# Potomac Valley Shetland Sheepdog Club, Inc. Serving the Greater Washington Metropolitan Region (DC-MD-VA) since 1972



## The Sheltie Seanachie

June-July 2017

www.potomacvalleyshetlandsheepdogclub.org



#### 2017 Officers

Cathie Skoog, President cathieskoog@verizon.net

Mike O'Shea, Vice President Fran Beacham, Recording Secretary Donna Richards, Corresponding Secretary Jack Gurney, Treasurer

Members of the Board Rich Gurney TBD (vacancy)

#### **PVSSC MONTHLY MEETINGS**

Monthly meetings are held on the 3rd Monday at 7:30 pm at the Dunn Loring Fire House (2148 Gallows Rd, Dunn Loring, VA) except for March and July (no meetings) and December (Holiday Party). **NEXT MEETING IS AUGUST** 21.

Meetings are open to the public. The Potomac Valley Shetland Sheepdog Club welcomes Sheltie breeders and fanciers, including those interested in conformation and performance events, and pet and Sheltie Rescue owners.

## THE SHELTIE SEANACHIE MONTHLY NEWSLETTER

Donna Richards, Editor

The Sheltie Seanachie is the Club's Monthly Newsletter. It provides a forum for sharing information, discussing issues concerning the breed, and club activities.

Send brags and other items for the newsletter to the editor at PVSSC.shelties@gmail.com or mail to Donna Richards, 1591 N Village Rd, Reston, VA 20194. The Newsletter is sent to members and friends preceding the meeting. If you would like to be added to our distribution list, please email the above address. Back issues of The Seanachie are available on the PVSSC website.

#### June 2017 BBQ & Potluck

Our June "meeting" will be held in picnic format on Saturday June 24 from noon-5 pm. A short business meeting will be held at 1:30 pm followed by main food course at 2:30 pm. Location and RSVP info is being e-mailed separately. Be sure to bring your favorite dish to share and enjoy. Main course and beverages provided by the club. Dogs are welcome and agility and rally equipment will be set up in the yard.

There is no July meeting but be sure to take advantage of the Pet First Aid Seminar on Saturday July 15 in Herndon. Details on page 2. Registration will soon be open to "Friends of PVSSC" in addition to club members.

Next regular meeting is August 21 at Dunn Loring.

Enjoy these "pupsicle" recipes along with your canine friends.

http://moderndogmagazine.com/articles/diy-eatpupsicles/19300

And in case you need to watch a video of dogs eating watermelon:

https://www.youtube.com/watch?v=z7tSBxvUwBo

More suggested fruits and serving sizes for canines: https://www.youtube.com/watch?v=x-JZhEnZrmY

And a few more (yes cucumber is technically a fruit) https://www.youtube.com/watch?v=sZvvpGK18i0



### **Canine First Aid July 15**

Here is the link to register for the Pet First Aid class PVSSC is sponsoring July 15 from 10am-2pm in Herndon. The cost for the class is \$59 which you can charge on your credit card. This is a \$20 reduction from the regular \$79 individual rate. (In addition, the club plans to reimburse members who complete the course another \$20.) This makes the final cost very affordable.

Register at <a href="https://www.eventbrite.com/e/pet-cpr-and-basic-first-aid-private-event-potomac-valley-shetland-sheepdog-club-registration-33534776419">https://www.eventbrite.com/e/pet-cpr-and-basic-first-aid-private-event-potomac-valley-shetland-sheepdog-club-registration-33534776419</a>

The link is also posted on the PVSSC web site.

Topics covered include: restraints, assessment, rescue breathing, CPR, choking, bleeding & shock, assessing vitals, first aid kit contents, bites & stings, hot & cold injuries, and seizures.

Class space is limited to 12 participants. We need at least 9 registrants to keep the \$59 group rate. Registration will soon open to "friends of the club", so don't miss your chance. Please show your interest by participating so we can continue to offer useful programs like this in the future.

