

National Epilepsy Week 2015 (17-23 May)

#epilepsyweek

Message from Epilepsy Action:

This National Epilepsy Week we're continuing our work empowering people to **Seize Control** of their epilepsy, demand better care and access to relevant treatments. We're also asking health professionals about any barriers they face when trying to optimise treatment for patients.

There are different ways to get involved right now - and we'd love your help.

- **Sign up to be a media volunteer**, share your experiences and treatment journey so far to help us raise awareness of epilepsy
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- **Download a Seize Control poster to put up in your GP surgery or clinic** [pdf] for National Epilepsy Week
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The Seize Control campaign launched last autumn, with the aim to help people whose seizures are poorly controlled. Of the 600,000 people living with epilepsy in the UK, around 288,000 are still experiencing seizures. We estimate that with better treatment 108,000 more people could become seizure free. The campaign supports you to ask for better treatment if your seizures are not controlled.

Read people's stories:



The Daily Mirror newspaper featured **the story of Cole (the little boy above)** in its newspaper on the Monday of the week.

On Tuesday 19 May our epilepsy helpline advisers will be leading an **online live advice session**, talking about epilepsy treatments, from 2-3pm UK time. Come and ask your question.

See the National Epilepsy Week events happening across the country