGAN

GLUTEN-FREE

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Confidence Inside & Out

(KEY FINDINGS AFTER 8 WEEKS)

Combining Hair Revival with Collagen Elixir™ in an 8-week internal study found:

*Individual results may vary. Statistics are based on an internal pilot study of 25 participants who used both Collagen Elixir™ and Hair Revival consecutively for 8 weeks.

BEFORE AFTER

80% Experienced Healthier Hair*

76% Reported Stronger Hair*

BEFORE AFTER

76% Experienced Less Hair Fallout*

64% Noticed Fuller Hair*

Magnificent Medleys

NO NEED TO PICK AND CHOOSE INDIVIDUAL BEAUTY PRODUCTS

Our collections make it easier to look and feel your best. You are a masterpiece, let your beauty shine.

HAIR GROW & GLOW COLLECTION

- 2 bottles of Hair Revival
- 6 boxes of Collagen Elixir™ (60 bottles)

HAIR & SKIN COLLECTION

- 1 bottle of Hair Revival
- 3 boxes of Collagen Elixir (30 bottles)

HAIR REVIVAL COLLECTION

- 2 bottles of Hair Revival

CELLETOI BIOFIRM COLLECTION

- Advanced Youth Serum
- Restorative Eye Treatment

CELLETOI EXQUISITE COLLECTION

- Advanced Youth Serum
- Restorative Eye Treatment
- 3 boxes of Collagen Elixir (30 bottles)

BEAUTY BUNDLE

- 4 boxes of Collagen Elixir (40 bottles)

Timeless Wellbeing

YOUR WELLBEING IS INDIVIDUAL AND OUR MISSION IS TO SIMPLIFY IT FOR YOU.

We develop products for every need, want, goal, and feeling. But as unique as we all are, we also have common desires. We may have different reasons for being stressed, but many of us share a desire to adapt to stress.

We may have different reasons for being distracted, but many of us share a desire to be focused. That's why, across the globe, these are some of our most loved products. They represent a shared lifestyle of wellbeing within a health-driven community that's absolutely timeless.

WHY RESET?

...for wellness
...for health
...for routine
...for confidence
...for nutrition
...for relaxation
...for mindfulness
...for results

Reset for you.

THIS ISN'T JUST A RESET— this is a full week to reconnect with yourself.

SCAN TO LEARN MORE

7-Day Reset

This straightforward routine was created to help you get results in a week. We designed this 7-Day Reset based on our clinically validated Weight Loss System.

7
bottles of Adaptogen Elixir to help your body better handle stress.†

What's Inside:

12
packets of IsaLean Shake for a scientifically supported, nutrient-dense superfood meal.

4
bottles of Cleanse for Life to support your body's natural detoxification systems with super plant botanicals.†

3
Plant-Based Snack Bites to satisfy your cravings on Cleanse Days.

MINDFULLY FOLLOWING THIS SCHEDULE FOR 7 DAYS CAN HELP YOU FIND IT EASIER TO:†

- ✓ Burn Fat
- ✓ Fight Cravings
- ✓ Adapt to Stress
- ✓ Sleep Better
- ✓ Improve Nutrition
- ✓ Cleanse Safely

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Nature's Stress Response

While stress can be useful—getting that project done on time, protecting loved ones, exercising—it can also become debilitating. Luckily, nature has an answer.

The goal isn't to eliminate stress. Stress is inevitable. The goal is to adapt to stress.

ADAPTOGEN ELIXIR

Calm Your Chaos

- ✓ This unique blend of healing herbs and adaptogens helps your body and mind better handle daily stress while combating fatigue.†
- ✓ Sip your way to serenity with this time-tested yet modern botanical blend designed to support relaxation and better sleep.†
- ✓ Enjoy this perfectly portioned bottle of rose-flavored sparkling kombucha tea anytime, anywhere, to help naturally balance your body.†

SOY-FREE VEGAN GLUTEN-FREE

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IONIX® SUPREME

Nature's Answer to Stress

- ✓ The original Isagenix adaptogen tonic to help your body and mind better handle daily stress.†
- ✓ Recover from everyday life, improve your immune system for lasting health, and maintain equilibrium.†
- ✓ Functional nutrients zinc, B vitamin-complex, and plant-derived trace minerals support whole-body health including better focus.†

SOY-FREE VEGAN GLUTEN-FREE

Meet the Adaptogens

FIND YOUR BALANCE

Both products have these adaptogens in common:

Ashwagandha
The time-tested relaxation adaptogen used throughout the world for over 3,000 years.†

Astragalus
A healing herb that keeps the immune system strong.†

Eleuthero Root
Better focus and improved cognitive function, all thanks to this naturally occurring botanical.†

Goji Berry
Also known as wolfberry, aka the superfood filled with vitamins and minerals.