## First Responders Saving Pets' Lives

In April, the Washington Post ran this store highlighting the risk that first responders (fire and EMS) crews run when treating pets for smoke inhalation and other injuries. Under Maryland law, giving medical care without a veterinary license could be punishable by fine or jail time. Maryland lawmakers introduced a law specifically exempting first responders and giving them immunity from being sued.

https://www.washingtonpost.com/news/animalia/wp/2017/04/13/first-responders-often-save-pets-with-oxygen-masks-and-cpr-but-doing-so-can-be-illegal/?utm\_term=.7e18203900ac

Ohio was one of the first states to pass a similar law in June 2016, following a similar law passed on Colorado in 2014.

In case you were not aware, the current opioid epidemic is also affecting police and narcotics detection dogs. Responders are starting to carry the antidote naxolone (Narcan), which can be administered to dogs as well as humans to counteract opioid ingestion.

http://www.npr.org/2017/05/30/530677892/potentsynthetic-opioids-endanger-drug-sniffing-dogs

#### **Nail Boards**

Why haven't we seen this before? Training your dog to use a "scratch board" to file its nails. This is demonstrated for the front paws and nails. The scratch board is easily made using a piece of board, sandpaper and duct tape.

https://www.youtube.com/watch?v=tsWaXu7Q8Go

There are also videos showing how to train scratching with the rear paws – somewhat more difficult.

Rather than build your own scratch board, there is a product called "Digger Dog Nail File" available on Amazon. It consists of a flat box housing a drawer. The top is covered with an abrasive and there is a sliding drawer top to cover treats. When the dog realizes the treats are inside, it's easier to train the scratching behavior on top of the drawer. This is advertised for front paw nails only. Demonstration video:

https://www.youtube.com/watch?v=cBBFwkNHD6Y

## Yawn Your Dogs to Sleep

Although many mammalian species yawn spontaneously, only a few yawn contagiously: humans, dogs, baboons and chimpanzees (studies shown to date.) Dogs don't just yawn in response to another dog, but also in response to a human yawning. Additionally, dogs yawn more frequently in response to their owners than to strangers.

http://news.nationalgeographic.com/news/2013/08/130808-yawning-dogs-contagious-animals-empathy-science/

## **Pet Cooling Mats Reviews**

Keeping cool with a fur coat can be a problem. If you are traveling or spending time away from air conditioning, you may want to invest in a cooling mat. This article rated various products so you can spend your dollars wisely.

https://topdogtips.com/best-dog-cooling-mat/

A reminder from the American Red Cross that it can take less than 15 minutes for heat stroke to occur. Heat index is a combination of temperature and humidity. The reference chart assumes shade and a light wind. Full sunshine can increase temperature by 15 degrees.

http://www.nws.noaa.gov/os/heat/heat\_index.shtml

Heat stroke is an EMERGENCY. http://www.petmd.com/dog/emergency/commonemergencies/e\_dg\_heat\_stroke

## **Vitamin C for Dogs**

The video of suggested fruits for dogs on page 1 mentioned possible Vitamin C deficiencies for older dogs. I was surprised to learn that unlike humans, dogs (and cats!) can produce their own Vitamin C as needed. However, a stressed or sick dog may benefit from additional dietary Vitamin C. In that case, a few appropriate fruit or vegetable snacks may help.

Symptoms of a Vitamin C deficiency are:

- Bad breath
- Bleeding
- Bone weakness
- Delayed wound healing
- Joint pain
- Muscle weakness

There are other, more dire symptoms in the event of scurvy. But too much Vitamin C can cause calcium imbalance, kidney stones, or increased uric acid.

https://www.dogfoodadvisor.com/canine-nutrition/dogsvitamin-c/

http://siriusdog.com/the-truth-about-vitamin-c

https://www.vetinfo.com/vitamin-c-deficiency-in-dogs.html

## **Lumps & Bumps**

Aging dogs also seem to be more prone to lumps and bumps. Max had an extra vet visit in May due to a soft lump that arose on his chest over a few weeks. The vet aspirated clear fluid from a small cyst, so nothing of concern. Several years ago (at around age 13) I found a larger firm lump near the base of his tail. That was aspirated and found to be a mast cell tumor that required surgical removal. So it's important to get all lumps checked out.

