You are more than just what you Eat

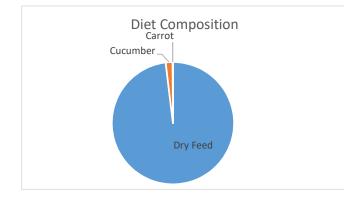
the entellister?

At Craft Crickets we want to help you understand your food: Where it comes from, How it was sourced, and the Resources needed to produce it.

How fresh are the chickets?					
Batch # Hatch Date: Harvest Date: Age at Harvest (Wks) Process Date	1712 2/23/2017 6/6/2017 14.7 6/8/2017	We all want our food as fresh as possible. We harvest our crickets by freezing them and keep them frozen until we process and package them. Once packaged, the crickets will last for six months when stored in a cool, dry place.			

What did the crickets eat?

We like to say that our crickets eat better than we do. Our crickets eat as local and as nutritious a diet as possible.



<u>2%</u>	Fruit/Vegetable	Feed
2%	Cucumber	Fred Meyers' Organic Cucumber
0%	Carrot	Fred Meyers' Organic Carrot
0%	Potato	Fred Meyers' Organic Russet Potato
0%	Other Fruit	
	Dry Feed	
73%	BarAle	Organic 20% Chick Starter Crumble. Williams, CA
25%	Payback	Organic Starter Crumble. Sioux Falls, ND
0% 3	Spent Grain	Eugene, OR. Claim 52 Brewery.

How do these crickets compare, really?

Ultimately, we raise and eat crickets because they require **less land, water, and feed** to produce the same amount of protein as alternative sources. The media loves to report this fact, but these news articles often cite lab-produced results.

We thought we'd make it easy and post the actual numbers that pertain to this specific batch.

,raft Crickets

How many pounds of feed does it take to make one pound of edible food?

Craft Crickets, Batch 1712	2.5
Beef	24
Pork	9
Poultry	4