Rhodiola
Burn bright, not out. Rhodiola has properties associated with managing burnout and fatigue.

Schisandra
Also known as the endurance adaptogen, schisandra fights physical fatigue.†

Shilajit
Improve your focus and feel more energized at the same time. How great is that?

Live Better

What if we told you everything that's been normalized about getting older—brain fog, lethargy, lack of focus, stiffness, sleeplessness, aching—doesn't have to be the norm?

Have you ever heard of "biohacking" or "do-it-yourself" health? It might sound scary or seem like the latest trend in a long line of health fads, but check this out:

Before "biohacking" was a thing, Isagenix products led the way to help you optimize what your body does naturally. And with these two innovative products, you can take biohacking to the next level...

RECHARGE NAD™

Cell Care is the New Self Care

- ✓ ENERGY PRODUCTION:
  Optimizes the production of energy in the cell to support everything your body does (like respiration, digestion, movement, and more).†
- ✓ CELLULAR DETOXIFICATION AND PROTECTION:
  Helps slow cellular aging by boosting your cells' natural detoxification process.†
- ✓ CAPSULE TECHNOLOGY:
  Designed with advanced capsule technology, utilizing timed-release beadlets to provide increased absorption and bioavailability.†

SCAN TO LEARN MORE

NOOTROPIC ELIXIR™

Fuel Your Focus

- ✓ This ready-to-drink elixir supports both on-demand focus and long-term brain health.†
- ✓ Nootropics also help regulate mood while supporting creative moments to optimize brain power, so you can be present and enhance your mental performance.†
- ✓ Our brains take in 5X more information than 30 years ago, which is why this elixir aids against mild memory loss associated with aging.†

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Hitting the ON Switch

Fatigue, lack of focus, and burnout all limit what we're capable of achieving day to day. With our line of Energy and Focus products, you can feel like you determine when to flip the switch ON to GTD (Get Things Done) and OFF to get some much-needed rest. Putting energy within your control.

E+™

85mg CAFFEINE

The Balanced Energy Shot with Naturally Sourced Caffeine + Adaptogens

- ✓ 85 milligrams of natural caffeine sourced from green tea and yerba mate.
- ✓ Fuel your day with adaptogens that support alertness and physical performance.†
- ✓ Clinically tested and shown to support sustained energy levels.†

ISAGENIX COFFEE

85mg CAFFEINE

Deliciously Smooth Organic Blend

- ✓ Smooth tasting, medium roast coffee made from 100% fairly traded arabica beans.
- ✓ Beans are selected by a licensed coffee grader, slow-roasted in small batches, and expertly blended by a certified roast master.
- ✓ With added green tea extract, trace minerals, and coconut oil, flavor and nutrition are enhanced in each cup.

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BĒA™ SPARKLING ENERGY DRINK

125mg CAFFEINE

Botanical Energy + Adaptogens

- ✓ A sparkling energy drink that's good for you with 12 essential vitamins sourced from fruits and veggies.
- ✓ Botanical energy + adaptogens with ashwagandha and 125 mg of caffeine from green tea.
- ✓ Less than 1 gram of sugar and just 10 calories.

XM+® ENERGY MIX

155mg CAFFEINE

Whole Moringa Energy

- ✓ Contains key ingredients to boost metabolism and support enhanced energy from green tea and American ginseng.
- ✓ Provides complete moringa nutrition by combining the plant's leaves, seeds, and fruit while utilizing shade-drying to ensure nutrients stay intact.
- ✓ Pre-measured packets are perfect for incorporating this superfood at home or on the go.

Elevate Your Body's Purpose

With the right nutrients and daily nutrition, our bodies can fulfill their purpose of functioning and performing properly for optimal wellbeing.

XANGO® JUICE

The Delicious Superfruit Concentrate

- ✓ Comes in a convenient and highly nutritious daily drink providing phytonutrients to support healthy body function.
- ✓ Utilizes the whole mangosteen fruit, including the seeds, pulp, and rind, which contains naturally occurring phytonutrients like xanthones, flavonoids, catechins, and more.
- ✓ Delivers delicious, naturally sweet and tangy superfruit nutrition without artificial sweeteners or added sugar.