http://www.petmd.com/dog/general-health/evr dg lumps and bumps

http://www.petmd.com/dog/conditions/cancer/c dg mast cell tu mor

## Mt. Vernon Walking Tour

Thanks to Chris D. for mentioning Mount Vernon's dog policy. Saturdays at 10 am from April-June there is a "Presidential Pups" 1.25 mile walking tour focused on canine life at Mount Vernon. Cost is \$7 PLUS the general admission fee ranging \$16-\$20. Some tickets sold in advance and some same-day tickets are available. <a href="http://www.mountvernon.org/plan-your-visit/admission/all-the-presidents-pups-walking-tour/">http://www.mountvernon.org/plan-your-visit/admission/all-the-presidents-pups-walking-tour/</a>

### **How Dog Breeds Are Named**

Some dog breed names are obvious. For example: Shetland Sheepdog or English Foxhound. But how did other more unusual dog breed names arise? Some examples:

Basenji – from the Lingala language of the Congo meaning "village dogs".

Bichon Frise – "bichon a poil frise" from French for "curly lap dog", from Old French "biche" for female dog. This despite the breed originally being a Spanish sailing companion dog.

Borzoi – also known as "Russian wolfhound" means literally "fast". Russians over the ages have named their sight hounds descriptively.

Chihuahua – named for a region of North Mexico, said to be from a lost native word that meant "dry place".

Havanese – companion dogs for the Cuban aristocracy.

Komondor – a Hungarian livestock guarding dog. The name means "Dog of the Cumans", the tribe of people who brought them to Hungary in the 12<sup>th</sup> and 13<sup>th</sup> centuries.

Malamute – named for the regional dialect of Alaskan Inupiaq tribes in the northeastern area of the Seward peninsula. Malamutes belong to the Spitz dog group.

Mudi – another Hungarian herding dog breed, only admitted to AKC performance events in the last 10 years.

Pomeranian – named for the Pomeranian region of Germany and Poland. Also a member of the Spitz group, popularized by Queen Victoria.

Poodle – from the German name Pudelhund. In low German, pudel is the verb meaning "to splash about".

Puli – an ancient sheepdog from Hungary, (the plural of Puli is Pulik by the way.) There does not seem to be any explanation for this name.

Saluki – also known as "Persian greyhound". Possibly from two ancient Sumerian words "salu-ki" meaning "plunge earth", but there's no real evidence this is how the name was assigned. The breed name appeared in pre-Islamic Arabic poetry. It also means a person or thing from a place named Saluq, an ancient town in Yemen.

Vizsla – meaning "pointer" in Hungarian. these were first bred in Hungary in the 1800's.

#### **BRAGS**

#### Submitted by Cathie Skoog

Mollie placed SECOND in Masters Standard Agility with a score of 100 at the ASSA National in Purina Farms, MO on April 14. The following day Mollie qualified in Novice Obedience and Excellent Rally.

Mollie received the 2017 Mattaponi Kennel Club Versatility Dog of the Year Award for her performance in agility, obedience, rally and herding. The award ceremony was held in May.



UACHX ARCH ARCHX Taliesin Good Golly Miss Mollie "Mollie" BN CD RAE OJP AXP HIAd CGC URO1 RATI RL3X

UACH Taliesin Midnight Train to Georgia "Savannah" BN CD RE HSAdM NA NAJ NJP CAA URO-1 RL3X RATN received the 2017 Mattaponi Kennel Club Field Dog of the Year Award for her performance herding. The award ceremony was held in May.

Savannah earned her Barn Hunt Instinct and on June 4 earned her Novice Barn Hunt title, placing FIRST.



"Savannah"



"Annie"

Merlyn Hullston the Stratovarius Black Diamond "Annie" CGC RLP RATN earned her second leg towards her Beginner Novice Obedience title at the ASSA National on April 15. On June 4 she earned her Novice Barn Hunt title, placing THIRD.

