



# Weekly Specials!



Available  Week Ending 4/20/19

1449 Yamato Rd, Boca Raton  
Lifetime Fitness/Hampton Inn Plaza

**(561) 998-GOOD (4663)**

**Fast Free Delivery! \$10 Minimum**

[www.frescofoodworks.com](http://www.frescofoodworks.com)

Large Orders? Save time Fax them in! 995-8339

Hand Crafted Perfection!

## Breakfast Specials!

Available 7am-10:30am

- #A Ham & Cheddar Breakfast Panini** \$6.39  
Eggs, Boar's head Ham, Vermont Cheddar on grilled Ciabatta
- #B Guacamole, Tomato, Swiss Melt** \$6.49  
Sliced Tomato, Fresh Guacamole, Eggs, Swiss, on a warm naan Pita
- #C Turkey & Baby Spinach Melt** \$6.29  
Turkey, Eggs, Sautéed Baby Spinach, Provolone on grilled multi grain
- #D Big TEXAN Breakfast Wrap** \$6.49  
Eggs, Roast beef, Pepper Jack, Sautéed Onion on grilled Wrap

**Natalie's Fresh Orange Juice** — **Martinelli Apple**

**Tropicana Cranberry** — **Monster Energy**

## Lunch Specials!

- #1 Ham & Vermont Cheddar Panini** \$8.69  
Traditional Baked on Premise Sub Baguette  
Our own Clover Honey infused Mayo  
Boar's Head Black Forest Ham  
Boar's Head Vermont Cheddar  
Sweet peppers
- #2 The BIG TEXAN Sub Baguette** \$8.99  
Traditional Baked on Premise Sub Baguette  
Cattleman's Special Reserve BBQ Sauce  
Boar's Head Roast Beef  
Melted Vermont Cheddar  
Sautéed Onions
- #3 Chicken Milano Flatbread** \$8.59  
Fresh Naan Pita Flatbread  
Our Pesto infused Mayo  
Fresh Grilled on premise Chicken Breast Sautéed  
Sautéed Baby Spinach  
Roasted Red Peppers  
Boar's Head Provolone-*melted to perfection!*
- #4 Thai Peanut Chicken Wrap** \$8.49  
Fresh Traditional Wrap  
Thai Peanut Dressing  
Fresh Mixed Greens  
Sliced Tomatoes  
Grilled all Natural Chicken Breast  
Dried Cranberries  
Crispy Asian Noodles

## #5 Grilled Chicken Caesar Salad Supreme \$9.49

- Fresh crisp Romaine (*like always, delivered FRESH daily!*)
- Grape Tomatoes
- Red Onions
- Grilled on premise Chicken Breast
- Applewood Smoked Bacon
- Shredded Parmesan
- Hardboiled Egg *Served with side of our Parmesan Caesar Dressing*
- Crunchy Croutons
- Applewood smoked Bacon

- 100% Idaho Russet
- ## Stuffed Baked Potatoes
- Bacon & Cheese Spud** - Applewood Smoked Bacon & Cheddar \$5.99
  - Chili Cheese Spud** - Beef & Black Bean Chili smothered with Cheddar \$6.99
  - The Plain Jane Spud** - served with a side of Sour Cream & Butter \$3.99
  - San Antonio Spud** - Roast Beef, Onions, Peppers, Cattleman's Reserve BBQ, melted Cheddar \$6.99

## ALL Natural Smoothies!

- Tropical Passion** - Passion Fruit, Pineapple, Coconut, & Banana
- Trade Winds** - Mango, Pineapple and Coconut
- Banana Berry Blast** - Banana, Strawberry, Mixed Berries
- Straw-nana** - Strawberry, Banana
- Maui Breeze** - Pineapple, Coconut, Banana
- Key West Sunset** - Mango, Banana, Passion Fruit
- Verry Berry** - Strawberry, Raspberry, Mixed Berries

Add Shot Protein .99

Add Spinach .99

Add Peanut Butter .99

Add Kale .99



Our Website is now Mobile!  
Scan the QR Code with Your  
Smart Phone to Go to our  
Website!