SUPERMIX™

A Premium Moringa Superfood Powder

- ✓ An easy way to incorporate moringa, one of the world's most nutrient-dense green superfoods, into your daily diet.
- ✓ Sourced from some of the best moringa growing locations, while shade-drying of plant parts helps ensure natural nutrients stay intact.
- ✓ Convenient pre-measured packets, perfect for on-the-go with 50 calories per serving.

GREENS™

A Superfood Experience

- ✓ Provides two full servings of leafy green vegetables, like spinach and kale, in every scoop.
- ✓ A convenient source of super plants like moringa, broccoli, turmeric, chlorella, and spirulina for enhanced daily support.
- ✓ A phytonutrient-rich complement to any nutritious diet with a natural fruit flavor.
- ✓ 30 calories and no added sugar.

Premium Tea

Isagenix's Premium Tea is a delicious blend of traditional Eastern and Western herbs that aids in digestion, acts as a natural laxative and diuretic, and eliminates toxins released from fat cells during weight loss. It's the perfect way to calm and cleanse your body.

The byproducts or waste that our body produces are the results of all metabolic processes that occur. Burning fat is one of the most metabolically active processes that occurs in the human body. This is because fat is highly concentrated energy that has been consumed but not yet burned.

In terms of energy, 10 pounds of fat is equivalent to about 68 pounds of sugar. This means that when we consume too many calories, our body will convert and concentrate the excess protein, sugar and fat into triglycerides and store it as fat in our adipose cells.

When our body needs extra energy, it will access its own fat. This occurs when triglycerides are converted into glucose and released into the bloodstream, resulting in an excess amount of waste. When too much waste is built up in the body, it will limit the access of fat for energy to prevent our body from poisoning itself. Stated simply, it is important that we regularly detoxify our body to remove this excess waste.

In addition to allowing our body to freely utilize fat stores as energy, detoxifying with Isagenix's Premium Tea also allows us to better absorb nutrients from food. This is imperative because different nutrients are absorbed in different areas throughout our digestive system. Rather than degrading nutrients before they reach the area where they are best absorbed, nutrients are optimized for maximum engagement.

The following are just a few of the natural ingredients that Isagenix has chosen to utilize in our Premium Tea formulation:

Senna Leaf, Orange Peel, and Buckthorn Frang Bark
Support overall improved digestive health.

Peppermint Leaf, Althea Root, and Uva Ursi Leaf
Cleanse and eliminate foreign particles while promoting a feeling of fullness.

Chamomile Flower
Helps calm and relax the body in preparation for restful sleep.

Premium Tea Suggested Use
Because of its soothing effect, Premium Tea is ideal to consume before bed. Bring water to a rolling boil. Add 1 or 2 tea pouches, depending on desired strength. Steep 5 to 10 minutes or more. Enjoy hot or cold.

NUTRITION FACTS
Serving Size: 1 Tea Pouch (2g)
Servings Per Container: 30

Amount Per Serving		% Daily Value
Total Calories	0	
Calories from Fat	0	
Total Fat	0	0%
Saturated Fat	0	0%
Trans Fat	0	0%
Cholesterol	0	0%
Sodium	0mg	0%
Total Carbohydrates	0	0%
Dietary Fiber	0	0%
Sugars	0	–
Protein	0	0%

Percent Daily Values are based on a 2,000 calorie diet

INGREDIENTS: Senna Leaf (Cassia Angustifolia Vahl), Buckthorn Frang Bark (Rhamnus Frangula), Peppermint Leaf (Mentha Piperita), Stevia Leaf (Stevia Rebaudiana), Uva Ursi Leaf (Arcostaphylos Pugens), Orange Peel (Citrus Sinensis), Rose Hips Fruit (Rose Canina), Althea (Marshmallow) Root (Althaea Officinalis), Moringa oleifera Blend (Leaf Powder, Seed Cake, Fruit Powder), Chamomile Flower (Chamaemelum Nobile).

GLUTEN-FREE

PREMIUM TEA PRODUCT USE GUIDE

- CONTAINS MORINGA
- PROVIDES NUTRITION
- AIDS IN WEIGHT MANAGEMENT
- COMES IN INDIVIDUALLY-WRAPPED TEA POUCH
- TAKE IN THE EVENING

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"Natures Miracle Tree"

Moringa Oleifera

- 46 Antioxidants
- 36 Anti-Inflammatories
- Omegas 3,6, and 9
- 20 Amino Acids including 9 essential amino acids our bodies don't produce
- Over 90 nutrients and health benefits

Yes, It's OK to Hit the OFF Switch

Just as important as being able to control your energy with an ON switch is the ability to control your sleep with an OFF switch—giving your body the rest it deserves.