Also... in April Nancy Murray and Bob Widmaier introduced their new two year-old Sheltie "Raven" from Terry Jennings. Raven was training for her CGC and may decide to participate in the "Paws to Read" program along with Cammie. Cammie is working on a 400-visit certification from People Animals Love. Nancy promises pictures of Raven soon.

#### **BRAGS**

Submitted by Sandra Green



Meet Ch. Suncrest Sennelier, call name, "Tobin".

Three weeks ago today, this lovely 4 1/2 year-old female tri sheltie came into our lives, thanks to Greg Speeks of Suncrest Shelties.

I first met Tobin at our PVSSC Specialty Shows 4 years ago. Greg had brought his lovely champion, Ch. Suncrest Cerulean (known as Layne) to show in Best of Breed, plus two of her puppies that he was "growing out". Everyone was admiring the puppies, and I was really drawn to the little tri. She just had a sparkle about her....lots of mischief and sass with a real twinkle in her eye, not to mention absolutely precious. One could not help but fall in love with her personality....I sure did!

Little did I know that one day, 4 years later, she would come to live with us! She had one litter of puppies which resulted in Cynthia and Bob Reddersen's beautiful champion male, Gage, plus another female he is actively showing. Subsequent breeding did not take, so Greg wanted Tobin to live out her life as a house pet and thought of us.

She has been so quick to adapt to us and our home, it is as though she has lived here forever. Pilot was a bit jealous at first, but Tobin quickly worked her wiles and now he loves her, as does Sawyer. The three are always together, hanging out and playing together.



Judging by her happy and outgoing personality, and the fact that she follows us wherever we go, we think she loves her new home. We are so thrilled to have her in our lives!

## **AKC Info Regarding Dog Flu**

This notice is being sent out to provide up-to-date and accurate information about the Canine Influenza Virus to help prevent the spread of the virus to healthy (unexposed) dogs. The information provided is not intended to alarm dog owners and handlers.

There are recently confirmed cases of the Canine Influenza Virus (H3N2 strain) that was first brought to and identified in Chicago, Illinois in the spring of 2015. The most recent outbreaks concern the following states: Florida, Georgia, and North Carolina.

Canine Influenza Virus is an extremely contagious airborne disease that is easily spread among dogs, and in rare instances, can be contagious to cats. If you believe one of your dogs may have contracted the Canine Influenza Virus, immediately isolate it from other animals and contact your veterinarian.

Here is some additional information about Canine Influenza Virus and tips for how to minimize the risk and reduce the spread of the disease:

#### Canine Influenza Virus

- Canine Influenza Virus is spread through:
  - Close proximity to infected dogs (it is airborne and can travel up to 20 ft.)
  - Contact with contaminated items (bowls, leashes, crates, tables, clothing, dog runs, etc.)
  - People moving between infected and uninfected dogs
  - o 80% of all dogs that are exposed to the virus will contract it
  - The virus lives up to 24 hours on soft surfaces and up to 48 hours on hard surfaces.
- Some exposed dogs will be subclinical carriers meaning some dogs will contract and spread the virus without showing symptoms.
- Dogs show clinical signs within 24-48 hours and can shed the virus for up to 28 days from exposure.
- Most dogs will completely recover with proper treatment.
- Dogs that regularly interact with dogs outside of their own family or frequent places where many dogs gather are most susceptible to exposure to Canine Influenza Virus.

#### **Symptoms**

- Dry, hacking cough (similar to kennel cough)
- Lack of appetite
- Lethargy
- Discharge from the nose or eyes
- Fever (normal temperature is 101 102)

#### Prevention

- The best protection is vaccination. There is now a single vaccination for both the H3N2 and H3N8 strains of the virus. The vaccination requires a booster shot two weeks after the initial vaccine. Vaccination provides the best chance of immunity within 7-14 days of booster shot.
- Isolate sick animals and keep them isolated for up to 30 days after symptoms subside.
- Practice good sanitation. Use a bleach and water mixture diluted to 1-part bleach x 30 parts water to disinfect common areas such as tables, bowls, leashes, crates, etc. Allow items to thoroughly air dry for a minimum of 10 minutes before exposing

- dogs to them. Bleach breaks down quickly so solution should be made daily. Keep in mind that bleach becomes inactive in UV light. If mopping use two buckets so as not to cross contaminate areas
- Wash your hands frequently, ideally between handling different dogs. At the very minimum, hand sanitizer should be used between handling dogs.
- Use disposable gowns or wipe down clothing and shoes with a bleach solution between dogs or after leaving an area where
  dogs congregate.
- Food/water bowls should be made of stainless steel instead of plastic because scratched plastic is hard to fully disinfect.

