



## High Impact Fat Loss Workshop “Discover How To Torch Body Fat and Keep it Off Forever”

Register TODAY! And Discover the complete [Plug & Play Turn Key Fat Loss System](#)

for **\$199.00** (valued at \$997.00) (**\*FIRST 15 To Sign Up \$99.00**)

Here's what you get in this powerful packed workshop:

1. **Nutrition & Diet Secrets that accelerate fat loss**
2. **Best exercises that torch body fat**
3. **Participate in Live Bootcamp onsite training with personal trainer**
4. **Fitness analysis and health risk assessment (BMI)** \*separate appointment; ask trainer)
5. **FREE E-Book: [“42 Delicious Fat Burning Recipes”](#)**

Space is limited to the first 15-20 to sign up! Come on out to **Interactive Fitness Gym, Saturday, June 25, 2016 from 9-10:30am** and *discover* how to develop a new attitude about your health. Also learn effective exercises the right nutrition approach and lifestyle plan that works for you!!

**To register visit: [www.figure8fizique.com/rates.html](http://www.figure8fizique.com/rates.html)**

Ericka S. Payne, 443-653-6101  
Certified Personal Trainer, ACSM

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**[14 DAY TEST DRIVE \\$157.00](#)** (valued at \$740.00)

**DISCOVER** How To Get Into Fantastic Shape EVEN If You Are Just Starting Out!  
**During this two week period starting Saturday, August 13, 2016 you can expect:**

- Nutrition Plan For YOUR Body
- Custom Tailored Training Program Designed for you only
- Daily Routine Outline on What to do For Days Your NOT Here
- Tracking & Accountability from Your coach each week
- Unlimited Consultation during two weeks
- **FREE!** Subscription to our Health & Wellness Newsletter
- **FREE!** E-Book: [DIET MYTHS REVEALED!!](#)

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