Sleep can improve everything from our minds and circulatory systems to our metabolism and hormones. Consider it the nightly companion to your daily wellbeing.

RENEWAL SLEEP SUPPORT

Sleep Better. Wake Refreshed.†

- ✓ Natural melatonin spray to fall asleep faster.
- ✓ Fast-acting and non-habit-forming.
- ✓ Supports improved sleep quality.†
- ✓ Supports a healthy circadian rhythm.†
- ✓ Can help relieve the effects of jet-lag †.

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Don't Count Sheep

RESTFUL PROPRIETARY BLEND

Melatonin
The body's natural sleep hormone in a fast-acting sleep support supplement.†

Valerian Root
Used as a traditional aid of quality sleep for thousands of years.†

Chamomile
A flower that has traditionally been used for relaxation and stress release.†

L-theanine
The amino acid found commonly in tea and mushrooms that can help promote calmness and restlessness.†

Tart Cherry
Known to help improve sleep duration and quality as a natural source of melatonin.†

Powerful Performance

It's amazing what our bodies are capable of. Whether you're weightlifting, cross-training, or just wanting to go for an occasional jog, it's important to perform your best while quieting the noise from the complicated fitness industry. Let's take the guesswork out of powerful performance.

AMPED™ NOx

Performance Booster

PRE-WORKOUT

- ✓ This pre-workout shot contains a special blend of fruit and vegetable extracts to support nitric oxide production.†
- ✓ Delivers a performance boost with vegetable-sourced nitrates to support healthy blood flow to and from muscle.†
- ✓ This performance booster helps increase power output, energize muscles for greater intensity and stamina, and reduces fatigue.†

AMPED™ HYDRATE

Naturally Better Hydration

ANYTIME

- ✓ Helps replenish fluids and electrolytes lost throughout the day.†
- ✓ Includes advanced electrolytes in a superfruit blend with essential vitamins, 20 calories or fewer, and 0 grams of sugar.
- ✓ Refreshing hydration for everyone in irresistible flavors to make good hydration simple.

AMPED™ NITRO

Energy and Strength

PRE-WORKOUT

- ✓ Nitrosigine®§§ and L-citrulline for increased blood flow and mental focus.†
- ✓ Creatine and betaine for increased muscle power, strength, and cell hydration (the best kind of hydration).†
- ✓ Beta-alanine, taurine, and naturally sourced caffeine for increased energy, alertness, and stamina.†

AMPED™ BCAA+

Strength and Endurance

DURING WORKOUT

- ✓ Utilizes a blend of branched-chain amino acids, L-carnitine, and L-glutamine.
- ✓ Helps your body burn fat while supporting sustained energy levels.†
- ✓ Delays fatigue to help sustain performance and build lean muscle.†

AMPED™ REPAIR

Total-Body Recovery

POST-WORKOUT

- ✓ High-potency tart cherry, turmeric, and astaxanthin, to ease joint soreness following exercise.†
- ✓ Specialized collagen peptides for target recovery.†

AMPED™ NEXT LEVEL PACK

Boost every aspect of your workout to get better results faster. This AMPED™ pack delivers what you need before, during, and after your workout so you can take your goals to the next level.

†These statements have not been evaluated by the Food and Drug Administration. These products have not intended to diagnose, treat, cure, or prevent any disease.

§§ Nitrosigine is a registered trademark of Nutrition 21, LLC and is patent protected.

Wellbeing Simplified

Hopefully the pages of this guide act as kindling for the fire burning inside you to live out your personal wellbeing to the fullest.

You now have a clear path forward without all the *“Do this, not that, eat this, not that, drink this, not that“* confusion obscuring how to accomplish your goals.

ALL YOU HAVE TO DO IS SIMPLY SELECT, SAVE, AND SHARE.

1 SELECT

CHOOSE THE PRODUCTS, PACKS, OR SYSTEMS designed to help you achieve your individual definition of wellbeing. Live the lifestyle to love your results.

2 SAVE

SIGN UP FOR SUBSCRIPTION REWARDS to save on every order, get FREE SHIPPING on your initial order, and enjoy flat-rate shipping on future orders.

Or, become a Preferred Customer to get discounts on every order.

3 SHARE

An important part of any individual’s wellbeing is financial wellbeing. We’re here to help! Sharing the Isagenix opportunity is a powerful way to help people earn a side income or launch a business.

On top of that, we now have a way to earn even more with our 20% Product Introduction Bonus (PIB). Scan the QR Code below to learn more.

WATCH PIB VIDEO

ISAGENIX®

THE ART OF WELLBEING™

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