

## January 2018 Newsletter

Mr. William

### PE:

**ABC's- Junior ---2 vs2 Basketball:** Students will learn the basic basketball skills by engaging in multiple disciplines and drills. Students will engage in speed drills, shooting drills, dribbling drills, and general techniques. Basketball will assist students in developing better hand-eye coordination, conditioning, and overall athletic performance.

**1<sup>st</sup>-2<sup>nd</sup> – Junior 1 Five vs Five Basketball:** Students will learn the basic basketball skills by engaging in multiple disciplines and drills. Students will engage in speed drills, shooting drills, dribbling drills, and general techniques. During the month there will be 3 skirmish games (practice) and one official game (for stats and personal best records). Basketball will assist students in developing better hand-eye coordination, conditioning, and overall athletic performance.

**3<sup>rd</sup>-4<sup>th</sup> – Junior 2 Five on Five Basketball** Students will broaden their basketball skills by engaging in multiple disciplines and drills. Students will engage in speed drills, shooting drills, dribbling drills, and general-intermediate techniques. During the month there will be 4 skirmish games (practice) and 2 official games (for stats and personal best records). Basketball will assist students in developing better hand-eye coordination, conditioning, peak cardio levels, and overall athletic performance.

**5<sup>th</sup>-9<sup>th</sup> – Five on Five Basketball** Students will broaden their basketball skills by engaging in multiple disciplines and drills. Students will engage in speed drills, shooting drills, dribbling drills, and general-intermediate-advance techniques. During the month there will be 2 skirmish games (practice) and 2 official games (for stats and personal best records). Students will compete under normal Basketball and athletic regulations. Players will learn to read complex as well as simple game plans and lane routes. Students will learn about the important roles within a team.

### Music:

**ABC's –** We will continue our curriculum *Game Plan*. Topics that will be reviewed are pulse/fast/slow, pitch (high or low), and a brief review of how to play un-pitched instruments. Introduce keys on piano and basic Major scales. Learn songs and poem *It's a Brand New Year, Little Snowflakes, How Many Days, and Sheep in the Meadow*.

**1<sup>st</sup>-2<sup>nd</sup> –** Students will continue learning about pitched instruments. We will learn basic acoustic guitar chords and strumming patterns, matching an unpitched instrument's rhythm to a melodic strum or piano run, and vocalizing scales. Students will also learn basic piano major scales.

**3<sup>rd</sup>-4<sup>th</sup> –** Students will continue learning about pitched instruments. We will learn basic acoustic guitar chords and strumming patterns, matching an unpitched instrument's rhythm to a melodic strum or piano run, and vocalizing scales. Students will also learn basic piano major scales. Students will have two worship devotionals and 1 day of the month to express worship through song, writing, and other forms of creative art.

**5<sup>th</sup>-9<sup>th</sup>** Students will learn basic piano major and minor scales. We will learn advance choreography to the song *This is Amazing Grace* by Bethel Kids. We will have an intro class to song composition. Students will have two worship devotionals and 1 day of the month to express worship through song, writing, and other forms of creative art.