

"Allah [God] will not show mercy to a person who does not show mercy to other people"

Islam Says "No To Bullying"



What is Bullying and how does Islam view it?

Bullying is deliberate and hurtful behavior and can take place anywhere. There are many forms of bullying: Physical (hitting, kicking, snatching), Verbal (name-calling, insulting, taunting), Emotional (ignoring, spreading nasty gossip) and Cyber Bullying (using mobile phones, text messages, the internet).

Islam does not tolerate any form of bullying as it is a form of oppression. Allah [God] has mentioned many times in the Qur'aan regarding His displeasure of such actions:

"Allah does not like the oppressors." (3:140)

"O ye who believe do not defame one another, nor insult one another by nicknames." (49:11)

Thus laughing at someone, defaming, being sarcastic or bullying is not acceptable.



**It's not
Cool to
be Cruel**

Ask Yourself a Question - How should we behave towards others?

The Muslim Greeting "As salamu alaikum wa rahmatullahi wa barakatuh" (May the peace, mercy, and blessings of Allah be with you)" is made up of three beautiful terms: peace, mercy, and blessings. These terms, taken together or separately, deny any association with any form of bullying. What does 'making people miserable' have to do with "peace, mercy, and blessings"?

If you see someone being bullied, do not ignore it, report it.

The Prophet Muhammad (Peace be upon Him) said: "He who amongst you sees something evil should modify it with the help of his hand; and if he has not strength enough to do it, then he should do it with his tongue, and if he has not strength enough to do it, (even) then he should (abhor it) from his heart, and that is the least of faith."

- (Sahih Muslim)

**No one has the right to hurt you or make you feel bad.
If you are being bullied do not tolerate it. Report it.**