



**2023 FRA/LAFRA WEST COAST REGIONAL CONVENTION
HOSTED BY
WYOMING BRANCH & UNIT 59
AUGUST 17-19, 2023**

Wyoming Branch and Unit 59 cordially invite you to attend the 2023 West Coast Regional Convention to be held August 17-19, 2023, at the Red Lion Hotel and Conference Center in Cheyenne, Wyoming. This is a great time to re-connect with your shipmates and members of the auxiliary. For more information, please visit our Facebook page...**FRA Branch 59, Cheyenne, Wyoming.**

FRA Convention Chair: PRPNW Mike Archer – (307) 778-7981, Email: mikearcher@bresnan.net

LAFRA Convention Chair: Mary Archer – (307) 778-7981, Email: maryarcher@bresnan.net

FRA Registration/Credentials: Terry Allison – (619) 895-6258, Email: wyo sailor68@gmail.com, 2108 Park Avenue, Cheyenne, WY 82007-3397

LAFRA Registration/Credentials: Debbie Trojovsky - (307) 214-9067, Email: deebeemac@msn.com, 3401 Barbell Ct., Cheyenne WY 82001-6331

Meals: Mary Archer – 942 Sun Valley Drive, Cheyenne WY 82001-6851

Hotel Information: Red Lion Hotel and Conference Center, 204 West Fox Farm Road, Cheyenne, Wyoming. Room reservations: 307-638-4466. Group name is: Fleet Reserve Association West Coast Region - Reservation Deadline: **August 1, 2023.**

Room rates will be offered 2 days before and 2 days after the convention. Make your reservations NOW! Room rates are \$94.00 a night (complimentary breakfast buffet).

Hotel features include: Full-service restaurant...Sandalwoods Restaurant (open for breakfast, lunch, and dinner); Fireside Lounge, heated indoor pool; fitness center; business center, room service; wireless internet; free parking, complimentary shuttle (7 a.m.-11 p.m.).

Getting to Cheyenne: Transportation: Cheyenne Regional Airport is located 3.2 miles from the Red Lion, Denver International Airport is located 1 ½ hrs from Cheyenne. There is a shuttle from DIA to Cheyenne through Groome Transportation. Contact them at: www.groometransportation.com or (970) 226-5533.

For Those With RVs...AB Camping and RV Park, 1503 W. College Drive, (307) 634-7035 (**1.9 miles from Red Lion**); **F.E. Warren AFB Crow Creek FamCamp**...307-773-3874 (**6.8 miles from Red Lion**); **Terry Bison Ranch Resort**, 51 I-25 Service Rd., (307) 634-4171 (**11.3 miles from Red Lion**).

Additional Activities: We will have a 'Welcome Aboard' activity Friday, August 18 following Opening Ceremonies. We have arranged transportation from the Red Lion to the downtown Depot Plaza. Those who are interested can tour the depot, visit the Cheyenne Depot Museum, shop at the downtown local businesses, enjoy the music provided by bands "Fridays on the Plaza", do a little gaming at the Downtown Cheyenne Horse Palace, partake of the food from various food trucks on the Plaza, or enjoy the restaurants close by...The Albany Restaurant, Accomplice Beer Company, Sanford's Grub & Pub, to name a few.

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Red Lion Hotel and Conference Center
Cheyenne, Wyoming**

MEAL INFORMATION

Friday, August 18, 2023 – Lunch - \$25

Taco Bar (Seasoned Ground Beef and Chicken, Corn and Flour Tortilla Shells, Lettuce, Tomatoes, Black Olives, Jalapenos, and Onions, Salsa, Guacamole, Sour Cream, and Shredded Cheese, Spanish Rice, Churros, Iced Tea & Coffee)

Number attending _____ x \$25 = _____

Saturday, August 19, 2023 – Past Regional Presidents' Breakfast (Closed Venue) - \$20

Old West Breakfast Buffet (Assortment of Muffins, Breads, and Pastries, Freshly Scrambled Eggs with Cheddar Cheese, Hickory Smoked Bacon and Link Sausage, Bowl of Fresh Fruit, Country Potatoes, Orange, Apple, and Cranberry Juice, Fresh Brewed Coffee, Assortment of Hot Herbal Teas)

Number attending _____ x \$20 = _____

Saturday, August 19, 2023 – Lunch - \$25

Dogwood's Sandwich Board (Tossed Mixed Greens with Assorted Dressings, Oven Roasted Turkey, Ham, Roast Beef, and Salami, Chef's Selection of Sliced Cheeses, Lettuce, Tomato, Onions, and Pickles, Mustard and Mayo, Potato Salad, Chef's Selection of Breads, Cookies and Fudge Nut Brownies, Iced Tea & Coffee)

Number attending _____ x \$25 = _____

Saturday, August 19, 2023 – Installation of Officers/Banquet - \$45

Dinner Buffet (Herb Roasted Chicken, London Broil, Brown Sugar Crusted Salmon, Salad Bar of Mixed Greens, Condiments with Three Dressings (Fruit Salad and Pasta Salad), Garlic Mashed Potatoes, Vegetable Blend (Green Beans, Wax Beans, and Carrots), Desserts (Assorted Dessert Bar) [Cheesecake with Raspberry and Chocolate Sauce, Layered Chocolate Cake. Layered Lemon Cake, Carrot Cake with Cream Cheese Frosting])

Number attending _____ x \$45 = _____

Total \$ _____

Name _____ Branch/Unit # _____ Phone # _____

Send form and make check payable to: **2023 West Coast Convention, C/O: Mary Archer, 942 Sun Valley Drive, Cheyenne WY 82001**

Please email any special dietary needs, food allergies, etc., to Mary Archer, maryarcher@bresnan.net and she will pass them along to the Red Lion.

ALL MEAL RESERVATIONS CLOSE JULY 31, 2023