



Served By: Fr. Paul Bisson
 Box 776, Russell, MB R0J 1W0
 Phone Office: 204-773-2924
 Deacon Darin Douglas: 204-532-2157
 Email: stjoewkr@gmail.com
 Website: www.stjosephrussell.com
 Archdiocese of Winnipeg www.archwinnipeg.ca



St. Joseph The Worker Parish, Russell, MB St. Theresa's Parish Rossburn, MB

Responsorial Psalm 116: I will walk before the Lord in the land of the living.

St. Theresa's Parish News & St. Joseph The Worker Parish News: We also welcome Sacred Heart Parish Roblin & St Claire's Parish San Clara for the next few weeks as Fr Tony is away on holidays.

The Archdiocese has issued new Protocols as of Saturday, August 28. The Provincial Government now allows a group of 50% presently in churches. **Please remember there are government rules in relation to COVID-19. Such as Wearing a mask is mandatory. •Everyone has to Hand Sanitize entering the Church and leaving the Church. •Social distancing is mandatory (stay 6 feet apart)**

Zoom Along with Us you can use it on your computers, tablets, i-pads & smart-phones
 We still have **Thursday**, zoom adoration at 10:30 a.m. followed by **Mass at 11:00 a.m. & Sunday zoom Mass is at 9:00 a.m.**

Staying Spiritually Resilient during this pandemic

– continued from last week

Anxious about returning to regular life? 6 Jesuit discernment tips for the post-Covid world:

All the options (literally) re-opening before us may cause choice overload and cognitive exhaustion. Noises will be louder, colors brighter, touch more tactile. We will experience traffic on Sunday as weekday rush hour; shopping at the mall in May will feel like Black Friday after Thanksgiving. Returning to normal social spacing and large group interactions will lead to social fatigue. All the options re-opening before us (literally) will cause [choice overload](#) and cognitive exhaustion.

What can be done to ease the transition back to regular life? The answer may lie in the guidance offered to Ignatian retreatants: Continue following an Ignatian way of proceeding. **Within this framework, here are six suggestions for an effective transition to post-pandemic wellness: (continuing next week also)**

2. Recognize that you have been transformed. Living through Covid has changed each of us in ways that are important to notice. It is helpful to consider how to include some of the experiences of gratitude that you have identified in your examen into your new normal, such as making plans to continue monthly hikes in the forest or regularly wear comfortable clothes. Conversely, we need to consciously drop actions that were helpful for coping through the pandemic but which we do not want to continue going forward. These might include excessive exercise (or a *lack* of exercise) or indulging a sweet tooth.

3. Remember that "haste makes waste." According to social scientists, it takes 60 to 90 days for new habits to form and [become automatic](#). So give yourself a couple of months to gradually return to old habits or to develop a new routine that fits the new you. A quote attributed to the three-time Olympic gold medal bicyclist [Kristin Armstrong](#) describes how this can be an opportunity: "Times of transition are strenuous, but I love them. They are an opportunity to purge, rethink priorities, and be intentional about new habits. We can make our new normal any way we want."

Continuing next week: 4th & 5th Jesuit discernment tips for the post-Covid world

Mass Intentions For The Week:

Twenty-Fourth Sunday in Ordinary Time

Saturday Sept. 11 7:30 p.m. Russell Mass Albina Kozak req. Jeff, Darlene & Randy

Sunday Sept. 12 9:00 a.m. Russell Mass & **Zoom on-line Mass 9:00 a.m. & Check our Website for it on Youtube after 10:15 a.m.**

For all priests req. Carlene & Deacon Darin Douglas

11:00 a.m. Rossburn Mass For All Parishioners req. Father Paul

Deacon Conrad Plante will be celebrating:

Sept. 12 9:30 a.m. Roblin Liturgy of the Word – Rosery: Clayton Laroque

– readers: Marcel Gregoire and Yvette Bailes

11:30 a.m. San Clara Liturgy of the Word

Our sincere condolences to the +Bradley Suidak family & friends

Monday Sept. 13 Health of family & friends req. Jean Goba

Tuesday Sept. 14 Health of family & friends req. Mike & Alice Shenderevich

Wed. Sept. 15 +Emilienne Mangin req. George Mangin & family
Deanery Meeting 10:30 a.m.

Thurs. Sept. 16 +Suffering Souls in Purgatory req. Rose & family

Friday Sept. 17 Private Mass

Twenty-Fifth Sunday in Ordinary Time

Saturday Sept. 18 7:30 p.m. Russell +Emilienne Mangin req. George Mangin & family

Deacon Conrad Plante will be celebrating:

Sunday Sept 19 9:00 a.m. Russell **Liturgy of the Word & Zoom on-line 9:00 a.m. &**

Check our Website for it on Youtube after 10:15 a.m.

11:00 a.m. Rossburn **Liturgy of the Word**

Father Paul will be celebrating:

Sept 19 **9:30 a.m. Roblin Mass – Rosery:** Mike Shenderevich

– readers: Joan Chase and Lorie Tyshinski

+Albina Kozak req. Louise Bailey

11:30 a.m. San Clara Mass

Please remember in your prayers those who are sick in hospitals, care homes, or in their homes & those who care for them. If you wish to receive the Sacraments of Anointing, Confession, or Holy Communion – please call the parish office & leave a message: 204-773-2924.

Praying with The Church – Pope Francis prayer intention for month of September: An environmentally sustainable lifestyle: We pray that we all will make courageous choices for a simple and environmentally sustainable lifestyle, rejoicing in our young people who are resolutely committed to this.