## Fresh Soups!



# Boar's Head

# Fresco Foodworks will Professionally Cater your Corporate Meeting or Event!

[www.frescofoodworks.com](http://www.frescofoodworks.com)

N.Y. Bagel & Cream Cheese Platter **\$24.99**  
Assortment of Fresh Warm Bagels served with sides  
of Plain, Chive & Onion, Whipped Butter & Assorted Jellies *serves 12*

Deluxe Continental Platter **\$36.99**  
Assortment of Bagels, fresh Baked Danish,  
Croissant, Turnovers, & Muffins *serves 8-10*

Sweet Tooth Platter **\$24.99** **\$36.99**  
Assortment of fresh baked *serves 8-10* *serves 16-20*  
Danish, Brownies, Blondies,  
Cookies & Muffins

Gourmet Muffin Platter **\$15.99** **\$34.99**  
Assortment of fresh warm Muffins *serves 7-8* *serves 15-17*

Homemade Danish Platter **\$32.99** **\$53.99**  
Assortment of freshly Baked Warm Danishes *serves 8-10* *serves 16-20*

Breakfast Wrap Platter **\$46.99**  
Assortment of Breakfast Wraps filled with fresh scrambled eggs, assorted  
Cheeses, Boar's Head Ham, Applewood Bacon, & Sausage

Croissant Sandwich Platter **\$44.99**  
All Butter Croissants filled with fresh *serves 8-10*  
Scrambled Eggs, and an assortment of  
Applewood Bacon, Ham, Sausage & Cheese

Bagel Sandwich Platter **\$42.99**  
Fresh Toasted Bagels with fresh *serves 8-10*  
Scrambled Eggs, and an assortment of  
Cheese, Sausage, Ham & Applewood Bacon

Multi-Grain Sandwich Platter **\$45.99**  
Fresh Multi-Grain Sandwich Bread, Eggs *serves 8-10*  
American, and an assortment of Cheese,  
Ham, Sausage & Applewood Bacon

Breakfast Combo Platter **\$49.99**  
A combination of fresh Breakfast Wraps, *serves 8-10*  
Croissants, Panini's, & Bagel Sandwiches

Fresh Tropical Fruit Salad Platter **\$39.99** **\$69.99**  
Assortment of Hand cut Pineapple, Melons, *serves 8-12* *serves 18-22*  
Grapes, Oranges, etc

Scrambled Egg Platter *serves 15-20* *serves 30-40*  
**\$39.99** **\$69.99**

Breakfast Sausage Platter **\$29.99** **\$59.99**

Applewood Bacon Platter **\$28.95** **\$57.95**

Breakfast Potato Platter **\$29.99** **\$59.99**



## Salad Platters

	<u>Bowl</u> <i>serves 8-10</i>	<u>Full Tray</u> <i>serves 16-20</i>
• Mediterranean Chicken Salad	\$39.99	\$75.99
• Mandarin Chicken Salad		
• Santa Fe Ranch Salad		
• Chef Salad		
• Antipasto Salad		
• Caprese Salad		
• Tuna/Chicken Salad/Chicken Fresco		
• Caesar Classico		
• Baby Spinach & Gorgonzola		
• Garden Salad	\$33.99	\$65.99
• The "Cobb" Salad	\$44.99	\$79.99

## Sandwich Platters

Sub Baguette Platter **\$56.99**  
Assortment of overstuffed cut Sub Baguettes *Serves 8-10*  
on our Famous cooked on premise  
Sub Baguettes Traditional & Wheat

Gourmet Wrap Platter **\$56.99**  
Assortment of our tasty Wraps on Spinach, *Serves 8-10*  
Whole Wheat & Traditional Wraps

Sandwich Platter **\$57.99**  
Assortment of overstuffed Sandwiches *Serves 8-10*  
on mixed Artisan Breads

Hot Gourmet Panini Platter **\$59.99**  
Assortment of Panini on Traditional *Serves 8-10*  
& Multi-Grain Ciabatta

Croissant Sandwich Platter **\$57.99**  
Assortment of Buttery Croissant *Serves 8-10*  
Sandwiches

Combination Platter **\$60.99**  
Assortment of overstuffed Sandwiches, *Serves 8-10*  
Wraps, & Sub Baguettes on one Delicious Platter

## **Breakfast & Lunch Catering Available**

Please allow 24 hour notice for us to professionally prepare your order  
Call after 3:00 for details

**561-998-4663**

## Soups

Our Delicious Homemade Soups delivered in an insulated Container

**\$28.99**  
1/2 Gallon Serves 6-10

**\$54.99**  
1 Full Gallon Serves 12-20