#### **Treatment**

- Treatment of Canine Influenza Virus requires veterinary assistance. If you believe your dog may have Canine Influenza Virus, please contact your veterinarian immediately. Untreated, the illness may progress to pneumonia or other, more serious problems. H3N2 can lead to severe secondary pneumonia which can cause extremely sick dogs with potential fatalities.
- Most dogs take 2-3 weeks to recover from the illness.

#### Containment

- Any dog suspected of having Canine Influenza Virus should be immediately isolated from other dogs and should not attend
  dog shows, day care, grooming facilities, dog parks, or other places dogs gather. Dogs are contagious for up to 30 days once
  they have started showing symptoms.
- Contact your veterinarian to let them know that your dog may be showing symptoms of Canine Influenza Virus. If your dog is
  going to a veterinary hospital or clinic, call ahead to let them know you have a suspected case of Canine Influenza Virus. They
  may ask you to follow a specific protocol before entering the clinic to minimize the spread of the disease, including waiting in
  your car until they are ready to examine your dog.
- Keep sick dogs at home and isolated from other dogs and cats until you are certain the illness has run its course (typically 3-4 weeks).

#### **Consideration for Event Venues**

- Use a bleach and water mixture diluted to 1-part bleach x 30 parts water to disinfect common areas including show floors, grooming tables, ring gates, in-ring examination tables and ramps, and x-pens. Allow solution to completely dry (at least ten minutes in order to assure virus has been killed). Bleach breaks down quickly so solution should be made daily. Keep in mind that bleach becomes inactive in UV light. If mopping use two buckets so as not to cross contaminate areas.
- When wiping down hard surfaces paper towels are preferred over cloth.
- Consider having two exam tables at every ring so that they can be cleaned and allowed to air dry frequently in between classes.
- Provide hand sanitizer in each ring and in grooming areas.
- Exhibitors should consider grooming dogs at their cars instead of using grooming areas where dogs are in very close proximity.

Dr. Jerry Klein is a veterinarian in the emergency room at Chicago's largest veterinary emergency and specialty center. He was personally involved in treating hundreds of dogs sickened by the H3N2 virus during its initial outbreak in Chicago in spring of 2015. He is also an AKC licensed judge.

# Do YOU Have a NEW Email Address?

Send email address changes to Donna Richards, PVSSC Corresponding Secretary at PVSSC.Shelties@gmail.com to assure you receive club news.



## **June-July Events**

- PVSSC Picnic Saturday June 24
- Pet First Aid Seminar Saturday July 15

## **Meeting Refreshments**

Fran Beacham is our Refreshment Coordinator. *Thanks to everyone who volunteered refreshments for 2017* 

#### 2017

August meeting – Patrick Keough
September meeting – Marilyn Manser & Rich Gurney
October meeting – the Greens
November meeting – Chris Demoncada
December – no meeting
THANK YOU!

Reminder, beverages are not provided; water is available and there is a water/soda machine.

## PVSSC Breed Referral Services

For information on puppy and adult Shelties, contact PVSSC members



Jan Stanley

703-281-2828 janstanley@verizon.net

or

Doey Blount

301-567-3933

jimjandoey@aol.com

# Northern Virginia Sheltie Rescue (NVSR)



NVSR rescues, rehabilitates, and places lost, abused, and abandoned Shelties where they will be loved, protected, and well cared for.

Visit the NVSR Website <a href="http://www.nvsr.org/">http://www.nvsr.org/</a> to find out about activities, dogs for adoption, to support their activities, or even to see how you can volunteer!

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