Join the Journey - Body, Mind and Spirit

Is an 8-week virtual volunteer training course beginning the week of September 26th, 2021. It is designed to help develop a deeper understanding of how to accompany older adults in every aspect of their journey, whether they are living at home, in Supportive Housing or are in Long-Term Care. \$125 registration fee. For more information contact Julie Turenne-Maynard at 204-771-5585, visit: eventcreate.com/e/join... Register today.

Congratulations to Eve Pascual Saguibo & family and friends as Eve was baptized this past week!

Please Note: Father Paul will be away on holidays Monday, September 20th – 25th.

***VIRUS CHUCKLES:**

~I think I'll just put an "Out of Order" sticker on my forehead and call it a day.

~Just remember, once you're over the hill you begin to pick up speed.

~Having plans sounds like a good idea until you have to put on clothes and leave the house.

Dear Padre,

I'm having trouble finding a good place to pray. I can't get to church every day. I have a noisy household, and I can't pray at work. Any ideas?

The best place to pray is in solitude. But solitude in this case doesn't mean an isolated place; it is, rather, a state of the heart. Many Christians can enter into a state of solitude on a crowded train. I've talked with others



who find solitude while sitting on a bench in a crowded shopping mall.

However, to cultivate this interior state that opens a Christian to heartfelt conversation with God, many of us need to physically shut out distractions. As Jesus advised, go into your room—your secret place—close the door, and pray there. For some people, this “secret place” is a church or chapel. Many people pray before

or after Mass. Some churches have a special oratory or chapel for the Blessed Sacrament.

But like you, many people find it difficult to go to a church or chapel every day, so some of them devote a special corner of their home to prayer. This prayer corner usually has a Bible, a crucifix, a statue, a sacred picture, a candle, or a plant.

We can find solitude in the car, in a favorite nature spot, in the garden, or on a morning jog. Once you start looking for it, solitude isn't as difficult to find as you'd expect because God is present in every place and in every moment—so wherever we can find solitude, he will be there.

Fr. Michael Brehl, CSSR
Sundaybulletin@Liguori.org

Calendar

Monday

SEPTEMBER 13
*St. John Chrysostom,
Bishop and Doctor
of the Church*
1 Tm 2:1–8
Lk 7:1–10

Tuesday

SEPTEMBER 14
*The Exaltation of the
Holy Cross*
Nm 21:4b–9
Phil 2:6–11
Jn 3:13–17

Wednesday

SEPTEMBER 15
Our Lady of Sorrows
1 Tm 3:14–16
Jn 19:25–27 or
Lk 2:33–35

Thursday

SEPTEMBER 16
*Sts. Cornelius, Pope,
and Cyprian, Bishop,
Martyrs*
1 Tm 4:12–16
Lk 7:36–50

Friday

SEPTEMBER 17
Weekday
1 Tm 6:2c–12
Lk 8:1–3

Saturday

SEPTEMBER 18
Weekday
1 Tm 6:13–16
Lk 8:4–15

Sunday

SEPTEMBER 19
*Twenty-fifth Sunday in
Ordinary Time*
Wis 2:12, 17–20
Jas 3:16—4:3
Mk 9:30–37

Our Parish COMMUNITY

September 12, 2021

Twenty-fourth Sunday in Ordinary Time (B)

Is 50:4c–9a

Jas 2:14–18

Mk 8:27–35

Faith or Works?

Unfortunately, these two facets of our faith are often pitted against each other. In many of his letters, St. Paul insists on the superiority of faith, while today's reading from St. James underscores the importance of good works. It is understandable that one might get confused. Actually, both are vital. In fact, one without the other does not result in full Christian living. At issue is how they fit together.

Paul's insistence on faith was probably a corrective for the erroneous belief that we can earn eternal happiness by our good works. This was not simply a problem with the Jewish law and practices but with the religious law and practices of many societies. Even today we find people convinced that obeying religious laws assures salvation. To this, Paul insisted that it was faith in Jesus that saved, not conformity to law. Paul never said that believers should not obey the law.

Rather, he would insist that such obedience should flow from faith, not vice versa.

It seems that the people to whom today's second reading was directed took the idea of “faith alone” to an extreme. They were not committed to good works. This letter corrected that error. It states that faith without works is dead. In fact, good works demonstrate the authenticity and depth of one's faith.

The message for today should be clear. Faith and works belong together. Genuine faith manifests itself in works of love and mercy, and the works of love and mercy that flow from faith are of God.

Sr. Dianne Bergant, CSA

FOR Reflection

- ✦ Which works of mercy does your faith inspire?
- ✦ How are these works fortified by faith?

*Demonstrate your faith
to me without works,
and I will demonstrate
my faith to you from
my works.*

JAMES 2:18



CNS PHOTO/ELLIOTT CRAMER, COURTESY FELICIAN SISTERS



A WORD FROM Pope Francis

You may know all the commandments, all the prophecies, all the truths of the faith, but if this isn't put into practice, is not translated into works, it serves nothing....A faith without works, a faith that doesn't get you involved, isn't faith. It's words and nothing more than words.

HOMILY, FEBRUARY 21, 2014

© 2021 Liguori Publications, Liguori, MO 63057-9999. Printed in USA. *Imprimatur:* “In accordance with CIC 827, permission to publish was granted on March 22, 2021, by the Most Reverend Mark S. Rivituso, Auxiliary Bishop, Archdiocese of St. Louis. Permission to publish is an indication that nothing contrary to Church teaching is contained in this work. It does not imply any endorsement of the opinions expressed in the publication; nor is any liability assumed by this permission.” No part of this work may be used in any form without the prior written permission of Liguori Publications. Scripture texts in this work are taken from the *New American Bible*, revised edition © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Inc., Washington, DC. All Rights Reserved. To order Liguori Sunday Bulletins, visit Liguori.org or call 800-325-9521.

Liguori
PUBLICATIONS
A Redemptorist Ministry